

## Education for Parents of Indigenous Children with Special Needs 2025 Behavioral Health and Mental Health Summit

## Healthy Minds = Healthy Families



Friday, June 27<sup>th</sup>, 2025 8:00 am - 4:00 pm Embassy Suites

Sierra Ballroom I-II 1000 Woodward Pl NE Albuquerque, NM 87102

7:00 a.m. Sign-in & Breakfast

8:30 a.m. Opening by EPICS Staff

Invocation: TBA

National Anthem: TBA

9:00 a.m. Introduction to Childhood Adverse Experiences (ACEs) vs Benevolent Childhood Experiences

(BCEs) - Advocate for Benevolent Childhood Experiences -

Positive Early Life Experiences.

Canoncito Band of Navajos Health Center, Inc. Behavioral Health Program

Dr. Carolyn Morris, Behavioral Health Director Sarah Bitsui, Outreach Prevention Coordinator

10:15 a.m. Break

10:30 a.m. Healing Circle

Ronalda Tome-Warito, APS Board of Education Vice President, Education Consultant

11:45 a.m. Lunch

12:45 p.m. 8 Dimensions of Self-Care and Mental Health Training Opportunities

Albuquerque Area Indian Health Board, Proud Indigenous Youth Leaders Program Community

Health Education and Resiliency Program

Shynoke Ortiz, AAIHB CHERP Program Coordinator Alyssa Jojola, AAIHB CHERP Evaluation Specialist

1:45 p.m. Nurturing Our Youngest Spirits: Infant Mental Health in Indigenous Communities

Parent Solutions, Inc.

Heidi S. Kranz, MS, IMH-E, CEO & Founder Christina Sedillo, BA, IMH-ERS, Vice-President

3:00 p.m. Healing & Wellness with Humor

Native American Training Institute Patrick Trujillo, CEO & President

4:00 p.m. Closing

