

Join Central Neighborhood Christian Health Clinics and the American Cancer Society for the Great American Smokeout!

When: the third Thursday of November

Quitting smoking isn't easy. It takes time and a plan. Start off with day one.
Let the Great American Smokeout event begin your journey toward a smoke-free life.
Take an important step toward a healthier life and reduce your cancer risk.
For help with tobacco cessation and substance use disorders please call:

(323) 234-5000
or visit **cnhfclinics.org**



Providing God's spiritual
healing through healthcare.

cnhfclinics.org

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FTCA 
Federal Tort Claims Act



DESIGNATED NO SMOKING AREA

