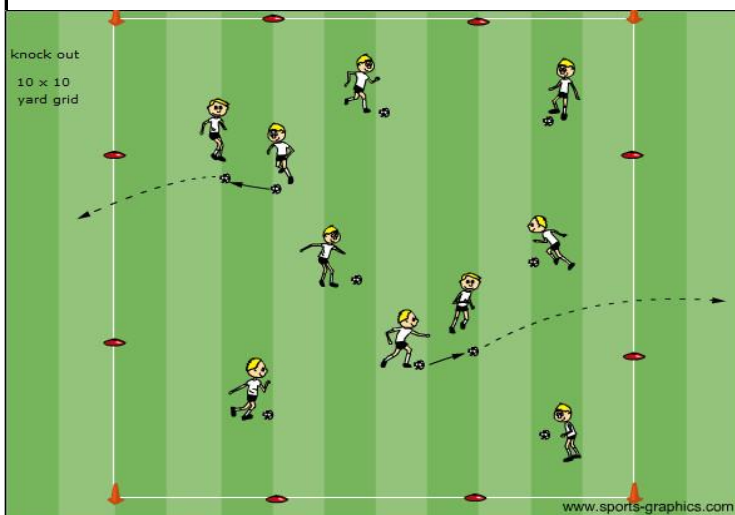




Dribbling Game 7-

Set up a 15x15 yard area (3 games)

- 1) Players dribble freely, on coaches signal players must dribble to the end line that the coach says. Players must stop the ball on the end line.
- 2) Players dribble freely, coach yells out a number, then players must get into groups of that number. Last group or players not in a group have to do "5 push ups"
- 3) Two players start without a ball. All other players dribble freely. When the coach yells "switch" all players must leave their ball and try to put their foot on another ball. The two players without a ball have "5 push ups"



Dribbling Game 8-

10x 10 or 15x15 yard area.

- 1) Each player starts with a ball by dribbling freely in the area. When the coach yells "GO", players try to knock out other players balls while trying to protect their own. Last one left wins.

- Variations-
- Team knockout- Players split into 4 even teams. One team is trying to knock out the other 3 teams. Time that team to see how long it takes to knock everyone out.
 - Passing knock out- 2 players are trying to knock out other players ball. After a players ball gets knocked out, they can stay in and support other players who still have a ball in play. Timed.