

ON SALE WED 16 SEP TO TUE 22 SEP 2026

IGA®



\$28 kg

**AUSTRALIAN BEEF
RUMP STEAK**

Serving suggestion

YOU CAN'T BEAT LOCAL

(1/2 PRICE)



Allen's Medium
Bag 130-200g
Selected Varieties

\$2.50 ea

SAVE \$2.50



Red Rock Deli
Chips 150-165g
Selected Varieties

\$3 ea

SAVE \$3



Streets Magnum
Ice Cream 4-6 Pack
Selected Varieties

\$6 ea

SAVE \$6



Coca-Cola 12x300mL
Selected Varieties
\$3.33 per Litre

\$12 ea

SAVE \$12



**BUY ANY PRODUCT
FEATURING THIS
LOGO TO HELP
SUPPORT**

**McGrath
Foundation**

McGRATH FOUNDATION



**BUY ANY PRODUCT
FEATURING THIS LOGO
TO HELP SUPPORT**

**McGrath
Foundation**

9 - 29 SEPT

HELP SUPPORT THE McGRATH FOUNDATION

**PROVIDING CANCER
NURSING CARE FOR
OVER 20 YEARS**

HOW CAN YOU HELP?

Purchase any product marked with an IGA Community Chest ticket or buy selected products from our partners below and when you do a donation will be made to the McGrath Foundation.



**TOGETHER WE CAN HELP ENSURE THAT NO
ONE GOES THROUGH CANCER WITHOUT CARE.**



Proudly
Supporting

**McGrath
Foundation**



**1/2
PRICE**



OMO Ultimate Laundry Liquid
2 Litre or Capsules 28 Pack
Selected Varieties

10¢

GOES TO THE
McGrath
Foundation

\$18^{ea}

SAVE \$18



1/2 PRICE

5¢

GOES TO THE
McGrath
Foundation



Gatorade 600mL
Selected Varieties
\$3.50 per Litre

\$2¹⁰_{ea}

SAVE \$2.10



5¢

GOES TO THE
McGrath
Foundation



**MasterFoods Tomato or Barbecue
Squeeze Sauce 475-500mL**
Selected Varieties

\$2⁵⁰_{ea}

SAVE \$1.70



FORTY FINALS

Pascall Share Bag
160-185g or Cadbury
Bitesize 120-150g
Selected Varieties

\$3.50
ea

SAVE \$3.50



Solo, Lipton
Sparkling Iced Tea
or Pepsi 1.25 Litre
Selected Varieties
\$1.60 per Litre

\$2
ea

SAVE \$2



**1/2
PRICE**



\$2.50
ea

SAVE \$2.50



Thins Chips or
French Fries 175g
Selected Varieties
\$1.43 per 100g



Twisties
Cheese
Minis 115g
\$2.39 per 100g

\$2.75
ea

SAVE \$2.75



Kirks 10x375mL
Selected Varieties
\$2.13 per Litre

\$8
ea

SAVE \$8



Cadbury Chocolate
Block 150-190g
Selected Varieties

\$5.50
ea

SAVE \$2.50



Nestlé KitKat,
Snickers or Mars Fun
Size Pack 127-192g
Selected Varieties

\$5
ea

SAVE \$2.50



Kirks 1.25 Litre
Selected Varieties
\$1.44 per Litre

\$1.80
ea

SAVE \$1.40



Tasty Mix
Party Bags
125-270g
Selected Varieties

\$3
ea

SAVE \$2.50



CC's Corn
Chips, The
Natural Chip
Co. or Samboy
Chips 175g
Selected Varieties
\$2 per 100g

\$3.50
ea

SAVE \$1.50



Tasty Mix
Big Bags
290-380g
Selected Varieties

\$6.50
ea

SAVE \$2



Arnott's Shapz
120-190g,
Jatz 225g
or Clix 250g
Selected Varieties

\$2.80
ea

SAVE \$1.20



FOOTY FINALS



\$6 ea

SAVE \$2



Chiko Original Rolls 4 Pack 650g
92¢ per 100g



\$10⁵⁰ ea

HOT BUY



Ingham's Garlic Butter
Chicken Breast Kyivs 350g
\$30 per kg



\$7⁸⁰ ea

SAVE \$5.20



Connoisseur
Gourmet Ice Cream 1 Litre
Selected Varieties
78¢ per 100mL



\$7⁹⁰ ea

SAVE \$3.60



Peters Maxibon 4 Pack
Selected Varieties
\$1.41 per 100mL



\$14⁸⁵ ea

HOT BUY



Steggles
Crumbed Chicken
Nuggets 1.5kg
\$9.90 per kg



\$6⁴⁰ ea

SAVE \$3.60



BIC Mega
Multipurpose
Lighter 1 Pack



\$2⁷⁵ ea

HOT BUY



ZoOSh Dip 185g
Selected Varieties
\$1.49 per 100g



\$10⁵⁰ ea

SAVE \$2.70



Heat Beads Original
BBQ Briquettes 4kg

WHAT'S NEW

Crispy Crunchy Tasty

New Flavour

2 FOR \$5
SAVE \$5

Smith's Sour Cream & Onion Crinkle Cut Chips 170g
\$1.47 per 100g
Single Sell \$5



(1/2 PRICE)

Gatorade MashUps
Lemon-Lime & Orange Ice
or Blue Bolt & Watermelon 600mL
\$3.50 per Litre

\$2¹⁰ ea
SAVE \$2.10



ROCKSTAR
ENERGY DRINK

\$9 ea
LOW PRICE

Rockstar Tropical Guava
Energy Drink 4x500mL
\$4.50 per Litre



OLD EL PASO
Tortilla NACHIPS
DESIGNED FOR NACHOS
ORIGINAL

\$2⁹⁵ ea
HOT BUY

Old El Paso
Tortilla Nachips
Original 300g
98¢ per 100g



BLUE WAVE
- PRAWN -
FRIED RICE

\$9⁵⁰ ea
HOT BUY

Blue Wave Prawn
Fried Rice 400g
\$2.38 per 100g



BLUE WAVE
RAW PRAWNS
TAIL OFF
EXTRA LARGE

\$9⁵⁰ ea
HOT BUY

Blue Wave Extra
Large Raw Prawns
Tail On 300g
\$31.67 per kg



BUSTER CHUNKS
DOG'S BREAKFAST
Chunky Ice Cream
Cones 4 Pack

\$8⁵⁰ ea
HOT BUY

Buster Chunks
Dog's Breakfast
Chunky Ice Cream
Cones 4 Pack
\$1.79 per 100mL



PICK OF THE CROP



AUSTRALIAN BLUEBERRIES 125G

\$28 per kg

\$3⁵⁰ ea

125G PUNNET



SPRING GARDENING



Croton
140mm Pot

\$16 ea



White
Seedless
Grapes
(Product of USA)

\$14⁹⁰ kg



Australian
Cherry
Tomatoes 250g
\$10 per kg

\$2⁵⁰ ea

250G PUNNET



Australian
Green Oak
Lettuce

\$2⁵⁰ ea



Australian
Baby Broccoli
Bunch

\$2⁵⁰ ea



Australian
Small Washed
Potatoes 1kg
\$3.50 per kg

\$3⁵⁰ ea

1KG BAG



Entertainers
Mix 320g
\$14.06 per kg

\$4⁵⁰ ea

320G PACK



Corn Chips
400g
Selected Varieties
\$16.25 per kg

\$6⁵⁰ ea

400G PACK



Community Co
Beetroot &
Fetta Salad
Bowl 180g
\$30.56 per kg

\$5⁵⁰ ea



Community Co
Kaleslaw
Salad Kit 400g
\$13.75 per kg

\$5⁵⁰ ea



Green
Goddess
Salad Kit 350g
\$15.71 per kg

\$5⁵⁰ ea

WHAT'S FOR DINNER



AUSTRALIAN BEEF RUMP STEAK

\$28 kg



Try The Perfect Steak recipe
Visit iga.com.au/recipes



Australian Beef Stir Fry or Diced Beef

\$20 kg



Australian Lamb Forequarter Chops

\$20 kg



Australian Pork
Medallion Steak

\$20 kg



Australian Fresh
Chicken Drumsticks

\$4⁵⁰ kg

DELI & BAKERY DELIGHTS



\$1.70
PER 100G

\$17 kg

Middle Bacon Rashers*



\$2.40
PER 100G

\$24 kg

Ham Off The Bone
Sliced or Shaved*



\$2.50
PER 100G

\$25 kg

Roast Pork
Sliced or Shaved*



\$2.50
PER 100G

\$25 kg

Turkey Breast
Sliced or Shaved*



\$4.50
ea

PRICE MATCHED

The Happy Muffin Co. Muffins 4 Pack
Selected Varieties

1/2 PRICE



Tip Top Muffins 6 Pack
Selected Varieties



\$3.20
ea



\$3.50
ea

Golden Crumpet
Squares 6 Pack



Tip Top Raisin
Toast 500-575g
Selected Varieties

\$4.50
ea



Helga's Bread
Plus+ 680-700g
Selected Varieties

\$4.90
ea

*Item available in selected stores
View stores at www.iga.com.au/nsw-deli-stockists or scan here
Excludes ACT Stores



3 DAY SPECIALS

FRI 18 – SUN 20 SEP

WHILE
STOCKS
LAST



Serving suggestion



Australian Lamb Rack

\$30 kg



Serving suggestion



Australian Premium
Beef Mince

\$17⁹⁹ kg



Serving suggestion



Australian Brushed
Potatoes 5kg
90¢ per kg

\$4⁵⁰ ea

5KG BAG

3 DAY SPECIALS

FRI 18 – SUN 20 SEP

WHILE
STOCKS
LAST



Serving suggestion

\$1.60
PER 100G

Boneless Leg Ham
Sliced or Shaved

\$16 kg



Serving suggestion

\$2.70
PER 100G

Salami Sliced or Shaved
Selected Varieties

\$27 kg



Serving suggestion

Baker's Oven Lamingtons 350g
Selected Varieties
\$1.03 per 100g

\$3.60 ea

3 DAY SPECIALS

FRI 18 – SUN 20 SEP

WHILE STOCKS LAST

1/2 PRICE

BETTER THAN
1/2 PRICE



Real Foods Corn Thins
or Rice Thins 125-150g
Selected Varieties

\$1^{ea}

SAVE \$1.10



John West Salmon 95g
Selected Varieties
\$18.42 per kg

\$1.75^{ea}

SAVE \$1.75



Bundaberg
Drinks 4x375mL
Selected Varieties
\$3.90 per Litre

\$5.85^{ea}

SAVE \$2.30



Kraft Cheddar
Cheese Block 250g
\$12.80 per kg

\$3.20^{ea}

HOT BUY



Vittoria Espresso
Ground
Coffee 200g
\$4 per 100g

\$8^{ea}

HOT BUY

3 DAY SPECIALS

FRI 18 – SUN 20 SEP

WHILE STOCKS LAST

1/2 PRICE



McCain Pub Style Wedges or Fries 750g
Selected Varieties
\$4 per kg

\$3^{ea}

SAVE \$3

**BETTER THAN
1/2 PRICE**



Vanish NapiSan Gold Oxi Action 2kg
Selected Varieties
\$8.50 per kg

\$17^{ea}

SAVE \$19



On The Menu Frozen Meal 260g
Selected Varieties
Single Sell \$4.70
\$1.41 per 100g

3 FOR

\$11

SAVE \$3.10



Purina Lucky Dog Dry Dog Food 3kg
Selected Varieties
25¢ per 100g

\$7⁵⁰^{ea}

HOT BUY

FILL UP THE PANTRY



**BUY ANY PRODUCT
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**McGrath
Foundation**

1/2 PRICE



**Lindt Lindor
Chocolate Gift
Box 147-150g**
Selected Varieties

\$11 ea

SAVE \$11



**Darrell Lea
Liquorice Share
Pack 220-280g**
Selected Varieties

\$2.75 ea

SAVE \$2.75



**Lindt Excellence
Chocolate
Block 100g**
Selected Varieties
\$5.95 per 100g

\$5.95 ea

SAVE \$2.55



**Cadbury Roses
Chocolate Box 380g**
\$2.63 per 100g

\$10 ea

SAVE \$10



**Darrell Lea Chocolate
Share Pack 130-204g**
Selected Varieties

\$3 ea

SAVE \$3



**V Energy Drink
4x250mL**
Selected Varieties
\$8.40 per Litre

\$8.40 ea

SAVE \$3.60



**Maximus
Sports
Drink 1 Litre**
Selected Varieties
\$2.50 per Litre

\$2.50 ea

SAVE \$1.65



**Coca-Cola
2 Litre**
Selected Varieties
\$1.85 per Litre

\$3.70 ea

HOT BUY



**Coca-Cola,
Sprite or Fanta
Mini 6x250mL**
Selected Varieties
\$4.40 per Litre

\$6.60 ea

SAVE \$4.40



**\$1.13
PER CAN**

**Coca-Cola
24x375mL**
Selected Varieties
\$3 per Litre

\$27 ea

SAVE \$18



**Captain's
Table Water
Crackers 125g**
Selected Varieties
\$1.40 per 100g

\$1.75 ea

SAVE 45c



**Arnott's
Original Water
Crackers 125g**
\$1.40 per 100g

\$1.75 ea

SAVE 25c



**Twisties
80-90g**
Selected Varieties

\$2 ea

SAVE 70c



**Snacktime
Faves 8 Pack**
Selected Varieties

\$4 ea

HOT BUY

FILL UP THE PANTRY



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**McGrath
Foundation**

1/2 PRICE



\$2³⁰
ea

**Leggo's Pasta
Sauce 490-500g**
Selected Varieties

SAVE \$2.30



\$1³⁰
ea

**Greenseas
Tuna 95g**
Selected Varieties
\$13.68 per kg

SAVE \$1.30



**NEW
FLAVOUR**

1/2 Price Musashi[^]



\$2⁴⁵
ea

**Musashi Protein
Crunch White
Choc Cookies
and Cream 55g**
\$4.45 per 100g

SAVE \$2.45



\$2⁵⁰
ea

**Ben's Original
Flavoured Rice
220-250g**
Selected Varieties

SAVE \$1.50



\$2¹⁵
ea

**SunRice Microwave
Plain Rice Cups 2 Pack**
Selected Varieties

SAVE \$1.40



\$3⁵⁰
ea

**Maggi 2 Minute
Noodles 5 Pack**
Selected Varieties

SAVE \$1.50



\$4
ea

**Bega Peanut
Butter
325-375g**
Selected Varieties

SAVE \$1.80



\$2
ea

**CSR White
Sugar 1kg**
20¢ per 100g

HOT BUY



\$2⁶⁰
ea

**Green's Cake,
Brownie or
Date Loaf Mix
380-470g**
Selected Varieties

SAVE \$1.20



\$3
ea

**Praise Garlic
Aioli 250mL
or Mayo 230g**
Selected Varieties

SAVE \$1.50



\$4
ea

**Uncle Tobys
Muesli Bars
or Roll-Ups
5-6 Pack**
Selected Varieties

SAVE \$1.50



\$6
ea

**Nestlé
Nesquik
Chocolate
500g**
\$1.20 per 100g

SAVE \$1.50



\$10
ea

**Nescafé Gold
Instant Coffee
90-100g**
Selected Varieties

SAVE \$4.50



\$4
ea

**Golden Circle
Fruit Drink
6x250mL**
Selected Varieties
\$2.67 per Litre

HOT BUY



FILL UP THE PANTRY



**BUY ANY PRODUCT
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**McGrath
Foundation**

1/2 PRICE



\$1.50
ea

SAVE \$1.50

Nestlé Medium Bars 35-50g
Selected Varieties



\$2.75
ea

SAVE \$2.75

Cadbury Freddo Milk Chocolate
Biscuits 167g or Cookies 156g
Selected Varieties



\$1.25
ea

SAVE \$1.25

Violet Crumble
Medium Bar 50g
\$2.50 per 100g



\$3.95
ea

SAVE \$3.95

Moccona Coffee
Sachets 10 Pack
Selected Varieties
40¢ each



\$4.50
ea

SAVE \$4.50

Kellogg's Nutri-Grain
470g, Coco Pops
535g or Special K
Original 500g

1/2 PRICE



\$8.75
ea

SAVE \$8.75

Monster Energy
Drink 4x500mL
Selected Varieties
\$4.38 per Litre



\$10
ea

SAVE \$10

Pepsi, Solo or
Schweppes 10x375mL
Selected Varieties
\$2.67 per Litre



\$4
ea

SAVE \$2

Cadbury Breakaway
Milk Chocolate
Biscuits 180g
\$2.22 per 100g



\$14
ea

SAVE \$9.60

Moccona
Freeze Dried
Coffee 200g
Selected Varieties
\$7 per 100g



\$1.50
ea

SAVE \$1

Arnott's Plain
Biscuits 250g
Selected Varieties
60¢ per 100g



\$5
ea

HOT BUY

Zoooper
Dooper Ice
Tubes 24 Pack
Selected Varieties
30¢ per 100mL



\$3.25
ea

HOT BUY

Uncle Tobys
Traditional or
Quick Rolled
Oats 1kg
33¢ per 100g

FRIDGE FAVES



**BUY ANY PRODUCT
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**McGrath
Foundation**



\$1⁹⁵
ea

SAVE \$1.05

Chobani Greek Yogurt Pot 160g
Selected Varieties
\$1.22 per 100g



\$4⁵⁰
ea

SAVE \$1.20

**Philadelphia Cream Cheese
Block or Spreadable Tub 250g**
Selected Varieties
\$18 per kg



\$5⁴⁰
ea

SAVE \$1.40

Western Star Spreadable 375g
Selected Varieties
\$1.44 per 100g



\$4⁵⁰
ea

HOT BUY

Olive Grove Spread 500g
Selected Varieties
90c per 100g



\$5⁹⁰
ea

SAVE \$1.60

**Mainland Cheese
Slices 10-12 Pack**
Selected Varieties



\$4
ea

SAVE \$2.70

**Primo Wood
Smoked Short Cut
Rindless Bacon 175g**
\$22.86 per kg



\$6⁴⁰
ea

SAVE \$1.10

**Mainland Cheese
Block 200-250g**
Selected Varieties



FREEZER FAVES



**BUY ANY PRODUCT
FEATURING THIS LOGO
TO HELP SUPPORT**

**McGrath
Foundation**



\$6 ea

HOT BUY



**Bulla Creamy Classics
Ice Cream 2 Litre**
Selected Varieties
30¢ per 100mL



\$6³⁰ ea

HOT BUY



Sara Lee Chocolate Bavarian 375g
\$1.68 per 100g



\$6 ea

SAVE \$2



**Peters Original
Twin Pole 8 Pack**
Selected Varieties
\$1.01 per 100mL



\$7 ea

SAVE \$2



**Streets Calippo Mini
10 Pack or Cyclone
Ice Block 8 Pack**
Selected Varieties



\$4 ea

HOT BUY



**Creative Gourmet
Frozen Fruit
300-500g**
Selected Varieties



\$8⁸⁰ ea

HOT BUY



**Birds Eye Deli
Fish Fillets 250g**
Selected Varieties
\$35.20 per kg



\$6⁴⁰ ea

SAVE \$1.60



**I&J Classic
Calamari 360g**
Selected Varieties
\$17.78 per kg



\$4 ea

SAVE \$1



**Peters Icy Pole
8 Pack**



\$4⁹⁰ ea

SAVE \$1.30



**Birds Eye Golden
Crunch Chips 900g**
Selected Varieties
\$5.44 per kg



\$7⁵⁰ ea

SAVE \$2



**McCain Pub
Size Frozen
Meal 480-500g**
Selected Varieties



\$6⁵⁰ ea

SAVE \$2



**McCain Pizza
Pockets 400g**
Selected Varieties
\$1.63 per 100g

HOME, HEALTH & PET



**BUY ANY PRODUCT
FEATURING THIS LOGO
TO HELP SUPPORT**

**McGrath
Foundation**

1/2 PRICE



**Berocca Energy
Effervescent
Tablets 15 Pack***
Selected Varieties
\$38.33 per 100 units

\$5⁷⁵
ea

SAVE \$5.75

1/2 Price Schick Men's^ Range



**Schick Speed
5 Razor Handle
+ 1 Refill**
*Excludes Travel,
Low Prices Every
Day & Price Match

\$7⁵⁰
ea

SAVE \$7.50



**Palmolive
Softwash
Liquid Hand
Wash 250mL**
Selected Varieties
80¢ per 100mL

\$2
ea

HOT BUY



**Panadol Rapid
Paracetamol 500mg
Caplets 16 Pack*****
33¢ each

\$5³⁰
ea

SAVE 70¢



**Colgate Advanced
Whitening Toothpaste
115g or Plax
Mouthwash 500mL****
Selected Varieties

\$5
ea

HOT BUY



**Palmolive Body
Butter Body Wash
400-500mL**
Selected Varieties

\$4⁵⁰
ea

HOT BUY

1/2 PRICE

Décor Microsafe^ & BIC Kids Color Pencils Ranges



**Décor
Microsafe
Round
Container
800mL**
^Excludes
Multipack

\$3⁴⁰
ea

SAVE \$3.40



**BIC Kids
Colouring
Pencils
12 Pack**

\$2⁷⁵
ea

SAVE \$2.75



**Jiffy
Firelighters
24 Pack**
\$22.92 per
100 units

\$5⁵⁰
ea

SAVE \$2.30



**My Dog Wet
Dog Food 100g**
Selected Varieties
\$1.25 per 100g

\$1²⁵
ea

SAVE 55¢



**Purina Felix
Wet Cat
Food 12x85g**
Selected Varieties
83¢ per 100g

\$8⁵⁰
ea

HOT BUY



**Optimum Dry
Dog Food
2.5-3kg**
Selected Varieties

\$18⁴⁰
ea

SAVE \$4.60



**Schmacks
Strapz Dog
Treats 500g**
Selected Varieties
\$2.30 per 100g

\$11⁵⁰
ea

SAVE \$5.50



**Pedigree
Dentastix
Daily Oral
Care 7 Pack**
Selected Varieties
80¢ each

\$5⁶⁰
ea

SAVE \$1.40

*Always read label and follow instructions for use. **Always read the label and follow the directions for use. If symptoms persist, talk to your health professional. ***Always read the label and follow the directions for use. Incorrect use could be harmful.

HEALTH, HOME & BABY



**BUY ANY PRODUCT
FEATURING THIS LOGO
TO HELP SUPPORT**

**McGrath
Foundation**

1/2 PRICE



**Earthwise
Laundry
Liquid 2 Litre**
Selected Varieties
\$5 per Litre

\$10
ea

SAVE \$10



**Duck Fresh
Discs Toilet
Cleaner 36mL**
Selected Varieties
\$11.53 per 100mL

\$4¹⁵
ea

SAVE \$4.15



**Energizer Max
Plus AA or
AAA Batteries
10 Pack**
\$1.15 each

\$11⁵⁰
ea

SAVE \$11.50

30% OFF

Glen 20 Cleaning Spray^ and Carefree Range



**Glen 20 Disinfectant
Spray 300g***
Selected Varieties
^Excludes Low
Prices Every Day
\$2.57 per 100g

\$7⁷⁰
ea

SAVE \$3.30



**Carefree Barely
There Unscented
Liners 42 Pack**
9¢ each

\$3⁸⁵
ea

SAVE \$1.65



**Duracell Coppertop
AA Batteries 16 Pack**
88¢ each

\$14
ea

HOT BUY



**Viva Paper
Towel 3 Pack**
Selected Varieties

\$3
ea

HOT BUY



**Sorbent
Hypo-Allergenic
Toilet Tissue
3 Ply 18 Pack**
29¢ per 100 sheets

\$9⁵⁰
ea

SAVE \$1.95



**Johnson's Baby
Bedtime Bath 500mL**
\$1.60 per 100mL

\$8
ea

SAVE \$3



**Multix Colour
Scents Handy
Ties Tidy Bags
25-35 Pack**
Selected Varieties

\$2⁵⁰
ea

SAVE 80¢



**Glad Thick &
Strong BBQ
Trays 4 Pack**
\$1.13 each

\$4⁵⁰
ea

SAVE \$1.50



**Sorbent Silky
White Facial
Tissues
250 Pack**
88¢ per 100 units

\$2²⁰
ea

SAVE 90¢

NEW



**A2 Gentle
Gold Premium
Toddler Milk
Drink Stage 3
800g**
\$3.69 per 100g

\$29⁵⁰
ea

PRICE MATCHED

1/2 PRICE

**BETTER THAN
1/2 PRICE**



Mars or Snickers Medium Bars
50-50g or M&M's 35-49g
Selected Varieties

\$1²⁵
ea

SAVE \$1.75



1/2 Price Nivea Deodorants* Range



**Nivea Anti-perspirant
Deodorant 250mL**

Selected Varieties

*Excludes Suncare, Low Prices
Every Day & Price Match
\$1.90 per 100mL

\$4⁷⁵
ea

SAVE \$5.75



**Nescafé Blend 43
Instant Coffee**
140-150g
Selected Varieties

\$7²⁵
ea

SAVE \$7.25



**Cold Power Laundry
Liquid 2 Litre
or Powder 2kg**
Selected Varieties

\$13
ea

SAVE \$13



**Cheer Cheese
Block 1kg**
Selected Varieties
\$13.30 per kg

\$13³⁰
ea

HOT BUY



Pepsi
30x375mL
Selected Varieties
\$2.31 per Litre

**87¢
PER CAN**

\$26
ea

SAVE \$3.50



**Rustica by
McCain Stone
Baked Pizza**
335-450g
Selected Varieties

\$6⁶⁰
ea

SAVE \$4.40



**Four'N
Twenty Meat
Pies 4 Pack**
Selected Varieties
93¢ per 100g

\$6⁵⁰
ea

HOT BUY



\$3⁵⁰
ea

125G PUNNET

AUSTRALIAN BLUEBERRIES 125G

\$28 per kg



COMMUNITY CHEST: Between 9 and 29 September 2026 inclusive, Metcash Trading Limited (ABN 61 000 031 569) through the IGA Community Chest Trust (ABN 69 041 266 146) (1 Thomas Holt Drive, Macquarie Park, NSW 2113, P: (02) 9741 3000, E: info@metcash.com, www.iga.com.au/communitychest) will donate to McGrath Foundation Limited (Level 1, 76 Berry Street, North Sydney, NSW 2060, P: 02 8962 6100, E: enquiries@mcgrathfoundation.com.au, www.mcgrathfoundation.com.au) the following: 1¢ from each product marked with the IGA Community Chest logo; 5¢ from each 3 Ply 32 Pack Toilet Roll or Dermacare Facial Tissue 95 or 170 Pack, Masterfoods Squeeze Sauce Bottle or Herbs & Spices range, Maltesers Bar 35g, selected Windex Foam, Drano or Glade Reeds products and Gatorade 600mL range products; 10¢ from selected Purina One Dry Pet Food Range, Streets Paddle Pop range, OMO range, Dove range, Hellmann's mayonnaise jar or squeeze bottle range, Red Bull 4x250mL range, selected products from Pepsi, Solo, Sunkist, Mountain Dew and Schweppes 24 Pack range; and 20¢ from Cadbury Velvet Raspberry 150g Block. Funds will be used to support the McGrath Foundation's cancer care services.

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ON SALE WED 16 SEP TO TUE 22 SEP 2026