

Monday

AM 8:00	Teal/Black 8:00-10:00			
8:20				
8:40		Varsity 8:45-10:00		
9:00				
9:20				
9:40				
10:00				
PM 4:30				
4:45	Gold 4:45-6:00			
5:00				
5:15				
5:30				
5:45				
6:00	Aquanauts 6:05-6:30			
6:15		Silver 6:15-7:15		
6:30	Bronze (M/W) 6:30-7:15			
6:45				
7:00				
7:15				

Tuesday

AM 8:00	Teal/Black 6:30-8:15			
8:20				
8:40		Varsity 8:45-10:00		
9:00				
9:20				
9:40				
10:00				
PM 4:30				
4:45	Gold 4:45-6:00			
5:00				
5:15				
5:30				
5:45		Silver Dryland 5:30-6:00		
6:00	Aquanauts 6:05-6:30		T/B/G/V Dryland 6:00-6:30	
6:15		Silver 6:15-7:15		
6:30	Bronze (T/Th) 6:30-7:15			
6:45				
7:00				
7:15				

Wednesday

AM 8:00	Teal/Black 8:00-10:00			
8:20				
8:40		Varsity 8:45-10:00		
9:00				
9:20				
9:40				
10:00				
PM 4:30				
4:45	Gold 4:45-6:00			
5:00				
5:15				
5:30				
5:45				
6:00	Aquanauts 6:05-6:30			
6:15		Silver 6:15-7:15		
6:30	Bronze (M/W) 6:30-7:15			
6:45				
7:00				
7:15				

Thursday

AM 6:30	Teal/Black 6:30-8:15			
6:45				
7:00		Varsity 8:45-10:00		
7:15				
7:30				
7:45				
8:00				
PM 4:30				
4:45	Gold 4:45-6:00			
5:00				
5:15				
5:30				
5:45		Silver Dryland 5:30-6:00		
6:00	Aquanauts 6:05-6:30		T/B/G/V Dryland 6:00-6:30	
6:15		Silver 6:15-7:15		
6:30	Bronze (T/Th) 6:30-7:15			
6:45				
7:00				

Friday

AM 6:30			
6:45			
7:00			
7:15			
7:30			
7:45			
8:00			
PM 4:30			
4:45			
5:00			
5:15			
5:30			
5:45			
6:00			
6:15			
6:30			
6:45			
7:00			

Saturday

AM 6:30			
6:45			
7:00			
7:15			
7:30			
7:45			
8:00			
PM 4:30			
4:45			
5:00			
5:15			
5:30			
5:45			
6:00			
6:15			
6:30			
6:45			
7:00			

**Gold/Varsity with 80% practice attendance are invited to attend Saturday.*