

August is National Breastfeeding Month.

This year's theme is **RISE....**

- Resilience.** Emphasizes the perseverance of families and communities.
- Interdependence.** Reflects collaborative support systems.
- Self-Determination.** Underscores the autonomy of parents in feeding decisions.
- Empowerment.** Celebrates the capacity to advocate for policy, systems, and environmental changes that support breastfeeding.

If you would like to learn more about breastfeeding, please contact our Comprehensive Women's Healthcare Services at (213) 536-5815.



Providing God's spiritual healing through healthcare.



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