



ON SALE 23RD JULY 2025



**Hot
PRICE!**

Australian
BANANAS

\$3 kg



IGA WHERE THE *locals* MATTER



\$4 ea

SAVE \$4

Cadbury Chocolate
Block 150-190g
Selected Varieties

**1/2
PRICE**



Kellogg's Nutri-Grain 290g,
Sultana Bran 420g or
Special K Original 300g



\$3.50 ea

SAVE \$3.50



Dove Body Wash 1 Litre
Selected Varieties

^excludes Travel Size,
Low Prices Every
Day & Price Match
95¢ per 100mL

**50% OFF
DOVE[^]**

\$9.50 ea

SAVE \$9.50



\$24.75 ea

SAVE \$16.50

Coca-Cola 24x375mL Selected Varieties
\$2.75 per Litre

NEVER MISS A 1/2 PRICE SPECIAL
Scan & subscribe to save!



OVER 200 SAVINGS INSIDE



— DINNER *Sorted* —

Healthy Beef Stroganoff

PREP
10
MINS

COOK
25
MINS

SERVES
4

VIEW RECIPE



Serving Suggestion



Australian Beef Rump Steak



\$24
kg



Pepsi or Solo 1.25 Litre
Selected Varieties
\$1.60 per Litre

\$2
ea

SAVE \$1.50



Pepsi, Solo or
Schweppes Infused
Natural Mineral
Water 10x375mL
Selected Varieties
\$3.04 per Litre

\$11.40
ea

SAVE \$7.60



Coca-Cola, Sprite,
Fanta, Mount
Franklin or Deep
Spring 6x250mL
Selected Varieties
\$4 per Litre

\$6
ea

SAVE \$4

— PICK OF THE *Crop* —



 **\$3** kg

Australian
BANANAS



 **\$3.50** kg

Australian Pink Lady Apples



 **\$3.50** ea

TWIN PACK

Australian Baby Cos Lettuce



 **\$2** kg

Australian Kent Pumpkin



 **\$4.50** ea

Australian Cauliflower



 **\$3.50** ea

1KG BAG

Australian Sweet Potatoes 1kg
\$3.50 per kg



PROUDLY GIVES BACK TO LOCAL COMMUNITIES THROUGH





\$4.20 ea

SAVE 30¢

Community Co Baby Leaf Salad Mix 260g
\$16.15 per kg



\$5.30 ea

SAVE 50¢

Community Co Caesar Salad Kit 290g
\$18.28 per kg



— WHAT'S FOR *Dinner?* —

Try The Perfect Steak recipe
Visit IGA.COM.AU/RECIPES

\$24_{kg}

Australian
BEEF RUMP STEAK

Grown in Australia

Grown in Australia

\$22_{kg}

Australian Economy Beef Porterhouse Steak

AUSTRALIAN PORK

\$18_{kg}

Australian Pork Medallion Steak

Grown in Australia

\$6⁵⁰_{kg}

Australian Fresh Chicken Wings

\$7_{ea}
SAVE \$1

Pasta Master Beef Lasagne 550g
\$1.27 per 100g

\$10⁹⁵_{ea}
SAVE \$2.05

Global Seafoods Cooked & Peeled Prawn Ring 255g
(Imported Product)
\$42.94 per kg

\$9⁵⁰_{ea}
SAVE 50¢

Global Seafoods Beer Battered Blue Whiting Fillets 500g
(Imported Product)
\$19 per kg

PERFECT
Winter Warmers

Grown in Australia

\$17_{kg}

Australian Beef Chuck Steak

AUSTRALIAN PORK

\$9⁸⁰_{kg}

Australian Smoked Bacon Hocks

AUSTRALIAN PORK

\$5⁹⁰_{ea}
500G PACK

Australian Smoked Pork Bones 500g
\$11.80 per kg

— DELI *Delights* —

IGA



\$1.50 PER 100G

\$15 kg

Irresistible
SHORT CUT BACON



\$2.40 PER 100G

\$24 kg

Double Smoked Leg
Ham Sliced or Shaved



75¢ PER 100G

\$7.50 kg

Cocktail or Slim
Frankfurts Skin-On



\$30 kg

Pork Leg Roast
with Crackle



\$3 ea

Chicken Schnitzel



\$16 kg

Scalloped Potatoes or
Vegetable Side Dishes



\$2.15 PER 100G

\$21.50 kg

Pitted
Kalamata Olives



\$5.50 ea

SAVE \$1

Lemnos Fetta
Traditional or
Reduced Fat 180g
\$30.56 per kg



\$5.10 ea

SAVE \$1.40

South Cape Cream
Cheese 200g
Selected Varieties
\$25.50 per kg



— BAKERY *Delights* —

Sara Lee
Layer by Layer,
Pure Butter,
Ultimate indulgence



\$3.50 ea

NEW

Find us in the bakery!
Tastes Like Home!

Sara Lee Café Style Croissant 2 Pack
@saraleeaus @saraleeau



The Happy Cake Co. Carrot Loaf 500g
or Banana Bread 550g Selected Varieties

\$5 ea



Country Delight Snowballs 8 Pack

\$3.65 ea



Helga's Wraps
5-8 Pack
Selected
Varieties

\$3 ea



Wonder
Bread 5 Star
680-700g
Selected
Varieties

\$4.50 ea



Abbott's
Bakery
Sourdough
Bread 760g
Selected
Varieties
66¢ per 100g

\$5 ea



Abbott's Bakery
Bread 680-800g
Selected Varieties

\$5 ea
LOW PRICE

Golden
ENJOY
SCRUMPTIOUS
CREATIONS



\$3.50 ea

Golden Crumpet Squares 6 Pack

TOP IT, TASTE IT, LOVE IT

1/2 PRICE



\$3.10 ea

Tip Top Muffins 6 Pack
Selected Varieties

3 DAY *Specials*

FRIDAY 25TH JULY - SUNDAY 27TH JULY
STARTS THIS FRIDAY.

AUSTRALIAN
PORK

Australian Boned and
Rolled Pork Shoulder Roast



\$8.50
kg



\$1.20 PER 100G

\$12
kg

Deli Leg Ham
Sliced or Shaved



AUSTRALIAN
PORK

\$16
kg

Australian Pork Ribs



\$7
ea

WeLove Pizza 3 Cheese
Margherita or Hawaiian
12 Inch Selected Varieties



Australian
Blueberries 125g
\$32 per kg



\$4
ea

125G PACK

3 DAY *Specials*

FRIDAY 25TH JULY - SUNDAY 27TH JULY
STARTS THIS FRIDAY.

BETTER THAN

1/2

PRICE



\$1.90
ea

SAVE \$2.10

Ben's Original
Flavoured
Rice 240-250g
Selected Varieties



\$6
ea

SAVE \$7.50

Twining Tea Bags
80-100 Pack Selected Varieties

1/2
PRICE



Reese's
Miniatures
120-150g or
Mini Bites
120g Selected
Varieties

\$3
ea

SAVE \$3



Monster Energy
500mL Selected
Varieties
Single Sell \$4.30
\$8.60 per Litre

MULTI-BUY

2\$5.60
for

SAVE \$3



Kraft Cheddar
Cheese 500g
\$12 per kg

\$6
ea

SAVE \$1.90

3 DAY *Specials*

FRIDAY 25TH JULY - SUNDAY 27TH JULY
STARTS THIS FRIDAY.

BETTER THAN

1/2

PRICE



Bulla Murray St Ice Creamery
1 Litre Selected Varieties
55¢ per 100mL

\$5⁵⁰
ea

SAVE \$6.50



Red Rock Deli Dip 135g
Selected Varieties
\$2.59 per 100g

\$3⁵⁰
ea

HOT BUY



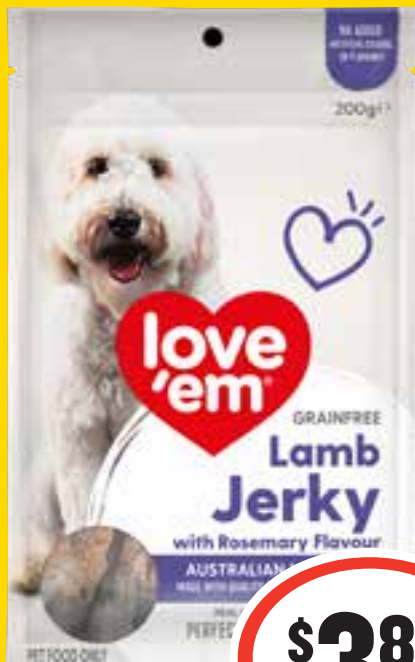
Lurpak Butter Spreadable
Slightly Salted 250g
\$1.80 per 100g

\$4⁵⁰
ea

SAVE \$1.50

3 DAY *Specials*

FRIDAY 25TH JULY - SUNDAY 27TH JULY
STARTS THIS FRIDAY.



\$3⁸⁵
ea

SAVE \$3.15

Love'em Grainfree
Dog Treats Jerky 200g
Selected Varieties
\$1.93 per 100g



\$11
ea

HOT BUY

Finish Power Lemon
Dishwasher Tablets
40 Pack
28¢ each



\$3⁵⁰
ea

SAVE \$2.40

Vicks VapoDrops 24 Pack
Selected Varieties
15¢ each



\$2³⁰
ea

SAVE \$1.55

Redheads Heritage
Firelighters 32 Pack

— SWEET *Treats* —



\$1.25
ea

SAVE \$1.25



Nestlé Medium Bars
35–50g, Violet Crumble
50g or Smarties 50g
Selected Varieties

1/2
PRICE

NEW
FLAVOUR



\$2.75
ea

SAVE \$2.75

Darrell Lea
Liquorice Share
Pack 200–280g
Selected Varieties



**BETTER THAN
HALF PRICE**

\$1
ea

SAVE \$1.50

Snickers
Loaded Peanuts
& Caramel
Chocolate
Bar 45g
\$2.22 per 100g



Pascall
Chocolate
120–185g
or Cadbury
Bitesize
120–150g
Share Bag
Selected
Varieties

\$4.90
ea

SAVE \$2.10



Lindt Lindor
Chocolate
Gift Box
147–150g
Selected
Varieties

\$15
ea

SAVE \$5



Mars,
Snickers or
M&M's Fun
Size Pack
132–192g
Selected
Varieties

\$4.90
ea

SAVE \$2.10



Skittles
Fruits
Chewy
Lollies
Share Bag
12 Pack
\$2.33 per 100g

\$4.20
ea

SAVE \$1.80



Allen's
Medium Bag
140–200g
Selected
Varieties

\$3
ea

SAVE \$2



Darrell Lea
Chocolate
Share Pack
150–204g
Selected
Varieties

\$4.50
ea

SAVE \$1.50



1/2
PRICE

\$4
ea

SAVE \$4

Cadbury
Chocolate
Block 150–190g
Selected Varieties



THE EQUIVALENT OF A GLASS AND A HALF OF FULL CREAM MILK IN EVERY 100g OF CADBURY DAIRY MILK MILK CHOCOLATE. MARVELLOUS CREATIONS AND ASSOCIATED MARKS, DAIRY MILK, THE GLASS AND A HALF DEVICE AND THE COLOUR PURPLE ARE TRADE MARKS USED UNDER LICENCE.



— TASTY *Snacks* —

\$2.50
ea

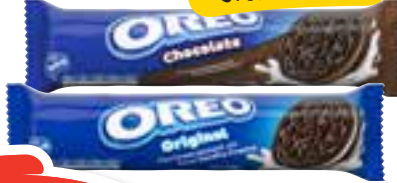
SAVE \$2.50



The Natural Chip Co. Chips or CC's Corn Chips 175g Selected Varieties \$1.43 per 100g

\$1.50
ea

SAVE \$1.50



Oreo Cookies 128g or Double Stuff 131g Selected Varieties

1/2 PRICE



Arnott's Cracker Chips, Sourdough Crisps 150g or Flatbread Dippers 130g Selected Varieties

\$2.25
ea

SAVE \$2.25



PopCorners 130g Selected Varieties \$1.85 per 100g

\$2.40
ea

SAVE \$2.40

1/2 PRICE



Smith's Double Crunch Chips 150g or Sunbites Grain Waves Chips 170g Selected Varieties

\$2.50
ea

SAVE \$2.50



Arnott's Cream Biscuits 200-250g Selected Varieties

\$3
ea

SAVE \$1



Thins Chips 150-175g or Thins Onion Rings 85g Selected Varieties

\$4
ea

SAVE \$1



Red Rock Deli Chips 150-165g, Crackers 130-135g, Crostini 115g or Tostitos 165-175g Selected Varieties

\$3.90
ea

SAVE \$1.10

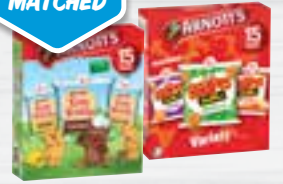


Red Rock Deli Chips 90g Selected Varieties \$2.78 per 100g

\$2.50
ea

SAVE \$1.15

PRICE MATCHED



Arnott's Shapes or Tiny Teddy Biscuits Multipack 375g Selected Varieties \$1.60 per 100g

\$6
ea

MATCHED

1/2 PRICE

GET INTO THE GAME WITH PRINGLES

Pringles Chips 53g Selected Varieties \$2.55 per 100g

\$1.35
ea

SAVE \$1.35

— REFRESH *Me* —



**1/2
PRICE**



\$3.75
ea

SAVE \$3.75

Schweppes Mixers
4x300mL Selected Varieties
\$3.13 per Litre



\$12
ea

SAVE \$8

Coca-Cola, Sprite or Fanta
12x300mL Selected Varieties
\$3.33 per Litre

**1/2
PRICE**



\$8
ea

SAVE \$8

Monster Energy
Drink 4x500mL
Selected Varieties
\$4 per Litre



\$1.70
ea

SAVE \$1.15

Kirks 1.25 Litre
Selected Varieties
\$1.36 per Litre



\$9
ea

SAVE \$6

Kirks 10x375mL
Selected Varieties
\$2.40 per Litre



\$3
ea

SAVE \$1.25

V Energy Drink 500mL
or V RISE Sparkling
Energy Drink 330mL
Selected Varieties



\$8.20
ea

SAVE \$3.55

V Energy Drink
4x250mL
Selected Varieties
\$8.20 per Litre



\$16.80
ea

SAVE \$4.20

Red Bull Energy
Drink 8x250mL
Selected Varieties
\$8.40 per Litre



\$2.50
ea

SAVE \$1.70

Gatorade, Gatorade
G-Active Electrolyte
Water 600mL or
Fast Twitch 350mL
Selected Varieties



\$2.80
ea

SAVE \$1.20

Maximus Sports
Drink 1 Litre
Selected Varieties
\$2.80 per Litre



\$3.60
ea

SAVE 40¢

Celsius Sparkling
Energy Drink 330mL
Selected Varieties
\$10.91 per Litre



— FILL UP YOUR *Cup* —



Moccona
Freeze
Dried
Coffee
400g
Selected
Varieties
\$6.50 per 100g

\$26 ea

SAVE \$11.50



Moccona
Freeze
Dried
Coffee
95-100g
Selected
Varieties

\$10 ea

SAVE \$4.50



Grinders
Coffee
Beans or
Ground
Coffee 1kg
Selected
Varieties
\$2.80 per 100g

\$28 ea

SAVE \$12

1/2
PRICE



Lipton Ice
Tea 1.5 Litre
Selected
Varieties
\$2 per Litre

\$3 ea

SAVE \$3



Moccona
Specialty
Blend Coffee
200g Selected
Varieties
\$8.50 per 100g

\$17 ea

SAVE \$7.60



L'OR Espresso
Coffee
Capsules
10 Pack
Selected
Varieties
\$9.62 per 100g

\$5 ea

SAVE \$2.90



Starbucks by
Nespresso
Coffee
Capsules
36 Pack
Selected
Varieties

\$19.50 ea

SAVE \$6.50



Golden
Circle Fruit
Drink 1 Litre
Selected
Varieties
\$2.15 per Litre

\$2.15 ea

SAVE 55¢



Cottee's
Cordial 1 Litre
Selected
Varieties
\$4.70 per Litre

\$4.70 ea

SAVE \$1.20



Twinings
Tea Bags
40-50 Pack
Selected
Varieties

\$7.50 ea

SAVE \$1



Vitasoy Almond
Milk, Oat Milk
or Soy Milky
1 Litre Selected
Varieties
\$2 per Litre

\$2 ea

SAVE 45¢



Devondale Moo Flavoured Milk
6x200mL Selected Varieties
\$5 per Litre

\$6 ea

SAVE \$1.45

Devondale
Full Cream
or Extra Light
Long Life Milk
6x200mL
\$3.83 per Litre

\$4.60 ea

SAVE \$1.40



Liddells Chocolate
Flavoured Long
Life Milk 3x250mL
\$5.87 per Litre

\$4.40 ea

SAVE 75¢

— FILL UP THE *Pantry* —

IGA

Uncle Tobys
Rolled
Oats 1kg
or Quick
Sachets Big
Bowl 8 Pack
Selected
Varieties

\$5
ea**SAVE \$1.50**

Nutella
Hazelnut
Chocolate
Spread
750g
\$1.17 per 100g

\$8.80
ea**SAVE \$2.20**

Vegemite
Squeezy
350g
\$1.77 per 100g

\$6.20
ea**SAVE \$1.10**

Carman's Muesli Bars,
Nut Bars, Protein Bars
or Bakes 4-6 Pack
Selected Varieties

\$5.20
ea**SAVE \$1.70**

Nice & Natural
Nut Bars 6 Pack
Selected Varieties

\$4
ea**SAVE \$1.50**

Capilano 100%
Australian Pure
Honey 500g
\$1.36 per 100g

\$6.80
ea**SAVE \$1.80**

Uncle Tobys Le Snak
6 Pack Selected Varieties
\$3.60 per 100g

\$4.75
ea**LOW PRICE**

Sunsol Muesli 500g
or Granola 450g
Selected Varieties

\$5.50
ea**SAVE \$2.10**

Nestlé Milo Restore
Overnight or
Milo PRO 440g
\$1.91 per 100g

\$8.40
ea**SAVE \$3.60**

Kellogg's GET READY FOR SCHOOL

Kellogg's K-Time
Baked Twists 5 Pack
Selected Varieties
\$2.38 per 100g

\$4.40
ea
SAVE \$1.10

1/2
PRICE

Kellogg's Nutri-Grain
or LCM's Bars 5 Pack
Selected Varieties

\$2.25
ea
SAVE \$2.25



— FILL UP THE *Pantry* —



Red Island
Australian
Extra Virgin
Olive Oil
1 Litre
\$2 per 100mL

\$20
ea

SAVE \$5



MasterFoods
Marinade
375g,
Mustard or
Horseradish
Cream
170-175g
Selected
Varieties

\$3
ea

HOT BUY



MasterFoods
Born in
the Flames
Sauce 500mL
Selected
Varieties
98¢ per 100mL

\$4.90
ea

SAVE \$1.60



Picky Picky
Peanut Oil 790mL
81¢ per 100mL

\$6.40
ea

HOT BUY



Leggo's Tomato
Paste or Pizza
Sauce 390-400g
Selected Varieties

\$4
ea

SAVE 50¢



Heinz Seriously Good
Aioli, Mayonnaise
or Tartare 295mL
Selected Varieties
\$1.27 per 100mL

\$3.75
ea

SAVE \$1.75



Gravox Gravy
Powder
Mix 200g
Selected
Varieties
18¢ per 10g

\$3.50
ea

SAVE 70¢



Tandaco
Coating Mix
75g Selected
Varieties
\$2.67 per 100g

\$2
ea

SAVE 30¢



Cornwell's
Apple Cider
Vinegar
750mL
47¢ per 100mL

\$3.50
ea

SAVE \$1



Campbell's
Real Stock
1 Litre
Selected
Varieties
Single Sell \$4.50
45¢ per 100mL

2.7
for

LOW PRICE

\$2.35
ea

SAVE \$2.40

Tamma Pasta 500g
Selected Varieties
47¢ per 100g

1/2
PRICE

CIAO

Tamma

AUSTRALIA'S new PASTA
INDULGENCE HAS ARRIVED

— FILL UP THE *Pantry* —



Betty Crocker
Cake Mix
370-450g
Selected
Varieties

\$4
ea

SAVE \$2



SunRice
Jasmine
Rice 1kg
36¢ per 100g

\$3.55
ea

SAVE 95¢



Old El Paso
Taco Kit
295-418g
or Tortilla
Pockets
Kit 375g
Selected
Varieties

\$6.90
ea

SAVE \$2.60



White Wings Pancake
Mix 325-350g
Selected Varieties

\$2.80
ea

SAVE \$1.20



Continental Stock
Powder 120-130g
Selected Varieties

\$3
ea

SAVE \$1



Old El Paso Tortilla
Pockets 223g
\$2.15 per 100g

\$4.80
ea

SAVE \$1.20



Cadbury
Baking
Chocolate
Melts 225g,
Block 180g or
Chips 200g
Selected
Varieties

\$6
ea

SAVE \$1.50



Continental
Stock Pot
Sensations
4 Pack
Selected
Varieties
\$2.81 per 100mL

\$3.15
ea

SAVE \$1.35



Ardmona
Rich & Thick
Tomatoes
410g Selected
Varieties
\$4.88 per kg

\$2
ea

SAVE 50¢



SPC Fruits in
Juice or in
Nectar 825g
Selected
Varieties
\$5.21 per kg

\$4.30
ea

SAVE \$1



Equal
Sweetener
Sachets
100 Pack
5¢ each

\$5.30
ea

SAVE \$1.30



CSR Golden Syrup
Squeeze 500g
80¢ per 100g

\$4
ea

LOW PRICE



Massei Liquid
Stock 1 Litre or
Cubes 10 Pack
Selected
Varieties

\$3
ea

SAVE \$1



CSR White
Sugar 2kg
20¢ per 100g

\$4
ea

MATCHED



FILL UP THE *Pantry*



Delicious Moments Everyday



\$2
ea

SAVE 70¢

Lee Kum Kee Ready
Sauce 100-145g
Selected Varieties



Lee Kum Kee
Hoisin Sauce 240g
\$1.54 per 100g

\$3.70
ea

SAVE 80¢



Lee Kum Kee
Premium Soy
Sauce 500mL
60¢ per 100mL

\$3
ea

SAVE \$1.30



Heinz Soup
Of The Day
430g or
Eat Well
Soup 380g
Selected
Varieties

\$3.50
ea

SAVE \$1



Heinz
Classic
or Big'N
Chunky
Canned
Soup
520-535g
Selected
Varieties

\$3
ea

HOT BUY



John West Tuna 185g
Selected Varieties
\$16.22 per kg

\$3
ea

SAVE 70¢



Sirena Ready
To Eat 170-190g
Selected Varieties

\$3.40
ea

SAVE 90¢



Indomie Mi Goreng
Fried Noodles
Cup 70-75g
Selected Varieties

\$1.70
ea

SAVE 50¢



Kraft Easy Mac 4 Pack
Selected Varieties
\$1.43 per 100g

MULTI-BUY

2\$8
for

SAVE \$2.20



Heinz BeanZ 555g
or Spaghetti 535g
Selected Varieties

\$3
ea

HOT BUY



Continental Pasta &
Sauce 145-170g, Rice
180-190g or Creamy
Cheesy Mash 110g
Selected Varieties

\$2.75
ea

SAVE \$1.05

— EASY *Meals* —

IGA**\$8** ea**SAVE \$2**

Birds Eye SteamFresh Fish
Fillets 380g Selected Varieties
\$21.05 per kg

**\$3.50** ea**HOT BUY**

McCain Frozen Vegetables
500g Selected Varieties
\$7 per kg

**\$4.60** ea**SAVE \$1.20**

McCain Air Fryer
Chips 750g
Selected Varieties
\$6.13 per kg

**\$4.45** ea**SAVE \$2.05**

McCain Pub Style
Crispy Cauliflower or
Broccoli Fries 500g
\$8.90 per kg

**\$3.50** ea**HOT BUY**

On The Menu
Frozen Meal 260g
Selected Varieties
\$1.35 per 100g

**\$4.50** ea**HOT BUY**

McCain Redbox
Frozen Meal 375-400g
Selected Varieties

**\$9** ea**HOT BUY**

Ho Mai Entertainer
Pack 1kg
90¢ per 100g

**\$7** ea**SAVE \$2**

McCain Pizza
Slices 600g
Selected Varieties
\$1.17 per 100g

**Low
Prices
EVERY DAY****\$6.50** ea**LOW PRICE**

Steggles Chicken Breast
Tenders 400g Selected Varieties
\$16.25 per kg

**\$4.95** ea**HOT BUY**

San Remo Fresh Pasta
Sauce 400-425g
Selected Varieties



— FRIDGE Faves —



Gippsland Dairy Crafted Extra Thick Yogurt 150g Selected Varieties
\$2 per 100g

\$3
ea

SAVE \$1



Gippsland Dairy Yogurt 160g Selected Varieties
\$1.50 per 100g

\$2.40
ea

SAVE 60¢



Impressed Juice Tropical, Green Supreme or Berry Bliss 1 Litre
\$4.30 per Litre

\$4.30
ea

SAVE 50¢



Chobani Greek Yogurt Pot 150-160g Selected Varieties

\$1.60
ea

SAVE \$1.10



Yogo Chocolate Flavoured Custard 120g
\$1.42 per 100g

\$1.70
ea

SAVE 50¢



Pauls Vanilla Custard 1kg
38¢ per 100g

\$3.75
ea

SAVE \$1.25



Dairy Farmers Thick & Creamy Yoghurt 550-600g Selected Varieties

\$4.40
ea

SAVE \$1.10



Two Boys Brew Kombucha 330mL Selected Varieties
\$8.94 per Litre

\$2.95
ea

HOT BUY



Oak Flavoured Milk or Ice Break Real Coffee 750mL Selected Varieties
\$5.33 per Litre

\$4
ea

SAVE 90¢



Pauls Plus+ Protein Yoghurt 160g Selected Varieties
\$1.06 per 100g

\$1.70
ea

SAVE \$1.20



The Juice Farm Orange Juice 1 Litre
\$5 per Litre

\$5
ea

SAVE 60¢



Yoplait Yoghurt 1kg Selected Varieties
48¢ per 100g

\$4.75
ea

MATCHED

— FRIDGE *Faves* —



Cheer
Cheese
Slices
32 Pack
Selected
Varieties
\$20 per kg

\$10 ea

HOT BUY



Flora
ProActiv
Spread
450-500g
Selected
Varieties

\$7.50 ea

SAVE \$2.50



Kraft Cheese Singles
Original Slices 12 Pack
\$19.68 per kg

\$4.25 ea

SAVE \$1



Flora Spread 500g
Selected Varieties
80¢ per 100g

\$4 ea

HOT BUY



Castello Creamy Blue
Cheese or Double
Cream Brie 150g
\$43.33 per kg

\$6.50 ea

SAVE \$1.50



Primo Wood
Smoked Short Cut
Rindless Bacon 175g
\$22.86 per kg

\$4 ea

SAVE \$2.70



Western Star Spreadable
375g Selected Varieties
\$1.39 per 100g

\$5.20 ea

LOW PRICE



Mainland Cheese
Block 200-250g
Selected Varieties

\$6 ea

SAVE \$1

WIN

\$1K A DAY!

**PLUS WIN \$100
CASH INSTANTLY**



Primo Shaved or
Sliced Meat 80-100g
Selected Varieties

\$3 ea

HOT BUY



\$3 ea

SAVE \$1.50

Primo Stackers
or Trios 45-57g
Selected
Varieties

**\$1.5M
UP FOR
GRABS**



1. BUY

ANY ELIGIBLE PRIMO PACK



2. SCAN

THE QR CODE FOR
YOUR CHANCE TO WIN



3. UPLOAD

YOUR RECEIPT TO FIND
OUT IF YOU ARE A WINNER!

T&Cs apply, see winwithprimo.com.au, AU res.
Ends: 11:59pm AEST 24/8/25. Limit 1 entry p/day.
NSW Authority TP/ 04153, ACT Permit No. TP25/ 00310,
SA Permit No. T25/ 216.

ADVERTISER PROMOTION



— DESSERT *Faves* —



Connoisseur
Gourmet
Ice Cream
1 Litre
Selected
Varieties
72¢ per 100mL

\$7.20
ea

SAVE \$4.80



Connoisseur
Gourmet
Ice Cream
4 Pack or
Mini 6 Pack
Selected
Varieties

\$7.90
ea

SAVE \$4.10



Peters
Drumstick
or Summer
Faves
24 Pack
Selected
Varieties

\$24
ea

SAVE \$12

Bulla Ice Cream Sticks
8-10 Pack or Frozen
Yoghurt 8-14 Pack
Selected Varieties



\$4.50
ea

SAVE \$4.50

1/2
PRICE



Streets Cornetto
Soft Ice Cream 4 Pack
Selected Varieties
\$1.12 per 100mL

\$6.25
ea

SAVE \$6.25



Oreo, Nestlé Kit Kat
or Cadbury Choc Tops
Ice Cream 4 Pack
Selected Varieties

\$8.50
ea

SAVE \$3



Nestlé Milo or Oreo
Ice Cream 1.2 Litre
54¢ per 100mL

\$6.50
ea

SAVE \$3.50



Sara Lee Deep Dish
Apple Crumble Pie
or Apple Pie 800g
94¢ per 100g

\$7.50
ea

SAVE \$3



Cadbury Ice
Cream Tub 460mL
Selected Varieties
\$1.63 per 100mL

\$7.50
ea

SAVE \$3



Weis Bar
4 Pack or Mini
6 Pack Selected
Varieties

\$6.50
ea

SAVE \$3



Sara Lee
Cheesecake
360-410g
Selected
Varieties

\$7.20
ea

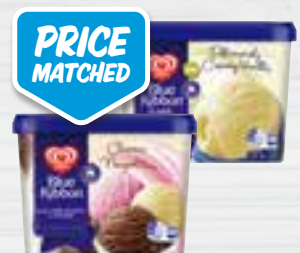
LOW PRICE



Sara Lee
Chocolate Cake
350g or Carrot
Cake 400g

\$7.20
ea

LOW PRICE



Streets
Blue Ribbon
Ice Cream
2 Litre
Selected
Varieties
33¢ per 100mL

\$6.50
ea

MATCHED

**PRICE
MATCHED**

— FREEZER Faves —



Four 'N
Twenty
Angus Beef
Pies 4 Pack
Selected
Varieties
\$1.14 per 100g

\$8
ea

SAVE \$4.50



Steggles
Tempura
Chicken
Breast Dino
Snacks
400g
\$13.75 per kg

\$5.50
ea

HOT BUY



McCain Pizza
Pockets 400g
Selected Varieties
\$1.63 per 100g

\$6.50
ea

SAVE \$2



McCain Beer Batter
Chips or Wedges 750g
Selected Varieties
\$6.13 per kg

\$4.60
ea

SAVE \$1.20



McCain
Lil' Pizzas
380-400g
Selected
Varieties

\$6.50
ea

SAVE \$1.30



Bella Terra
Arancini
200g
Selected
Varieties
\$3 per 100g

\$6
ea

HOT BUY



McCain
Hash
Browns
750g
\$6.33 per kg

\$4.75
ea

HOT BUY



McCain Healthy
Choice Straight
Cut Potato
Chips 1kg
\$4.80 per kg

\$4.80
ea

LOW PRICE



Destination
Italy
Woodfired
Pizza 380-411g
Selected
Varieties

\$9.90
ea

LOW PRICE



McCain
Family Pizza
490-500g
Selected
Varieties

\$6.80
ea

SAVE \$1.70



FISH AND CHIPS MADE EASY.



\$8
ea

SAVE \$2

Birds Eye Deli
Fish Fillets 250g
or Salt & Pepper
Prawn Cutlets 225g
Selected Varieties



\$4.80
ea

SAVE \$1.20

Birds Eye Deli
Chips, French
Fries or Roast
Potatoes 600g
Selected Varieties
\$8 per kg





— PET *Essentials* —



Whiskas Wet Cat Food 400g Selected Varieties
46¢ per 100g

\$1.85
ea

SAVE 85¢



Purina Fancy Feast Wet Cat Food 85g Selected Varieties
\$1.18 per 100g

\$1
ea

SAVE 60¢



Whiskas So Meaty or So Fishy Wet Cat Food 12x85g Selected Varieties
\$1 per 100g

\$10.15
ea

SAVE \$4.35



Dine Pulled Menu Wet Cat Food 7x85g Selected Varieties
\$1.41 per 100g

\$8.40
ea

SAVE \$3.60



Fancy Feast Royale Wet Cat Food 85g Selected Varieties
\$2.35 per 100g

\$2
ea

SAVE 70¢



Purina Fancy Feast Adult Dry Cat Food 450g Selected Varieties
\$1.22 per 100g

\$5.50
ea

SAVE \$1.50



Dine Fillets Wet Cat Foods 60g Selected Varieties
\$3.33 per 100g

\$2
ea

SAVE 30¢



Dine Creamy Treats 4x12g Selected Varieties
\$6.67 per 100g

\$3.20
ea

SAVE 80¢



Breeder's Choice Cat Litter 6 Litre
\$1 per Litre

\$6
ea

SAVE \$3.50

NEW



IMMUNE DEFENCE PLUS+

SAME
ADVANCED
NUTRITION,
NEW 450g
PACK SIZE



\$6
ea

SAVE \$1.80

Purina One Dry Cat Food 450g Selected Varieties
\$1.33 per 100g

Omega 3 & 6

VIT
Vitamin C & E

Beta Glucans

— PET *Essentials* —

IGA

Supercoat
Dry Dog
Food
2.6-2.8kg
Selected
Varieties

\$12⁵⁰
ea**SAVE \$2.50**

Pedigree
Wet Dog
Food 700g
Selected
Varieties
40¢ per 100g

\$2⁸⁰
ea**SAVE 70¢**

Natures
Goodness
Complete
Care Grain
Free Wet Dog
Food 400g
Selected
Varieties
53¢ per 100g

\$2¹⁰
ea**SAVE 90¢**

Optimum Wet Dog Food
100g Selected Varieties
\$1.30 per 100g

\$1³⁰
ea**SAVE 60¢**

Natures Goodness
Complete Care
Grain Free Dry
Dog Food 3kg
Selected Varieties
52¢ per 100g

\$15⁷⁰
ea**SAVE \$6.80**

Pedigree
Dentastix Daily
Oral Care 28 Pack
Selected Varieties

\$16⁸⁰
ea**SAVE \$7.20**

Schmackos Marro
Bones Original 737g
\$1.47 per 100g

\$10⁸⁰
ea**SAVE \$2.70**

V.I.P. Chunks
Fresh Dog Food 1kg
Selected Varieties
(from the Meat
Department)
52¢ per 100g

\$5²⁰
ea**SAVE \$1.30****1/2**
PRICE**\$3⁵⁰**
ea**SAVE \$3.50**

Zoomies Protein
Bites Dog Treats 200g
Selected Varieties
\$1.75 per 100g

Zoomies

UNLEASH THE JOY!

**NATURAL
INGREDIENTS****PROTEIN
PACKED &
LOW CARBOHYDRATE****NO ADDED ARTIFICIAL
COLOURS
FLAVOURS OR
PRESERVATIVES****DEVELOPED
BY A PET
NUTRITIONIST****AUSTRALIAN
MADE**



— CLEANING *Essentials* —

\$12 ea

SAVE \$12



Cold Power
Laundry Liquid
2 Litre or Powder
2kg Selected
Varieties

Vanish NapiSan
Gold Pro Oxi
Action Stain
Remover 1kg
Selected Varieties
\$9.50 per kg

50% OFF VANISH
GOLD PRO

\$9.50 ea

SAVE \$9.50



**1/2
PRICE**

Palmolive Ultra
Dishwashing
Liquid 950mL
Selected Varieties
45¢ per 100mL

\$4.25 ea

SAVE \$4.25



Dynamo Professional
Laundry Liquid 4 Litre
Selected Varieties
\$5.13 per Litre

\$20.50 ea

SAVE \$20.50



Ajax
Professional
Cleaner
Spray 500mL
Selected
Varieties*
\$1.10 per 100mL

\$5.50 ea

SAVE \$1.50

40% OFF

HARPIC[^]



Harpic Fresh
Power Liquid Toilet
Cleaner 700mL
Selected Varieties*

[^]excludes Low Prices
Every Day & Price Match
60¢ per 100mL

\$4.20 ea

SAVE \$2.80

**1/2
PRICE**



Bref Rim Block Toilet Cleaner
2 Pack Selected Varieties
\$5.50 per 100g

\$5.50 ea

SAVE \$5.50

Finish Rinse and
Shine Aid 250mL
\$1.92 per 100mL



\$4.80 ea

HOT BUY



Cuddly Concentrate
Fabric Conditioner
850mL-1 Litre
Selected Varieties

\$6 ea

HOT BUY



Finish Quantum All
in 1 Dishwashing
Tabs 36 Pack
Selected Varieties
50¢ each

\$18 ea

HOT BUY



Chux Heavy Duty
Scourer Pads 3 Pack
88¢ each

\$2.65 ea

LOW PRICE

— HOUSEHOLD *Essentials* —



30% OFF

COTTONS PADS
OR TAMPONS



Cottons
Organic
100% Cotton
Comfortable
Tampons
16 Pack
Selected
Varieties
25¢ each

\$4.05
ea

SAVE \$1.75



Icare Luxury
Eco Toilet
Tissue 3 Ply
24 Pack
27¢ per 100 sheets

\$11.50
ea

SAVE \$2



Sorbent
Thick & Large
Tissues 95 Pack
Selected
Varieties
\$1.84 per 100 units

\$1.75
ea

HOT BUY

**1/2
PRICE**



Multix 56 Litre
Extra Wide
Garbage
Bags 50 Pack
9¢ each

\$4.50
ea

SAVE \$4.50



Kleenex Luxury Quilts
Toilet Tissue 6 Pack
45¢ per 100 sheets

\$4.05
ea

SAVE \$1.75



Quilton EcoPLY Toilet
Tissue 3 Ply 10 Pack
33¢ per 100 sheets

\$6
ea

SAVE \$2.90



Little Lucifer
Firelighters 24 Pack
\$15.42 per 100 units

\$3.70
ea

SAVE \$1.10



Mirabella LED
Globe 5.5W 1 Pack
Selected Varieties
\$3.60 each

\$3.60
ea

HOT BUY



Viva Paper Towel 3 Pack
Selected Varieties

\$5
ea

LOW PRICE



BIC
Multipurpose
Lighter 1 Pack

\$8.40
ea

HOT BUY



Energizer Max
Batteries AA
10 Pack or
AAA 8 Pack

\$15
ea

LOW PRICE



Multix
Takeaway
Food
Containers
750mL 6 Pack
67¢ each

\$4
ea

SAVE \$1.45



Glad Wrap
60mx33cm
7¢ per metre

\$4.25
ea

SAVE \$1



WHERE THE *little locals* MATTER



**1/2
PRICE**



\$11 ea

SAVE \$11

Huggies Nappy Pants
24-36 Pack Selected Varieties



Heinz Baby Food 110g
Selected Varieties
91¢ per 100g

\$1 ea

HOT BUY



BabyLove Fragrance
Free Baby
Wipes 80 Pack
\$3.75 per 100 units

\$3 ea

HOT BUY



Johnson's Baby
Shampoo, Oil, Bath
or Lotion 200mL
\$2.25 per 100mL

\$4.50 ea

SAVE \$2



BabyLove Sleepy
Nights Pants
4-7 Years 9 Pack or
2-4 Years 12 Pack

\$10 ea

HOT BUY



Huggies Baby Wipes
Refill 400 Pack
Selected Varieties
\$3.75 per 100 units

\$15 ea

SAVE \$3



Nestlé NAN Comfort
Stage 3 Milk Drink 800g
\$2.31 per 100g

\$18.50 ea

LOW PRICE



Only Organic Baby Food
120g Selected Varieties
\$1.79 per 100g

\$2.15 ea

LOW PRICE



Bepanthen Nappy
Rash Ointment 100g*
\$10 per 100g

\$10 ea

SAVE \$5.50



Rafferty's Garden
Snack Bars 8 Pack
Selected Varieties
\$3.52 per 100g

\$4.50 ea

HOT BUY

— HEALTH *Essentials* —

IGA

\$5.50
ea

SAVE \$5.50

Colgate Total
Premium
Toothpaste 200g
Selected Varieties
\$2.75 per 100g



**50% OFF COLGATE
MANUAL TOOTHBRUSH[^]**

\$2.50
ea

SAVE \$2.50

Colgate 360°
or Max White
Toothbrush 1 Pack
Selected Varieties
[^]excludes Low
Prices Every Day

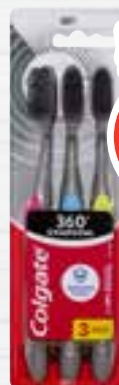


**50% OFF COLGATE
MANUAL TOOTHBRUSH[^]**

\$6
ea

SAVE \$6

Colgate 360°
Charcoal Soft
Toothbrush 3 Pack
\$2 each
[^]excludes Low
Prices Every Day



**50% OFF COLGATE
MANUAL TOOTHBRUSH[^]**

\$4
ea

SAVE \$4

Colgate 360° Toothbrush
2 Pack Selected Varieties
[^]excludes Low Prices Every Day
\$2 each



**50% OFF
ORAL-B[^]**

\$1.50
ea

SAVE \$1.50

Oral-B Fresh
Clean Soft
Toothbrush 1 Pack
[^]excludes Floss
and Refills



**1/2
PRICE**

Listerine
Mouthwash 500mL
Selected Varieties
[^]excludes Travel Size, Low
Prices Every Day & Price Match
80¢ per 100mL



**50% OFF LISTERINE
MOUTHWASH[^]**

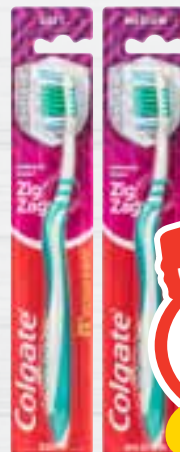
\$4
ea

SAVE \$4

Listerine Total Care
Mouthwash 500mL
Selected Varieties
[^]excludes Travel Size, Low Prices
Every Day & Price Match
\$1 per 100mL



Colgate Zig Zag
Toothbrush 1 Pack
Selected Varieties
[^]excludes Low
Prices Every Day



**50% OFF COLGATE
MANUAL TOOTHBRUSH[^]**

\$1.50
ea

SAVE \$1.50



Colgate Advanced Whitening
or MaxFresh Toothpaste
115g Selected Varieties
\$2.83 per 100g

\$3.25
ea

SAVE \$3.25

**40%
OFF**

SENSODYNE[^]



Sensodyne Toothpaste 100g Selected Varieties*
[^]excludes Low Prices Every Day & Price Match
\$7.35 per 100g

\$7.35
ea

SAVE \$4.95

IGA

— HEALTH & *Beauty* —



**1/2
PRICE**

\$3.75
ea

SAVE \$3.75

Palmolive Naturals
or Gold Body
Wash 450-500mL
Selected Varieties



**30%
OFF**

ORAL-B FLOSS

\$2.80
ea

SAVE \$1.20

Oral-B Essential
Mint Waxed
Floss 50m
6¢ per metre



\$5.60
ea

SAVE \$1.40

Advil
Ibuprofen
200mg Liquid
Capsules
20 Pack**
28¢ each



\$4
ea

HOT BUY

Palmolive Luminous
Oils Body Wash
400mL or Bar
Soap 4x90g
Selected Varieties



\$13
ea

SAVE \$2

Nyal Cough, Cold
& Flu Day & Night
Tablets 24 Pack*
54¢ each



\$4.45
ea

SAVE 60¢

Medix Honey & Lemon
Double Antibacterial
Lozenges 16 Pack
28¢ each



\$4.50
ea

HOT BUY

Palmolive Body
Wash 400mL or
Foaming Hand
Wash Refill 500mL
Selected Varieties



\$7
ea

SAVE \$3

Nyal Cold Sore
Cream 10g*
\$70 per 100g



\$6.95
ea

HOT BUY

Stingose Spray 25mL*
\$27.80 per 100mL



\$10.95
ea

HOT BUY

Hydralyte Ready
to Use Orange
Flavoured Electrolyte
Solution 1 Litre*
\$1.10 per 100mL



\$2.70
ea

HOT BUY

Mum Dry
Anti-perspirant
Deodorant 50mL
Selected Varieties
\$5.40 per 100mL



\$10.45
ea

SAVE \$4.55

Voltaren Emulgel 50g*
\$20.90 per 100g

— HEALTH & Beauty —

IGA

Dove Beauty Bar 2x90g Selected Varieties

^excludes Travel Size, Low Prices
Every Day and Price Match
\$1.53 per 100g

**50% OFF
DOVE^**

\$2.75
ea

SAVE \$2.75

Dove Antiperspirant Spray 250mL Selected Varieties

^excludes Travel Size,
Low Prices Every
Day and Price Match
\$1.90 per 100mL

**50% OFF
DOVE^**

\$4.75
ea

SAVE \$4.75



**50% OFF
SIMPLE^**

\$4.50
ea

SAVE \$4.50

Simple Facial Cleansing Wipes 25 Pack

^excludes Travel
Size, Low Prices
Every Day &
Price Match
18¢ each

Dove Advanced Care Antiperspirant Spray 250mL Selected Varieties

^excludes Travel Size,
Low Prices Every
Day and Price Match
\$2.30 per 100mL

**50% OFF
DOVE^**

\$5.75
ea

SAVE \$5.75



St. Ives Facial
Scrub 150mL
Selected Varieties
\$3.83 per 100mL

\$5.75
ea

SAVE \$5.75



**50% OFF NEUTROGENA
SKIN OR SUN CARE^**

\$4.50
ea

SAVE \$4.50

Neutrogena Makeup Remover Cleansing Towelettes 25 Pack Selected Varieties

^excludes Travel,
Low Prices Every
Day & Price Match
18¢ each

**50%
OFF**

CENOVIS VITAMINS^



Cenovis Magnesium Tablets 200 Pack*

^excludes Low Prices
Every Day & Price Match
\$7.13 per 100 units

\$14.25
ea

SAVE \$14.25

Palmolive Naturals,
Luminous Oils
Shampoo or
Conditioner or
Kids 3-in-1 350mL
Selected Varieties
\$1.14 per 100mL

\$4
ea

HOT BUY



Napro Palette
Hair Colour 1 Pack
Selected Varieties

\$8.50
ea

HOT BUY

GLUTA-HYA SERUM BODY LOTIONS

NEW

Vaseline Gluta-Hya Serum Body Lotion 200mL Selected Varieties

^excludes Travel Size &
Low Prices Every Day
\$2.75 per 100mL

\$5.50
ea

SAVE \$5.50

**50%
OFF**

VASELINE^



OVER 200 SAVINGS INSIDE

\$275
ea

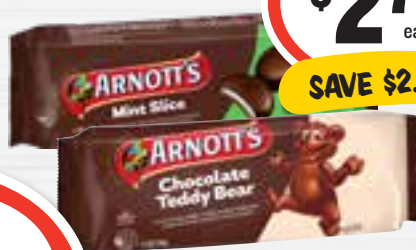
SAVE \$2.75



Uncle Tobys Muesli Bars
5-6 Pack or Roll-Ups
6 Pack Selected Varieties

\$275
ea

SAVE \$2.75



Arnott's Chocolate
Biscuits 160-250g
Selected Varieties

**1/2
PRICE**

BETTER THAN
HALF PRICE

\$1
ea

SAVE \$1.50



Mars Medium Bars
44-56g, M&M's
35-49g or Skittles 30g
Selected Varieties

\$230
ea

SAVE \$2.30



Dolmio Pasta Sauce
490-500g Selected Varieties

\$11
ea

SAVE \$11



Huggies Nappy
Pants 24-36 Pack
Selected Varieties



Primo Shaved or Sliced Meat
80-100g Selected Varieties

\$3
ea

HOT BUY



Sorbent Silky
White Toilet Tissue
3 Ply 32 Pack
28¢ per 100 sheets

\$16
ea

HOT BUY

**Hot
PRICE!**



Serving suggestion

Australian
BEEF RUMP STEAK

\$24
kg



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit iga.com.au/pricematch. Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.

Specials available at Bargo, Bungendore, Coonamble, Erina Heights, Gerringong, Meadowbank, Merrylands West, North Cronulla, Panania, Picton, Port Macquarie, South Hurstville, Springwood, Summer Hill, Umina Beach, West Wyalong, Woodrising, Yass.



To view specials at your store go to:
www.iga.com.au/catalogue

Some products or varieties may not be
available at all stores. While stocks last.

ON SALE 23RD JULY 2025