

<u>Suggest Packing – Spring/Fall (March, April, October through mid-November):</u>

Your visit to Israel will take place during the spring or fall, meaning you need to be ready for fair weather ranging in temperatures between 70-90 during the daytime and 40-60 during nights. Occasional rainfall can be expected. It can get a bit chilly at night in the mountains (Jerusalem) and the desert.

The hotels will provide: Towels, shampoo, soap, hair dryers and free Wi-Fi.

- Medical / Health (it is important to notify the coordinators of any medical condition):
 - Medical equipment and medications you take or use on a regular basis.
 - o Masks and hand sanitizer
 - Prescriptions for medications and glasses
 - o <u>Sunscreen</u> (large bottle) and sunglasses
 - Toothpaste, toothbrush, toiletries and feminine hygienic products
- Clothing (for each person):
 - 1 Hat (<u>brim hats</u> cover all areas much better than baseball caps or visors)
 - o 3 Pairs of short pants and 3 pairs of comfortable long pants.
 - 5-6 T-Shirts or short-sleeved shirts and 2 long-sleeved shirts
 - Women Scarf / Shawl for holy sites
 - Socks and undergarments.
 - Evening clothes or for special ceremonies (nice but casual, not required)
 - Light rain jacket
 - o Bathing suit
- Shoes:
 - 1 Pair of comfortable, sturdy hiking/athletic shoes
 - 1 Pair of comfortable evening/dress shoes
 - 1 Pair of sandals or flip-flops (for beaches, especially at the Dead Sea)
- 1 Small backpack (to put things during touring days)
- Reusable water bottle
- Electric adapter and/or converter.
- Camera

Remember – Israel is generally a very casual place and aside from religious sites, you are welcome to wear whatever you like. If you forget to pack something – You can buy it in Israel.

What to bring to the airport:

- Your passport(s)
- Only one suitcase no more than 50 lbs in weight and 62 inches when adding the height, width and length.
- One carry-on bag which must fit into the overhead bins or under an airline seat and weigh no more than 17 lbs.
- One small purse or electronic device if you wish, such as a laptop or tablet.
- Wear comfortable (airy) clothing for the long flights.



<u>Suggested Packing – Summer (May, June, July, August, September):</u>

Your visit to Israel will take place during the summer. Although weather can always change, you can generally expect daytime temperatures ranging between 90-110 and nighttime temperatures ranging between 60-80, depending on the location and altitude. It can get chilly at night (50's) in Jerusalem and the Negev Desert.

The hotels will provide: Towels, shampoo, soap, hair dryers and free Wi-Fi.

- Medical / Health (it is important to notify the coordinators of any medical condition):
 - o Medical equipment and medications you take or use on a regular basis.
 - Masks and hand sanitizer
 - Prescriptions for medications and glasses
 - Sunscreen (large bottle) and sunglasses
 - o Toothpaste, toothbrush, toiletries and feminine hygienic products
- Clothing (for each person):
 - o 1 Hat (brim hats cover all areas much better than baseball caps or visors)
 - o 3-4 Pairs of short pants and 1-2 pairs of comfortable long pants.
 - 5-7 T-Shirts or short-sleeved shirts and 1-2 long-sleeved shirts
 - Women Scarf / Shawl for holy sites
 - Socks and undergarments.
 - Bathing suit
 - Evening clothes or for special ceremonies (nice but casual, not required)
- Shoes:
 - o 1 Pair of comfortable, sturdy hiking/athletic shoes that are also good for water.
 - 1 Pair of comfortable evening shoes.
 - o 1 Pair of sandals or flip-flops (for beaches, especially at the Dead Sea)
- 1 Beach towel
- 1 Small backpack (to put things during touring days)
- Reusable water bottle (water in Israel is safe for drinking).
- Electric adapter and/or converter (an adapter will be provided by Scopia LLC).
- Camera

Remember – Israel is a very casual place. Aside from the holy sites, you can wear what you like. If you forget anything, you can always buy it in Israel.

What to bring to the airport:

- Your passport(s)
- Only one suitcase no more than 50 lbs in weight and 62 inches when adding the height, width and length.
- One carry-on bag which must fit into the overhead bins or under an airline seat and weigh no more than 15 lbs.
- One small purse or electronic device if you wish, such as a laptop or tablet.
- Recommended Wear comfortable (airy) clothing for the long flights.



Suggested Packing – Winter (January, February, November, December)

Your visit to Israel will take place during the winter, meaning you should probably be ready for rain, wind and perhaps snow. Temperatures will likely range between 40-60 during the daytime and 30-40 during nights. It can get very cold at night in the mountains (Jerusalem) and the desert (Negev, Petra). It is best to check the weather forecast prior to departure and pack clothes accordingly.

The hotels will provide: Towels, shampoo, soap, hair dryers and Wi-Fi.

- Medical / Health (it is important to notify the coordinators of any medical condition):
 - o Medical equipment and medications you take or use on a regular basis.
 - Masks, hand sanitizer and COVID tests.
 - Prescriptions for medications and glasses
 - o <u>Sunscreen</u> (large bottle) and sunglasses
 - o Toothpaste, toothbrush, toiletries and feminine hygienic products
- Clothing (for each person):
 - o 1 Hat (brim hats cover all areas much better than baseball caps or visors)
 - o 1-2 Pairs of short pants and 1-2 pairs of comfortable long pants.
 - o 3-4 T-Shirts or short-sleeved shirts and 2-3 long-sleeved shirts
 - Women Scarf / Shawl for holy sites
 - Socks and undergarments.
 - Bathing suit
 - o Jacket, sweater, gloves, wool hat and small foldable umbrella.
 - o Evening clothes or for special ceremonies (nice but casual, not required)
- Shoes:
 - o 1 Pair of comfortable, sturdy hiking/athletic shoes (should be good for walking in water)
 - 1 Pair of comfortable evening/dress shoes
 - o 1 Pair of sandals or flip-flops (for beaches, especially at the Dead Sea)
- 1 Small backpack (to put things during touring days)
- Reusable water bottle
- Electric adapter and/or converter (adapters provided by Scopia LLC).
- Camera

Remember – Israel is generally a very casual place and aside from religious sites, you are welcome to wear whatever you like. If you forget to pack something – You can buy it in Israel.

What to bring to the airport:

- Your passport(s)
- Only one suitcase no more than 50 lbs in weight and 62 inches when adding the height, width and length.
- One carry-on bag which must fit into the overhead bins or under an airline seat and weigh no more than 17 lbs.
- One small purse or electronic device if you wish, such as a laptop or tablet.
- Wear comfortable (airy) clothing for the long flights.