Development Programme 2025



Important notes for Development Programme riders

Welcome to the CNZ Canterbury Track Cycling Development Programme. Our Programme is the premier introductory track cycling programme in New Zealand. The Programme began in 1985 and has introduced many young Cantabrians to the exciting sport of track cycling.

The Development Programme is run over four consecutive weeks, commencing Sunday 12 October, at Denton Park Velodrome, Hornby. Sessions run from 1.00-3.00pm; however, for the first session, please be ready for registration and bike allocation between 12.00-1.00pm before training commences.

Cost is \$150.00 per rider, and includes the use of a club track bike for the entire season, participation in the Development Programme, and ongoing tuition during the track racing season. Bring your own helmet, cycling gloves and shoes (and clip-in pedals if using).

Riders will participate in a series of four intensive training and coaching sessions. On the completion of these training sessions, the riders move to competition sessions held at the velodrome while still racing in development grade (depending on ability). Riders will join the main competition on Sunday 9 November, with registration from 3.00pm and racing from 4.00pm sharp.

At the completion of the Development Programme, all riders pay \$10.00 per race session.

Development Programme overview

Registration / rules of the track / safety / bike and helmet check / how to start: off the fence, standing, push start (caregiver participation) / how to stop / riding on the track / correct use of the banking / bike-handling skills / lapping up / starting technique / racing

Development bike rules

Priority will be given to first-year development riders

- Riders are not to change any equipment on the bike issued.
- 2. Bikes are for use at CTC race sessions, and are not to leave the Denton Park Track area, unless prior permission has been received from the Committee (refer rule #3).
- 3. If there is an opportunity to race in other areas of New Zealand, Development bikes may be used. A Bond payment of \$50.00 is required before the event, and will only be refunded if the bike is returned in the same condition as when bonded out. Any damage done whilst out is to be covered by the user.
- After each day of training/racing it is the user's responsibility to return the bike to the lock up rooms. DO NOT LEAVE YOUR BIKE OUTSIDE.

Payment

Direct payment of \$150.00 to ASB 12-3147-0354579-00. Please use surname as Reference.

Payment is due on registration.

Registration

Please either register <u>online</u> or download, complete and return the Registration Form at session 1 of the Development Programme.

2025 Programme dates

Sunday 12 October, 12.00pm

Sunday 19 October, 1.00pm

Sunday 2 November, 1.00pm

Sunday 9 November, 1.00pm, followed by Track Chat for new riders at 3.00pm and Club race session at 4.00pm