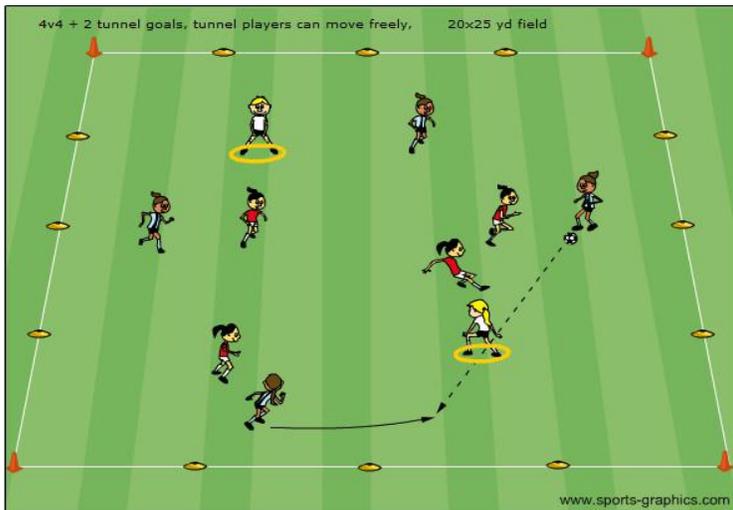




4v4 Games To Improve Overall Play



4 v 4 Game 4-

4v4 on a 20x25 yard field, with two neutral "Tunnel" players.

- 1) Teams try to connect a pass through the legs of either of the two tunnel players. Pass must be connected to count
- 2) Tunnel players can move freely to give support to the team in possession, but must NOT move as the ball is being passed through their legs.

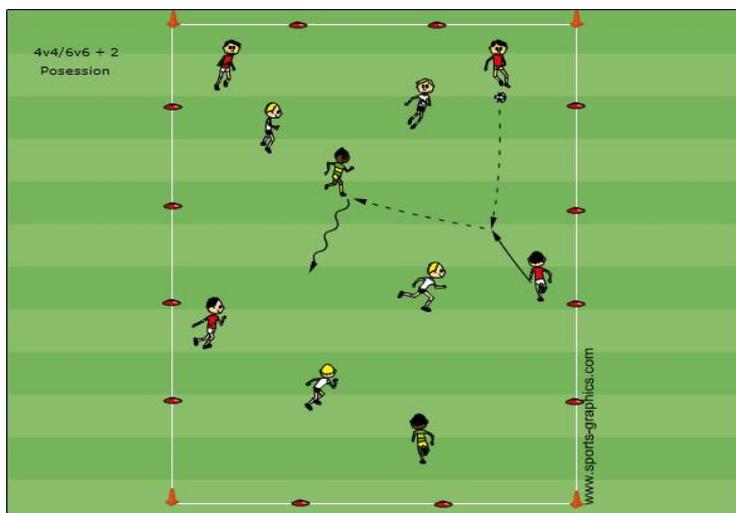
- Variations-
- More tunnel players
 - Dribble and pass through legs to yourself
 - Add touch limits, or require combinations to score

4v4 Game 5-

4v4 + 2 neutral offensive players.
Field is 25x30 yards.

- 1) Teams try to maintain possession for 5 consecutive passes in a row, without the defenders winning the ball, for a point.
- 2) Two neutral players play with the team in possession to create numbers up opportunities.

- Variations-
- Have a touch limit
 - Require a combination for a goal, ex: Give and go, overlapping runs, take over
 - Pass to neutral players equals a goal.
 - Add goals, either end line goals, or small goals, that players must score on after getting required number of passes.



4v4 Game 6-

4v4 on two fields with a space between fields.

- 1) Fields are each 15x20 yards with a 10 to 15 yard space between fields.
- 2) Teams try to make 3 or more passes in one field, then they must play across the open space by dribbling to opposite field for a goal.

- Variations-
- Pass across open space to a teammate who is making a run.
 - Have an offside's line that players can NOT cross until the ball has been passed.
 - Have a target player in opposite field and ball must be played over the space in the air.

