

September is Healthy Aging Month “Curiosity has No age Limit”



Curiosity is important in promoting lifelong learning, engagement, and personal growth at every stage of life. It is a powerful tool for maintaining mental, physical, social, and emotional well-being. We can help you explore your pathway to good health and aging gracefully.

**For more
information
please call us at
(213) 536-5815.**



**Central Neighborhood
Christian Health Clinics**

Providing God's spiritual
healing through healthcare.

cnhfclinics.org