Wilmette Park District – Adult Coed Volleyball League Rules

LEAGUE ORGANIZATION

The Wilmette Park District has adopted the following set of rules to govern the Co-Rec Volleyball League organized and controlled by the Park District. Rules not covered herein will be determined by the "Official I.H.S.A Volleyball Rules."

Wilmette Sports Department staff has the final power in decision-making in all matters pertaining to the league. Wilmette staff will call all meetings between team captains if necessary. Any special meetings desired by teams must be requested through the team captain. The Wilmette Park District reserves the right to modify any and all rules, regulations, and procedures as necessary.

If you have any questions regarding the league, please contact:
Brad Wessel, Sports Supervisor: 847-256-9690 or bwessel@wilpark.org
Joe Franzen, Sports Coordinator: 847-920-3928 or jfranzen@wilpark.org

CODE OF CONDUCT

Players or captains in violation of the following shall be ejected from the match in which they are participating, as well as a minimum of two additional matches (at the discretion of Wilmette Park District staff):

1. Use of excessive foul language.
2. Possession and/or consumption of alcohol/drugs while on park property.
3. Under the influence of alcohol or any mind-altering substance while on park property.
4. Active participation in any type of disorderly conduct (fighting, etc.) will result in expulsion from the league for a minimum of one (1) full year, beginning the day of the incident, for both the player and the team.
5. We ask that you respect the rights of the staff. If, for any reason, a staff member is struck by a player or captain before, during or after a match, that person will be expelled from participation in any adult leagues indefinitely.
6. Use of excessive foul language by spectators, or spectators in possession of alcohol, must be policed by their respective team members. Violation of this rule will result in forfeit of the match.

TEAM/CAPTAIN RESPONSIBILITIES

1. Each team shall designate a "team captain" who will be the sole liaison between that team and the Park District. The team captain may be either a player or non-player.
2. Only the team captain can communicate concerns with the Park District.
3. Captains are responsible for distributing copies of all league information (rules, schedules, etc.) to their players. This additionally includes any rule changes, rescheduled/make up games. Captains are expected to inform their players of all rules and regulations prior to the first game, and as often thereafter as necessary to ensure no violations occur.
4. Captains are the only players that may address the referee. If a referee does not act appropriately, or if there is consistently poor officiating and/or knowledge of the rules, please contact the Sports Supervisor and appropriate action will be taken.
5. Captains must sign the score sheet, after each match, to ensure accuracy of score and players.
6. Captains are responsible for the conduct of their spectators and participants. For safety reasons, spectators' children must be supervised at all times. Unsupervised children and their guardian will be asked to leave the Park District facility/ grounds. Participants are not allowed to play and supervise children at the same time. This is extremely important when the league plays at District 39 schools.
7. Players will not be required to have uniforms; however, all players must wear clothing that is presentable and appropriate for competition.

ROSTERS & ELIGIBILITY

1. Rosters are due prior to the first scheduled game. Rosters will need to be submitted online through Team Sideline. Please use the following instructions to input their team's roster: Team Sideline - Adult Athletic League Roster Submitting
2. Roster changes will be allowed as designated by the Park District deadline, before the 4th game of the season.
3. Roster maximum of 12 players. No change to the roster will be after the 4th game, except in the case of an injury.
    a. Teams are allowed to borrow rostered players from other teams except for playoffs.
4. **To be eligible, a player must meet all the following criteria:**
    - Must be 18 years of age on or before the first scheduled game.
    - Must be on the team's roster
    - Must have accurate information on the roster.
5. **A player is ineligible if they meet any of these restrictions:**
    - A player who is not 18 years of age on or before the first scheduled game.
    - A player not on the team's roster
    - A player using a false name or nickname on the roster.

- Any team using an ineligible player will forfeit the match.
- Any team giving false information on a roster shall be dismissed from the league without any money being refunded.

GAME RULES

1. A game ball will be provided by the Park District. However, if both captains agree, teams may opt to use their own regulation volleyball during the match. Either way, the referee must approve the game ball used on the court and can refuse any ball they deem unacceptable.
2. The net height will be 7 ft 4in.
3. Matches for all leagues will have a one (1) hour time limit.
4. Each game is a 3 game set. Rally scoring will be used throughout play. A set is won when a team has scored 25 points and is at least two points ahead (to a maximum of 27 points) or time limit has expired.
5. A coin toss by the official with the team captains will determine the serve and side for the 1st and 3rd games of the match.
6. If the ball were to hit the ceiling on the opponent's side it is considered out. If the ball were to hit the ceiling on your side before the third hit it is still considered in play
7. No back row players are allowed to come to the front and block or attack within the 10 ft area.
8. Net serve will be played.
9. 1 timeout per team per game. Time outs are 30 seconds in duration.
10. There will be a one minute rest between sets.

PLAYER REQUIREMENTS/SUBSTITUTIONS

1. Teams may have a maximum of 3 male players.
2. Substitution Rules:
    a. Must be made when the ball is not in play.
    b. A player must notify the official before entering the game.
    c. Unlimited substitutions are allowed.
    d. The substitute and the original player being substituted for may only enter the game into the original position in the serving order in relation to other teammates.
    e. Due to injury
3. If a player suffers an injury during play:
    - The play stops immediately, and a replay is ordered if the injury/interruption affects the outcome of the play.
    - The player is given 30 seconds to return to play.
    - If the player cannot return to play within time, the team may utilize their time-out and/or substitution.

- If the injured player cannot safely return to play within time, AND no other players are available, that team will be allowed to play without that player for the remainder of that day, even if this would cause them to have a less than eligible number/ratio of players on the court.
- The injured player will be allowed to return to play, in their original position, as soon as they elect to return. Note: If a player utilizes this rule, later returns to play, and then utilizes this rule a second time during that match; they will not be permitted to re-enter the match.

REFEREES

1. Referees must be treated with respect at all times.
2. All disagreements with a referee's application/interpretation of a rule MUST be conducted by the team captain in a civil manner.
3. In the event of a "no-show" by the scheduled referee, teams must agree to play the scheduled games without the referee. The scores will count toward the standings.
4. If a referee does not act appropriately, or if there are consistently poor officiating and knowledge of the rules, please contact the Wilmette Sports Department and appropriate action will be taken.
5. The referee's clock is the "official clock" for their specific court.
6. Captains may request a "time check" in between points and games, provided it does not cause a delay of game.
7. Officials will not officiate scrimmages.

END OF THE SEASON TOURNAMENT

A single elimination tournament is conducted at the end of league play. League standings determine the seeding of each team in the tournament. The number of teams qualifying for the end of the season tournament may vary depending on the number of teams in the league. League information, including schedules and standings, will be available on Team Sideline.

FORFEITS

- ***Forfeits occurring without notice of 24 hours will incur a $40 fine.***
- All sets must start with the required number of players (4) per team (2 women minimum) on the court. If a team cannot, then a forfeit is ruled.
- Should both teams be unable to field the minimum number of player's necessary, both teams will be credited with the applicable number of losses.
- All forfeits will be recorded as a 25 - 0 loss.
- If a team forfeits 2 matches, the team will not qualify for the postseason and tournament seeding will be adjusted.

- Future league consideration will be evaluated, and teams may lose returning team status (Park District discretion).

PROTESTS

Protests based solely on a decision that involved accuracy of judgment on the part of an official will not be considered. Protests will be accepted on rules interpretation if announced immediately. All information including the score, time, and protest must be recorded with the referee and opposing team captain.

Written protest: Acceptable protests must be in writing to Wilmette Sports staff within 24 hours after the scheduled time of the game. A written account along with a $20 protest fee must be submitted during the 24-hour period. The fee will be returned if the protest is won. A decision on the protest will be returned within 48 hours.

CANCELLATIONS

Information regarding cancellations will be available via Wilmette Park District website.

Cancellations will be rescheduled following the regular season and as late-season doubleheaders (schedule permitting). Teams will be given at least one week advance notice (up to the 4th match of the season) for all make-up games.