


Urban Breakfast Buffet

Our daily breakfast buffet ^{1,2*,3,4,7}

FROM MONDAY TO SATURDAY

from 09.00 am to 12.00 noon

The perfect, relaxed, and enjoyable start for your day with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, jams, spreads, etc. ...

 Also includes vegetarian and vegan buffet components!

per person* **12,45 €**


The Great Urban Sunday Breakfast Buffet

Large Sunday and public holiday breakfast buffet ^{1,2*,3,4,7}

SUNDAYS AND PUBLIC HOLIDAYS

from 09.00 am to 14.00 pm

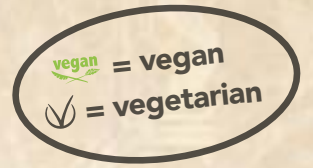
Get more out of your weekend with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, salmon, antipasti, jams, spreads, and a lot more ...

 Also includes vegetarian and vegan buffet components!

per person* **19,95 €**

**Children up to and including 4 years eat free and children up to and including 10 years pay half price.*

BREAKFAST



Sweet Snooze

✓ **BLUEBERRY PANCAKES** **8,45 €**
fluffy pancakes with fresh blueberries, creamy blueberry yogurt and sprinkled with powdered sugar, plus a bowl of natural yogurt and blueberry puree

FAST & FURIOUS **4,95 €**
two half rolls that you can top with:
cooked^{2,3,7} or smoked ham^{2*,3},
salami^{1,2*,3}, turkey breast^{1,2,3}, mozzarella,
brie, gouda¹ or tomato slices

✓ **FRENCH CONNECTION** **4,95 €**
a fresh croissant with butter, served with honey or fruit spread

SUNNY SIDE^{2*,3} **7,45 €**
2 fried eggs with bacon, served with a bread roll and butter

UPSIDE DOWN^{2*,3} **7,45 €**
2 scrambled eggs with bacon, served with a bread roll and butter

FRESHLY PRESSED JUICES

*chock full of vitamins and nutrients!
Get a dose of freshness with every sip!*

0,25 l each:

• **ORANGE** **5,50 €**


• **PINK GRAPEFRUIT** **5,50 €**

• **APPLE, CARROT & GINGER** **6,40 €**

• **APPLE, CARROT & ORANGE** **6,40 €**

Vital breakfast

✓ **NATURAL YOGURT** **8,45 €**
with fresh fruit salad, maple syrup and walnuts

 **with coconut yogurt** **+ 1,00 €**

The perfect accompaniment to your sandwich:




✓ **MIXED SALAD** **5,45 €**
with white balsamic dressing

✓ **FRENCH FRIES** **4,95 €**
with a choice of 2 dips



✓ **URBAN FRIES** **5,45 €**
with a choice of 2 dips

✓ **SWEET POTATO FRIES** **6,45 €**
with a choice of 2 dips

CLASSIC DIPS **1,00 €**

mayonnaise³,  ketchup,
sour cream, aioli,
 BBQ,  sweet-Chili

SPECIAL DIPS **1,50 €**

truffle mayonnaise³,  guacamole,
curry-yuzumayonnaise³,
 vegan mayonnaise,
chili-cheese-sauce

STULLEN

TRØNDHÅM³ 10,95 €
toasted farmhouse bread, cream cheese, pulled salmon and honey-dill mustard sauce

PEANUT CHICKEN BREAD^{1,3} 10,45 €
toasted farmhouse bread, peanut butter, roasted chicken breast, fresh tomato slices, mango-avocado chutney and spring onions

RETRO MAX^{1,2*,3} 9,95 €
toasted farmhouse bread, mayonnaise, cooked ham, Chester cheese, pickled cucumber, fried egg, fried onions and spring onions

HOLY GUACAMOLI^{1,2*,3,12} 10,45 €
toasted farmhouse bread, guacamole, fresh avocado, tomato slices, bacon and fried egg

VEGAN

AWOKEADOO³ 9,45 €
toasted farmhouse bread, Guacamole, avocado, bruschetta tomatoes, Walnuts and oregano

HUMMULICIOSO^{3,5} 10,45 €
toasted farmhouse bread, hummus, wok vegetables, falafel, spring onions, vegan chimichurri mayonnaise



Appetizers

BRUSCHETTA 6,45 €

with olive oil, bruschetta tomatoes, basil pesto and Parmesan

✓ BAKED FETA CHEESE 9,45 €

oven-baked feta cheese, marinated with olive oil and Mediterranean herbs, red onions, peppers and tomatoes

MIXED ANTIPASTI ^{1,2*,3,5,6} 9,95 €

with pickled zucchini, mushrooms, eggplant, mozzarella, tomato, Parma ham, etc.

MIXED ANTIPASTI ^{1,2*,3,5,6} for two 17,95 €

Soup

✓ TOMATO CREAM SOUP with freshly baked naan bread 6,95 €

Urban Rolls pizza rolls filled with:

✓ Tomato sauce and cheese ¹ 9,45 €

Tomato sauce, cheese ¹, salami ^{1,2*,3} and jalapeños 10,45 €

Tomato sauce, cheese ¹ and cooked ham ^{1,2*,3} 10,45 €

^{vegan} VEGAN ROLLS ³ 10,95 €

pizza rolls filled with tomato sauce, vegan herder's cheese, fresh spinach leaves and semi-dried tomatoes

Crispy

French Fries

✓ Classic 4,95 €
with a choice of 2 dips

✓ URBAN Fries 5,45 €
with a choice of 2 dips

✓ Sweet potato fries 6,45 €
with a choice of 2 dips

CLASSIC DIPS 1,00 €

mayonnaise ³, ^{vegan} ketchup, sour cream, aioli, ^{vegan} BBQ, ^{vegan} sweet-Chili

SPECIAL DIPS 1,50 €

truffle mayonnaise ³, ^{vegan} guacamole, curry-yuzumayonnaise ³, ^{vegan} vegan mayonnaise, chili-cheese-sauce



Salads

<p>✓ SMALL MIXED SALAD mixed leaf lettuce with cherry tomatoes, cucumbers, bell peppers and fresh onions</p>	<p>5,45 €</p>
<p>NIZZA SALAD ^{1,2,3,5,6} mixed leaf lettuce, tuna fish, cherry tomatoes, cucumber, sardines, olives, onions, eggs and capers</p>	<p>14,95 €</p>
<p>URBAN CHICKEN TANDOORI SALAD ² Romaine lettuce with Caesar dressing, grilled Chicken Tandoori and marinated tomato cubes</p>	<p>15,95 €</p>
<p>SALAD WITH GOAT CHEESE ^{2*,3} mixed leaf lettuce with goat cheese, bacon bits, cucumber, caramelized walnuts and red grapes</p>	<p>13,95 €</p>
<p>✓ VEGETARIAN SALAD mixed leaf lettuce with fresh and lukewarm wok vegetables, topped with chimichurri-sauce</p>	<p>12,95 €</p>

Your choice:

- vegan • white balsamic dressing ^{3,5}
- ✓ • tomato-mustard dressing ³

- yogurt-herbs dressing ^{1,3}
- Caesar dressing ²

Pizza HOMEMADE

- ✓ **MARGARITA** 9,95 €
fruity tomato sauce, mozzarella and basil
- ✓ **VEGETARIANA** 12,95 €
fruity tomato sauce, mozzarella and freshly grilled vegetables
- vegan **FANNY'S VEGAN PIZZA** ^{1,2,3} 13,95 €
fruity tomato sauce, fresh grilled vegetables and vegan cheese
- TONNO E CIPOLLA** 13,95 €
fruity tomato sauce, mozzarella, tuna fish and onions
- FUNGHI E PROSCIUTTO** ^{2*,3,7} 13,95 €
fruity tomato sauce, mozzarella, cooked ham, and button mushrooms




URBANS DIAVOLO ^{1,2*,3} 13,95 €
fruity tomato sauce, mozzarella,
bell peppers, red onions, mild pepperoni
and spicy salami

PARMA ^{2*,3} 15,95 €
fruity tomato sauce, mozzarella
arugula leaves, Parma ham and
bruschetta tomatoes

PIZZA



Wok'n'Roll

<p>vegan MY THAI Thai curry with peanut sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans and Thai basil, served with basmati rice</p>	 tofu  chicken  prawns	14,45 €	15,45 €	15,45 €
<p>THAI BASIL CHILI ^{1,2,4} basil-chili sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli and beans, served with basmati rice</p>				
<p>FRIED RICE ^{1,2,4} fried basmati rice with Szechuan sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans, eggs and spring onions</p>				

- vegan VEGAN CURRY** ^{1,2,4} **10,95 €**
 coconut curry with cooked chickpeas, beans, carrots, peppers, onions, leaf spinach and yellow lentils, served with basmati rice
- URBAN'S CHICKEN CHILI** ^{1,4} **12,95 €**
 tender chicken breast strips in a creamy tomato-butter sauce with yogurt, Indian spices and a hint of chili, served with basmati rice

Burger

PURE URBAN BURGER³ **9,45 €**

180 g* juicy ground beef with a home-made burger sauce, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

EXTENDED URBAN BURGER^{1,3} **10,45 €**

180 g* juicy ground beef with a home-made burger sauce, Chester cheese, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

URBAN'S BACON BURGER NO 1^{1,2*,3,5}

180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

11,45 €


URBAN'S BACON BURGER NO 2^{1,2*,3,5}

doubly delicious with an extra patty and Chester cheese!
2x 180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

16,45 €

Buns/bread rolls for your burger:

 • **Wheat bread roll**

 • **Sesame brioche bun**

 • **Multi-grain roll**

 • **Pretzel roll**



The perfect accompaniment to your Burger:

✓ MIXED SALAD with white balsamic dressing	5,45 €	CLASSIC DIPS mayonnaise ³ , vegan ketchup, sour cream, aioli, vegan BBQ, vegan sweet-Chili	1,00 €
✓ FRENCH FRIES with a choice of 2 dips	4,95 €	SPECIAL DIPS truffle mayonnaise ³ , vegan guacamole, curry-yuzumayonnaise ³ , vegan vegan mayonnaise, chili-cheese-sauce	1,50 €
✓ URBAN FRIES with a choice of 2 dips	5,45 €		
✓ SWEET POTATO FRIES with a choice of 2 dips	6,45 €		



Special Burger

HEIDI'S FINEST ^{1,3}

180 g* juicy ground beef, Chimichurri mayonnaise, goat cheese, iceberg and oak leaf lettuce, onion chutney, cranberries, walnuts and yogurt dressing

15,45 €

THE GERMAN (breadless) ^{1,2}

180 g* juicy ground beef with Chester cheese, grilled vegetables, Parmesan, semi-dried tomatoes, tomatoes, pickled cucumbers, homemade burger sauce, feta cheese cubes, romaine lettuce and Caesar dressing

14,45 €

CRUNCHY CHICKEN BURGER ^{1,3,12}

crispy chicken breast in cornflakes breading, curry-yuzu mayonnaise, crispy lettuce, Chester cheese, homemade mango-avocado chutney, ginger-marinated cucumbers and fried onions

15,45 €

SURF & TURF ^{1,3}

180 g* juicy ground beef, Chimichurri mayonnaise, fried chili prawns, iceberg and oak leaf lettuce, fried onions, guacamole and cocktail sauce

15,45 €

CHILI CHEESE BURGER ^{1,3,12}

180 g* juicy ground beef, homemade burger sauce, crispy lettuce, Chester cheese, hearty chili-cheese sauce, jalapeños, fried onions and chili strips

14,45 €

Buns/bread rolls for your burger:



• Wheat bread roll



• Sesame brioche bun






• Multi-grain roll



• Pretzel roll



VEGETARIAN & VEGAN

 FEEL GOOD BURGER ^{2,3,4,5}	11,45 €
vegan patty with vegan burger sauce, iceberg- and oak leaf lettuce, pickled cucumbers, tomatoes, white balsamic dressing, red onions and fried onions	
 NICE LITTLE AND VEGETABLE BURGER ^{1,2,3,4}	12,45 €
crispy vegetable patty with a homemade burger sauce, Chester cheese, iceberg and oak leaf lettuce, tomatoes, fresh cucumbers, red onions, fried onions and cocktail sauce	
 VEGAN CRUNCHY-CHICKEN-CHEESE BURGER ^{1,2,3,4}	13,95 €
vegan crunchy chicken patty with vegan burger sauce, iceberg and oak leaf lettuce, avocado-mango-chutney and vegan Chester cheese	

The perfect accompaniment to your Burger:

 MIXED SALAD	5,45 €	CLASSIC DIPS	1,00 €
with white balsamic dressing		mayonnaise ³ ,  ketchup,	
 FRENCH FRIES	4,95 €	sour cream, aioli,	
with a choice of 2 dips		 BBQ,  sweet-Chili	
 URBAN FRIES	5,45 €	SPECIAL DIPS	1,50 €
with a choice of 2 dips		truffle mayonnaise ³ ,  guacamole,	
 SWEET POTATO FRIES	6,45 €	curry-yuzumayonnaise ³ ,	
with a choice of 2 dips		 vegan mayonnaise,	
		chili-cheese-sauce	



Desserts

HOMEMADE

NEW YORK STYLE CHEESECAKE IN A JAR¹

with strawberry puree

4,95 €

WARM CHOCOLATE SOUFFLÉ¹

with vanilla sauce

6,95 €

with vanilla ice cream and whipped cream

7,95 €

BLUEBERRY CRUMBLE¹

blueberries, blueberry puree, freshly baked crumble, whipped cream and a scoop of vanilla ice cream

8,95 €

Cake

vegan

APPLE PIE

OR CHEESECAKE¹

each 4,95 €





Cocktail Happy Hour**

WHEN DRINKS COME TRUE

CHEERS

daily
between
17 - 19 h
& 21 - 23 h

***Classic Cocktails and Margaritas NOT available
as Happy Hour Cocktails or Jumbo Cocktails!*

- 1 = with food dyes
- 2 = with preservatives
- 2* = preservative with nitrate
- 3 = with antioxidants
- 4 = with flavor enhancers
- 5 = with sulphur dioxide
- 6 = with blackening agent
- 7 = phosphate for meat products
E338 - E341, E450 - E452
- 8 = milk protein for meat products
- 9 = containing caffeine
- 9b = elevated caffeine
content (32 mg/100 ml)
- 10 = containing quinine
- 11 = sweeteners
- 12 = phenylalanine source
in aspartame
- 13 = waxed
- 14 = taurine
-  = vegetarian
-  = vegan

A list of allergens and additives (acc. to the Food Information Regulation) is available at the counter. Please ask us!