

Urban Breakfast Buffet

Our daily breakfast buffet ^{1,2*,3,4,7}

FROM MONDAY TO SATURDAY

from 09.00 am to 12.00 noon

The perfect, relaxed, and enjoyable start for your day with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, jams, spreads, etc. ...

  Also includes vegetarian and vegan buffet components!

per person* **12,45 €**

The Great Urban Sunday Breakfast Buffet

Large Sunday and public holiday breakfast buffet ^{1,2*,3,4,7}

SUNDAYS AND PUBLIC HOLIDAYS

from 09.00 am to 14.00 pm

Get more out of your weekend with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, salmon, antipasti, jams, spreads, and a lot more ...

  Also includes vegetarian and vegan buffet components!

per person* **19,95 €**

**Children up to and including 4 years eat free and children up to and including 10 years pay half price.*

BREAKFAST



Sweet Snooze

✓ BLUEBERRY PANCAKES

8,45 €

fluffy pancakes with fresh blueberries, creamy blueberry yogurt and sprinkled with powdered sugar, plus a bowl of natural yogurt and blueberry puree

FAST & FURIOUS

4,95 €

two half rolls that you can top with:

cooked ^{2,3,7} or smoked ham ^{2*,3},
salami ^{1,2*,3}, turkey breast ^{1,2,3}, mozzarella,
brie, gouda ¹ or tomato slices

✓ FRENCH CONNECTION

4,95 €

a fresh croissant with butter, served
with honey or fruit spread

SUNNY SIDE ^{2*,3}

7,45 €

2 fried eggs with bacon, served
with a bread roll and butter

UPSIDE DOWN ^{2*,3}

7,45 €

2 scrambled eggs with bacon, served
with a bread roll and butter

HOW ABOUT A FRESHLY SQUEEZED JUICE TO GO WITH BREAKFAST?

*Packed with vitamins and
nutrients – enjoy a good
sip of freshness
every day...*

 *Take a look at
the drinks menu
for that.*



Vital breakfast

✓ NATURAL YOGURT

8,45 €

with fresh fruit salad, maple syrup and walnuts



with coconut yogurt

+ 1,00 €

The perfect accompaniment to your sandwich:

✓ MIXED SALAD

5,45 €

with white balsamic dressing

✓ FRENCH FRIES

4,95 €

with a choice of 2 dips

✓ URBAN FRIES

5,45 €

with a choice of 2 dips

✓ SWEET POTATO FRIES

6,45 €

with a choice of 2 dips

CLASSIC DIPS

1,00 €

mayonnaise ³,  ketchup,
sour cream, aioli,
 BBQ,  sweet-Chili

SPECIAL DIPS

1,50 €

truffle mayonnaise ³,  guacamole,
curry-yuzumayonnaise ³,
 vegan mayonnaise,
chili-cheese-sauce

STULLEN

TRØNDHÅM³

toasted farmhouse bread, cream cheese, pulled salmon and honey-dill mustard sauce

10,95 €

PEANUT CHICKEN BREAD^{1,3}

toasted farmhouse bread, peanut butter, roasted chicken breast, fresh tomato slices, mango-avocado chutney and spring onions

10,45 €

RETRO MAX^{1,2*,3}

toasted farmhouse bread, mayonnaise, cooked ham, Chester cheese, pickled cucumber, fried egg, fried onions and spring onions

9,95 €

HOLY GUACAMOLI^{1,2*,3,12}

toasted farmhouse bread, guacamole, fresh avocado, tomato slices, bacon and fried egg

10,45 €

VEGAN

vegan

AWOKEADOO³

toasted farmhouse bread, Guacamole, avocado, bruschetta tomatoes, Walnuts and oregano

9,45 €

vegan

HUMMULICIOUS^{3,5}

toasted farmhouse bread, hummus, wok vegetables, falafel, spring onions, vegan chimichurri mayonnaise

10,45 €



Appetizers

BRUSCHETTA

6,45 €

with olive oil, bruschetta tomatoes, basil pesto and Parmesan

✓ BAKED FETA CHEESE

9,45 €

oven-baked feta cheese, marinated with olive oil and Mediterranean herbs, red onions, peppers and tomatoes

MIXED ANTIPASTI

^{1,2*,3,5,6}

9,95 €

with pickled zucchini, mushrooms, eggplant, mozzarella, tomato, Parma ham, etc.

MIXED ANTIPASTI

^{1,2*,3,5,6}

for two

17,95 €

Soup

✓ **TOMATO CREAM SOUP** with freshly baked naan bread

6,95 €

Urban Rolls

pizza rolls filled with:

✓ **Tomato sauce and cheese** ¹

9,45 €

Tomato sauce, cheese ¹, **salami** ^{1,2*,3} and jalapeños

10,45 €

Tomato sauce, cheese ¹ and **cooked ham** ^{1,2*,3}

10,45 €

VEGAN ROLLS ³

10,95 €

pizza rolls filled with tomato sauce, vegan herder's cheese, fresh spinach leaves and semi-dried tomatoes

Crispy

French Fries

✓ **Classic**

with a choice of 2 dips

4,95 €

✓ **URBAN Fries**

with a choice of 2 dips

5,45 €

✓ **Sweet potato fries**

with a choice of 2 dips

6,45 €

CLASSIC DIPS

1,00 €

mayonnaise ³,  ketchup, sour cream, aioli,  BBQ,  sweet-Chili

SPECIAL DIPS

1,50 €

truffle mayonnaise ³,  guacamole, curry-yuzumayonnaise ³,  vegan mayonnaise, chili-cheese-sauce



Salads

✓ SMALL MIXED SALAD	5,45 €
mixed leaf lettuce with cherry tomatoes, cucumbers, bell peppers and fresh onions	
NIZZA SALAD ^{1,2,3,5,6}	14,95 €
mixed leaf lettuce, tuna fish, cherry tomatoes, cucumber, sardines, olives, onions, egg and capers	
URBAN CHICKEN TANDOORI SALAD ²	15,95 €
Romaine lettuce with Caesar dressing, grilled Chicken Tandoori and marinated tomato cubes	
SALAD WITH GOAT CHEESE ^{2*,3}	13,95 €
mixed leaf lettuce with goat cheese, bacon bits, cucumber, caramelized walnuts and red grapes	
✓ VEGETARIAN SALAD	12,95 €
mixed leaf lettuce with fresh and lukewarm wok vegetables, topped with chimichurri-sauce	

Your choice:

- ✓ **white balsamic dressing** ^{3,5}
- ✓ **tomato-mustard dressing** ³

- yogurt-herbs dressing** ^{1,3}
- Caesar dressing** ²

Pizza HOMEMADE

✓ **MARGARITA** 9,95 €
fruity tomato sauce, mozzarella and basil

✓ **VEGETARIANA** 12,95 €
fruity tomato sauce, mozzarella and freshly grilled vegetables

 **FANNY'S VEGAN PIZZA** ^{1,2,3} 13,95 €
fruity tomato sauce, fresh grilled vegetables and vegan cheese

TONNO E CIPOLLA 13,95 €
fruity tomato sauce, mozzarella, tuna fish and onions

FUNGHI E PROSCIUTTO ^{2*,3,7} 13,95 €
fruity tomato sauce, mozzarella, cooked ham, and button mushrooms

URBANS DIAVOLO ^{1,2*,3} 13,95 €
fruity tomato sauce, mozzarella,
bell peppers, red onions, mild pepperoni
and spicy salami

PARMA ^{2*,3} 15,95 €
fruity tomato sauce, mozzarella
arugula leaves, Parma ham and
bruschetta tomatoes



Wok'n'Roll



MY THAI

Thai curry with peanut sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans and Thai basil, served with basmati rice



THAI BASIL CHILI ^{1,2,4}

basil-chili sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli and beans, served with basmati rice

FRIED RICE ^{1,2,4}

fried basmati rice with Szechuan sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans, eggs and spring onions



tofu



chicken



prawns

14,45 €

15,45 €

15,45 €



VEGAN CURRY ^{1,2,4}

coconut curry with cooked chickpeas, beans, carrots, peppers, onions, leaf spinach and yellow lentils, served with basmati rice

10,95 €

URBAN'S CHICKEN CHILI ^{1,4}

tender chicken breast strips in a creamy tomato-butter sauce with yogurt, Indian spices and a hint of chili, served with basmati rice

12,95 €

Burger

PURE URBAN BURGER³

9,45 €

180 g* juicy ground beef with a home-made burger sauce, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

EXTENDED URBAN BURGER^{1,3}

10,45 €

180 g* juicy ground beef with a home-made burger sauce, Chester cheese, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

URBAN'S BACON BURGER NO 1^{1,2*,3,5}

11,45 €

180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

URBAN'S BACON BURGER NO 2^{1,2*,3,5}

16,45 €

doubly delicious with an extra patty and Chester cheese!

2x 180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

Buns/bread rolls for your burger:

vegan

• Wheat bread roll



• Sesame brioche bun

vegan

• Multi-grain roll



• Pretzel roll

The perfect accompaniment to your Burger:

✓ **MIXED SALAD**
with white balsamic dressing

5,45 €

✓ **FRENCH FRIES**
with a choice of 2 dips

4,95 €

✓ **URBAN FRIES**
with a choice of 2 dips

5,45 €

✓ **SWEET POTATO FRIES**
with a choice of 2 dips

6,45 €

CLASSIC DIPS

1,00 €

mayonnaise³, vegan ketchup,
sour cream, aioli,
vegan BBQ, vegan sweet-Chili

SPECIAL DIPS

1,50 €

truffle mayonnaise³, vegan guacamole,
curry-yuzumayonnaise³,
vegan vegan mayonnaise,
chili-cheese-sauce



Special Burger

HEIDI'S FINEST ^{1,3}

180 g* juicy ground beef, Chimichurri mayonnaise, goat cheese, iceberg and oak leaf lettuce, onion chutney, cranberries, walnuts and yogurt dressing

15,45 €

THE GERMAN (breadless) ^{1,2}

180 g* juicy ground beef with Chester cheese, grilled vegetables, Parmesan, semi-dried tomatoes, tomatoes, pickled cucumbers, homemade burger sauce, feta cheese cubes, romaine lettuce and Caesar dressing

14,45 €

CRUNCHY CHICKEN BURGER ^{1,3,12}

crispy chicken breast in cornflakes breading, curry-yuzu mayonnaise, crispy lettuce, Chester cheese, homemade mango-avocado chutney, ginger-marinated cucumbers and fried onions

15,45 €

SURF & TURF ^{1,3}

180 g* juicy ground beef, Chimichurri mayonnaise, fried chili prawns, iceberg and oak leaf lettuce, fried onions, guacamole and cocktail sauce

15,45 €

CHILI CHEESE BURGER ^{1,3,12}

180 g* juicy ground beef, homemade burger sauce, crispy lettuce, Chester cheese, hearty chili-cheese sauce, jalapeños, fried onions and chili strips

14,45 €

Buns/bread rolls for your burger:

vegan

• Wheat bread roll

✓ • Sesame brioche bun

vegan

• Multi-grain roll

✓ • Pretzel roll



VEGETARIAN & VEGAN

 FEEL GOOD BURGER ^{2,3,4,5}	11,45 €
vegan patty with vegan burger sauce, iceberg- and oak leaf lettuce, pickled cucumbers, tomatoes, white balsamic dressing, red onions and fried onions	
 NICE LITTLE AND VEGETABLE BURGER ^{1,2,3,4}	12,45 €
crispy vegetable patty with a homemade burger sauce, Chester cheese, iceberg and oak leaf lettuce, tomatoes, fresh cucumbers, red onions, fried onions and cocktail sauce	
 VEGAN CRUNCHY-CHICKEN-CHEESE BURGER ^{1,2,3,4}	13,95 €
vegan crunchy chicken patty with vegan burger sauce, iceberg and oak leaf lettuce, avocado-mango-chutney and vegan Chester cheese	

The perfect accompaniment to your Burger:

 MIXED SALAD	5,45 €	CLASSIC DIPS	1,00 €
with white balsamic dressing		mayonnaise ³ ,  ketchup,	
 FRENCH FRIES	4,95 €	sour cream, aioli,	
with a choice of 2 dips		 BBQ,  sweet-Chili	
 URBAN FRIES	5,45 €	SPECIAL DIPS	1,50 €
with a choice of 2 dips		truffle mayonnaise ³ ,  guacamole,	
 SWEET POTATO FRIES	6,45 €	curry-yuzumayonnaise ³ ,	
with a choice of 2 dips		 vegan mayonnaise,	
		chili-cheese-sauce	



Desserts

HOMEMADE

NEW YORK STYLE CHEESECAKE IN A JAR¹

with strawberry puree

4,95 €

WARM CHOCOLATE SOUFFLÉ¹

with vanilla sauce

6,95 €

with vanilla ice cream and whipped cream

7,95 €

BLUEBERRY CRUMBLE¹

blueberries, blueberry puree, freshly baked crumble, whipped cream and a scoop of vanilla ice cream

8,95 €

Cake

vegan

APPLE PIE

OR CHEESECAKE¹

each 4,95 €



Cocktail Happy Hour**

WHEN DRINKS COME TRUE

CHEERS

daily
between
17 - 19 h
& **21 - 23 h**

****Classic Cocktails and Margaritas NOT available
as Happy Hour Cocktails or Jumbo Cocktails!**

- 1 = with food dyes
- 2 = with preservatives
- 2* = preservative with nitrate
- 3 = with antioxidants
- 4 = with flavor enhancers
- 5 = with sulphur dioxide
- 6 = with blackening agent
- 7 = phosphate for meat products
E338 - E341, E450 - E452
- 8 = milk protein for meat products
- 9 = containing caffeine
- 9b = elevated caffeine
content (32 mg/100 ml)
- 10 = containing quinine
- 11 = sweeteners
- 12 = phenylalanine source
in aspartame
- 13 = waxed
- 14 = taurine
-  = vegetarian
-  = vegan

A list of allergens and additives (acc. to the Food Information
Regulation) is available at the counter. Please ask us!