

Lighthouse Pediatrics

3610 Piedmont Rd. NE, Ste 100 (470) 697-1396

January 2023



Happy New Year's

New Activities in the New Year!

It is happiness that is the motor and purpose of one's life. It is New Year's Day more than any other day that allows us to reflect on the previous year's moments preparing for new hope, dreams, expectations, and opportunities. In 2022, at Lighthouse we could not be happier working on establishing ourselves within the community ready to serve the needs of our patients and provide the community with assurance that we are truly building the future for our youth.

Lighthouse Pediatrics, hosted by Dr. Wilson every other month, will champion a book reading opportunity for children of all ages to participate, held at the office of Lighthouse Pediatrics. The idea of the book reading is to capture the imagination of our youth and for parents and children alike to be personal with their pediatrician away from the examination table. Our goal is to bring together the community, to enrich children's spirits about reading and at the same time allowing parents to interact with the doctor on a more personal level. There will be light refreshments for parents and the book itself will be gifted to each child attending. Also, there will be a themed craft associated with the book for children to have as memorabilia to bring the book to life.

Of course, space is limited and to reserve your place for the book reading, you will have to RSVP to office@lighthousepediatriccare.com (please indicate the number in your party that will be attending). You will receive confirmation through email that your place has been reserved. If in any event you must cancel your reservation, please do so in advance so another child/children and parent(s) may attend in your place. You are welcome to invite your family and/or friends as you do not need to be a current patient to attend the event.

Lighthouse Pediatrics wishes you a Happy New Year's. May your hopes, dreams and aspirations prosper in 2023.

Upcoming Lighthouse & Community Events

Open House- January 14, 2023, located at 3610 Piedmont Rd. NE Suite 100, and will be from **2pm-5pm**. There will be light refreshments served during the open house.

Lighthouse Book Reading- January 28, 2023, located at 3610 Piedmont Rd. NE Suite 100, and will be from **10am-11am**. There will be light refreshments served during the book reading for parents.

Children's Museum of Atlanta- Limited-time exhibit Splash and Bubbles: Dive In, Lend a Fin! Saturday, Jan. 21, 2023

MLK National Day of Service- Everywhere-Monday, January 16, 2023

Dr. Wilson's Corner

If you are like me, you had no idea that every January is National Soup Month until just now. Soup. At first, I scoffed at the idea of a whole month celebrating what is often simple food. But then I realized that January is a perfect month to reflect on soup. We need the comfort that soup brings as we start a new year. Every year seems to fly by faster and faster and 2022 was no different. Maybe it was a great year for you and your family, new beginnings, welcoming a new family member, or meeting a personal goal. Maybe it wasn't a great year. Either way, January marks the month that we can all take comfort that this new year has endless possibilities for us personally and for our families.

And just like the endless varieties of soup, we can try something new every day in 2023 and be open to new experiences. Didn't like the creamy soup or that home exercise routine? Try the vegetable and broth soup and the dance class at your local Y. We can keep our minds and our taste buds open to new experiences and we may all stumble upon a mind-blowing, life-altering soup and experience in 2023. So, enjoy this National Soup Month, take comfort in the new year and savor the new flavors that 2023 brings. I pray you and your families have an amazing adventure in 2023. See you in the New Year!



**Check us
out...**

Check out our website for additional information about Lighthouse Pediatrics, www.lighthousepediatriccare.com. Please feel free to call or email for additional information at (470) 697-1396 or office@lighthousepediatriccare.com. We appreciate having the opportunity to care for you and your family. Our friendly staff is always willing to help and answer questions you may have. Thank you for allowing Lighthouse Pediatrics to be part of your family.

Lighthouse Pediatrics Best Picture

Every month the newsletter will contain a picture or two or three... of our children taking a picture with Mr. Turtle. When you visit our office, Mr. Turtle would love to take a picture with you so we can share it with the rest of our Lighthouse Pediatrics Family.



If you look closely at the picture, she brought along two of her turtle friends to join Mr. Turtle.

Lighthouse Book Reading: by Dr. Wilson, RSVP to office@lighthousepediatriccare.com (please indicate the number in your party that will be attending). You will receive confirmation through email that your place has been reserved. If in any event you must cancel, please do so in advance so another child/children and parent(s) may attend in your place.

How fast can you solve the Puzzle?

HAPPY NEW YEAR!



Countdown
Confetti
Midnight
Balloons

Celebration
Fireworks
January
Happy

New Year
Clock
Cheers
Goals

Party Poppers
Noisemaker
Resolution
Sparklers

