Urban Breakfast Buffet

Our daily breakfast buffet [1,2*,3,4,7]

FROM MONDAY TO SATURDAY

from 09.00 am to 12.00 noon

The perfect, relaxed, and enjoyable start for your day with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, jams, spreads, etc. …

vegan ***Also includes vegetarian and vegan buffet components!***

per person* **12,45 €**

The Great Urban

Sunday Breakfast Buffet

Large Sunday and public holiday breakfast buffet [1,2*,3,4,7]

SUNDAYS AND PUBLIC HOLIDAYS

from 09.00 am to 14.00 pm

Get more out of your weekend with a large selection of various breads and bread rolls, mueslis, quark, yogurt, fresh fruit, cheeses and sausages, salmon, antipasti, jams, spreads, and a lot more …

vegan ***Also includes vegetarian and vegan buffet components!***

per person* **19,95 €**

****Children up to and including 4 years eat free and children up to and including 10 years pay half price.***



BREAKFAST

vegan = vegan
= vegetarian

Sweet Snooze

BLUEBERRY PANCAKES 8,45 €
fluffy pancakes with fresh blueberries, creamy blueberry yogurt and sprinkled with powdered sugar, plus a bowl of natural yogurt and blueberry puree

FAST & FURIOUS 5,45 €
two half rolls that you can top with:
cooked [2,3,7] or smoked ham [2*,3], salami [1,2*,3], turkey breast [1,2,3], mozzarella, brie, gouda [1] or tomato slices

FRENCH CONNECTION 5,45 €
a fresh croissant with butter, served with honey or fruit spread

SUNNY SIDE [2*,3] 7,95 €
2 fried eggs with bacon, served with a bread roll and butter

UPSIDE DOWN [2*,3] 7,95 €
2 scrambled eggs with bacon, served with a bread roll and butter

HOW ABOUT A FRESHLY SQUEEZED JUICE TO GO WITH BREAKFAST?

Packed with vitamins and nutrients – enjoy a good sip of freshness every day...



Take a look at the drinks menu for that.

Vital breakfast

NATURAL YOGURT 8,45 €
with fresh fruit salad, maple syrup and walnuts

with coconut yogurt + 1,00 €

The perfect accompaniment to your sandwich:

MIXED SALAD 5,95 €
with white balsamic dressing

FRENCH FRIES 5,95 €
with a choice of 2 dips

URBAN FRIES 5,95 €
with a choice of 2 dips

SWEET POTATO FRIES 6,45 €
with a choice of 2 dips

CLASSIC DIPS 1,00 €
mayonnaise [3], ketchup, sour cream, aioli, BBQ, sweet-Chili

SPECIAL DIPS 1,50 €
truffle mayonnaise [3], guacamole, curry-yuzumayonnaise [3], vegan mayonnaise, chili-cheese-sauce

STULLEN

TRØNDHÅM [3] **11,95 €**
toasted farmhouse bread, cream cheese, pulled salmon and honey-dill mustard sauce

PEANUT CHICKEN BREAD [1,3] **12,95 €**
toasted farmhouse bread, peanut butter, roasted chicken breast, fresh tomato slices, mango-avocado chutney and spring onions

vegan TIP!

Also available with vegan crunchy chicken!

RETRO MAX [1,2*,3] **10,95 €**
toasted farmhouse bread, mayonnaise, cooked ham, Chester cheese, pickled cucumber, fried egg, fried onions and spring onions

HOLY GUACAMOLI [1,2*,3,12] **12,95 €**
toasted farmhouse bread, guacamole, fresh avocado, tomato slices, bacon and fried egg

VEGAN

vegan **AWOKEADOO** [3] **9,95 €**
toasted farmhouse bread, Guacamole, avocado, bruschetta tomatoes, Walnuts and oregano

vegan **HUMMULICIOUS** [3,5] **10,95 €**
toasted farmhouse bread, hummus, wok vegetables, falafel, spring onions, vegan chimichurri mayonnaise



Appetizers

BRUSCHETTA 6,45 €
with olive oil, bruschetta tomatoes, basil pesto and Parmesan

BAKED FETA CHEESE 9,95 €
oven-baked feta cheese, marinated with olive oil and Mediterranean herbs, red onions, peppers and tomatoes

MIXED ANTIPASTI [1,2*,3,5,6] 9,95 €
with pickled zucchini, mushrooms, eggplant, mozzarella, tomato, Parma ham, etc.

MIXED ANTIPASTI [1,2*,3,5,6] **for two** 17,95 €

Soup

TOMATO CREAM SOUP with freshly baked naan bread 6,95 €

Urban Rolls

pizza rolls filled with:

Tomato sauce and cheese [1] 9,45 €
Tomato sauce, cheese [1]**, salami** [1,2*,3] **and jalapeños** 10,45 €
Tomato sauce, cheese [1] **and cooked ham** [1,2*,3] 10,45 €

VEGAN ROLLS [3] 10,95 €
pizza rolls filled with tomato sauce, vegan herder's cheese, fresh spinach leaves and semi-dried tomatoes

Crispy
French Fries

Classic 5,95 €
with a choice of 2 dips

URBAN Fries 5,95 €
with a choice of 2 dips

Sweet potato fries 6,45 €
with a choice of 2 dips

CLASSIC DIPS 1,00 €
mayonnaise [3], vegan ketchup, sour cream, vegan aioli, vegan BBQ, vegan sweet-Chili

SPECIAL DIPS 1,50 €
truffle mayonnaise [3], vegan guacamole, curry-yuzumayonnaise [3], vegan vegan mayonnaise, chili-cheese-sauce



Salads

SMALL MIXED SALAD — 5,95 €
mixed leaf lettuce with cherry tomatoes, cucumbers, bell peppers and fresh onions

NIZZA SALAD [1,2,3,5,6] — 15,95 €
mixed leaf lettuce, tuna fish, cherry tomatoes, cucumber, sardines, olives, onions, egg and capers

URBAN CHICKEN TANDOORI SALAD [2] — 16,95 €
Romaine lettuce with Caesar dressing, grilled Chicken Tandoori and marinated tomato cubes

SALAD WITH GOAT CHEESE [2*,3] — 13,95 €
mixed leaf lettuce with goat cheese, bacon bits, cucumber, caramelized walnuts and red grapes

VEGETARIAN SALAD — 12,95 €
mixed leaf lettuce with fresh and lukewarm wok vegetables, topped with chimichurri-sauce

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Your choice:

vegan · **white balsamic dressing** [3,5]
· **tomato-mustard dressing** [3]
· **yogurt dressing** [1,3]
· **Caesar dressing** [2]

Pizza *HOMEMADE*

MARGARITA 10,45 €
fruity tomato sauce, mozzarella and basil

VEGETARIANA 13,45 €
fruity tomato sauce, mozzarella and freshly grilled vegetables

vegan **FANNY'S VEGAN PIZZA** [1,2,3] 14,45 €
fruity tomato sauce, fresh grilled vegetables and vegan cheese

TONNO E CIPOLLA 14,45 €
fruity tomato sauce, mozzarella, tuna fish and onions

FUNGHI E PROSCIUTTO [2*,3,7] 14,45 €
fruity tomato sauce, mozzarella, cooked ham, and button mushrooms

URBANS DIAVOLO [1,2*,3] 14,45 €
fruity tomato sauce, mozzarella,
bell peppers, red onions, mild pepperoni
and spicy salami

PARMA [2*,3] 16,45 €
fruity tomato sauce, mozzarella
arugula leaves, Parma ham and
bruschetta tomatoes



Wok‘n‘Roll

vegan **MY THAI**
Thai curry with peanut sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans and Thai basil, served with basmati rice

THAI BASIL CHILI [1,2,4]
basil-chili sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli and beans, served with basmati rice

FRIED RICE [1,2,4]
fried basmati rice with Szechuan sauce, bell peppers, mushrooms, onions, carrots, zucchini, broccoli, beans, eggs and spring onions

tofu	chicken	prawns
14,95 €	15,95 €	15,95 €

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vegan **VEGAN CURRY** [1,2,4] — **10,95 €**
coconut curry with cooked chickpeas, beans, carrots, peppers, onions, leaf spinach and yellow lentils, served with basmati rice

URBAN‘S CHICKEN CHILI [1,4] — **12,95 €**
tender chicken breast strips in a creamy tomato-butter sauce with yogurt, Indian spices and a hint of chili, served with basmati rice

Burger

PURE URBAN BURGER [3] **9,45 €**
180 g* juicy ground beef with a home-made burger sauce, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

EXTENDED URBAN BURGER [1,3] **10,45 €**
180 g* juicy ground beef with a home-made burger sauce, Chester cheese, iceberg and oak leaf lettuce, pickled cucumbers, tomatoes, cocktail sauce, fresh red onions and fried onions

URBAN'S BACON BURGER NO 1 [1,2*,3,5] **11,45 €**
180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

URBAN'S BACON BURGER NO 2 [1,2*,3,5] **16,45 €**
doubly delicious with an extra patty and Chester cheese!
2x 180 g* juicy ground beef with a homemade burger sauce, crispy bacon, Chester cheese, iceberg and oak-leaf lettuce, tomatoes, pickled cucumbers, cocktail sauce, red onions and fried onions

Buns/bread rolls for your burger:

- vegan · **Wheat bread roll**
- vegan · **Multi-grain roll**
- **Sesame brioche bun**
- **Pretzel roll**

** gross weight*

The perfect accompaniment to your Burger:

vegan **MIXED SALAD** 5,95 €
with white balsamic dressing

FRENCH FRIES 5,95 €
with a choice of 2 dips

URBAN FRIES 5,95 €
with a choice of 2 dips

SWEET POTATO FRIES 6,45 €
with a choice of 2 dips

CLASSIC DIPS 1,00 €
mayonnaise [3], vegan ketchup,
sour cream, vegan aioli,
vegan BBQ, vegan sweet-Chili

SPECIAL DIPS 1,50 €
truffle mayonnaise [3], vegan guacamole,
curry-yuzumayonnaise [3],
vegan vegan mayonnaise,
chili-cheese-sauce



Special Burger

HEIDI'S FINEST [1,3] **15,45 €**
180 g* juicy ground beef, Chimichurri mayonnaise, goat cheese, iceberg and oak leaf lettuce, onion chutney, cranberries, walnuts and yogurt dressing

THE GERMAN (breadless) [1,2] **14,45 €**
180 g* juicy ground beef with Chester cheese, grilled vegetables, Parmesan, semi-dried tomatoes, tomatoes, pickled cucumbers, homemade burger sauce, feta cheese cubes, romaine lettuce and Caesar dressing

CRUNCHY CHICKEN BURGER [1,3,12] **15,45 €**
crispy chicken breast in cornflakes breading, curry-yuzu mayonnaise, crispy lettuce, Chester cheese, homemade mango-avocado chutney, ginger-marinated cucumbers and fried onions

SURF & TURF [1,3] **16,45 €**
180 g* juicy ground beef, Chimichurri mayonnaise, fried chili prawns, iceberg and oak leaf lettuce, fried onions, guacamole and cocktail sauce

CHILI CHEESE BURGER [1,3,12] **14,45 €**
180 g* juicy ground beef, homemade burger sauce, crispy lettuce, Chester cheese, hearty chili-cheese sauce, jalapeños, fried onions and chili strips

Buns/bread rolls for your burger:

- vegan · **Wheat bread roll**
- vegan · **Multi-grain roll**
- **Sesame brioche bun**
- **Pretzel roll**

** gross weight*



VEGETARIAN & VEGAN

vegan FEEL GOOD BURGER [2,3,4,5] — **11,45 €**
vegan patty with vegan burger sauce, iceberg- and oak leaf lettuce, pickled cucumbers, tomatoes, white balsamic dressing, red onions and fried onions

NICE LITTLE AND VEGETABLE BURGER [1,2,3,4] — **12,45 €**
crispy vegetable patty with a homemade burger sauce, Chester cheese, iceberg and oak leaf lettuce, tomatoes, fresh cucumbers, red onions, fried onions and cocktail sauce

vegan VEGAN CRUNCHY-CHICKEN-CHEESE BURGER [1,2,3,4] — **13,95 €**
vegan crunchy chicken patty with vegan burger sauce, iceberg and oak leaf lettuce, avocado-mango-chutney and vegan Chester cheese

The perfect accompaniment to your Burger:

vegan MIXED SALAD — **5,95 €**
with white balsamic dressing

FRENCH FRIES — **5,95 €**
with a choice of 2 dips

URBAN FRIES — **5,95 €**
with a choice of 2 dips

SWEET POTATO FRIES — **6,45 €**
with a choice of 2 dips

CLASSIC DIPS — **1,00 €**
mayonnaise [3], vegan ketchup, sour cream, vegan aioli, vegan BBQ, vegan sweet-Chili

SPECIAL DIPS — **1,50 €**
truffle mayonnaise [3], vegan guacamole, curry-yuzumayonnaise [3], vegan vegan mayonnaise, chili-cheese-sauce



Desserts

HOMEMADE

NEW YORK STYLE CHEESECAKE IN A JAR [1] **4,95 €**
with strawberry puree

WARM CHOCOLATE SOUFFLÉ [1] **6,95 €**
with vanilla sauce

with vanilla ice cream and whipped cream **7,95 €**

BLUEBERRY CRUMBLE [1] **8,95 €**
blueberries, blueberry puree, freshly baked crumble,
whipped cream and a scoop of vanilla ice cream

Cake

vegan **APPLE PIE**
OR CHEESECAKE [1] each **4,95 €**



SWEETS

Cocktail Happy Hour**

WHEN DRINKS COME TRUE

daily

between

17 – 19 h

& 21 – 23 h

***Classic Cocktails and Margaritas NOT available as Happy Hour Cocktails or Jumbo Cocktails!*



1 = with food dyes
2 = with preservatives
2* = preservative with nitrate
3 = with antioxidants
4 = with flavor enhancers
5 = with sulphur dioxide
6 = with blackening agent
7 = phosphate for meat products E338 - E341, E450 - E452
8 = milk protein for meat products
9 = containing caffeine
9b = elevated caffeine content (32 mg/100 ml)
10 = containing quinine
11 = sweeteners
12 = phenylalanine source in aspartame
13 = waxed
14 = taurine
= vegetarian
= vegan