



# TETRA MEDICAL SOLUTIONS (Pty) Ltd

- The Natural Alternative -

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## Moringa Healing Oil

Moringa Oleifera is a medium-sized evergreen tree that is native to Africa and Asia. Also known as The Moringa Tree, the Drumstick Tree or The Miracle Tree, it has been prized by traditional societies for centuries thanks to its exceptional medicinal properties. Every part of the moringa tree is valuable: its seeds can be used to purify water; its bark, roots and flowers all have incredible medicinal properties and its leaves are one of the most nutrient-dense foods on the planet

Moringa oil is a natural oil extracted and cold-pressed from the seeds of the Moringa Oleifera tree, this oil is packed with essential fatty acids, antioxidants, and vitamins A, C, and E.

With its lightweight texture and fast-absorbing properties, it hydrates deeply without clogging pores — making it ideal for all skin types.

Here are some of the benefits of using moringa oil:

1. **Moisturizes skin:** Moringa oil is an excellent moisturizer for the skin due to its high concentration of vitamins A and E. It helps to hydrate and nourish the skin, making it look smoother and healthier.
2. **Anti-aging:** The high antioxidant content of moringa oil helps to fight free radicals, which are responsible for premature aging. Regular use of the oil can help to reduce fine lines, wrinkles, and other signs of aging.
3. **Anti-inflammatory:** Moringa oil has anti-inflammatory properties, which make it effective in reducing inflammation and swelling in the body. It is often used to treat arthritis, skin rashes, and other inflammatory conditions.
4. **Hair care:** Moringa oil is also beneficial for hair care. It contains essential fatty acids that help to nourish and strengthen hair follicles, promoting healthy hair growth. It can also be used to treat dandruff and other scalp conditions.
5. **Protects against environmental damage:** Moringa oil is rich in antioxidants, which protect the skin from environmental damage such as pollution and UV radiation. It also helps to reduce the appearance of dark spots and hyperpigmentation.

### Typical Nutritional Profile / Elemental Composition:

Moringa is rich in nutrition, and indicated the presence of a variety of essential phytochemicals present in its leaves, pods and seeds.

### Nutrient Chart



#### Some antioxidants present in Moringa

Alanine	Delta 7-Avenasterol	Prolamine
Alpha-Carotene	Glutathione	Proline
Arginine	Histidine	Quercetin
Beta-Carotene	Indole Acetic Acid	Rutin
Beta-Sitosterol	Indoleacetonitrile	Selenium
Caffeoylquinic Acid	Kaempferol	Threonine
Campesterol	Leucine	Tryptophan
Carotenoids	Lutein	Xanthins
Chlorophyll	Methionine	Xanthophyll
Chromium	Myristic Acid	Zeatin
Delta 5-Avenasterol	Palmitic Acid	Zeaxanthin

#### Vitamins

Vitamin A (Carotene)
Vitamin B1 (Thiamin)
Vitamin B2 (Riboflavin)
Vitamin B3 (Niacin)
Vitamin B6 (Pyridoxine)
Vitamin B7 (Biotin)
Vitamin C
Vitamin D
Vitamin E
Vitamin K

#### Minerals

Alpha-Carotene	Proline
Arginine	Quercetin
Beta-Carotene	Rutin
Beta-Sitosterol	Selenium
Caffeoylquinic Acid	Threonine
Campesterol	Tryptophan
Glutathione	Indoleacetonitrile
Histidine	Kaempferol
Indole Acetic Acid	Leucine

#### Essential Amino Acids

Phenylalanine	Tryptophan	Isoleucine	Lysine
Threonine	Valine	Leucine	Methionine

#### Non-essential Amino Acids

Alanine	Aspartic Acid	Glutamine	Histidine	Serine
Arginine	Cystine	Glycine	Proline	Tyrosine

## The nutrient compositions:

Nutrients	Fresh leaves	Dry leaves	Leaf powder	Seed	Pods
Calories (cal)	92	329	205	–	26
Protein (g)	6.7	29.4	27.1	35.97 ± 0.19	2.5
Fat (g)	1.7	5.2	2.3	38.67 ± 0.03	0.1
Carbohydrate (g)	12.5	41.2	38.2	8.67 ± 0.12	3.7
Fibre (g)	0.9	12.5	19.2	2.87 ± 0.03	4.8
Vitamin B1 (mg)	0.06	2.02	2.64	0.05	0.05
Vitamin B2 (mg)	0.05	21.3	20.5	0.06	0.07
Vitamin B3 (mg)	0.8	7.6	8.2	0.2	0.2
Vitamin C (mg)	220	15.8	17.3	4.5 ± 0.17	120
Vitamin E (mg)	448	10.8	113	751.67 ± 4.41	–
Calcium (mg)	440	2185	2003	45	30
Magnesium (mg)	42	448	368	635 ± 8.66	24
Phosphorus (mg)	70	252	204	75	110
Potassium (mg)	259	1236	1324	–	259
Copper (mg)	0.07	0.49	0.57	5.20 ± 0.15	3.1
Iron (mg)	0.85	25.6	28.2	–	5.3
Sulphur (mg)	–	–	870	0.05	137

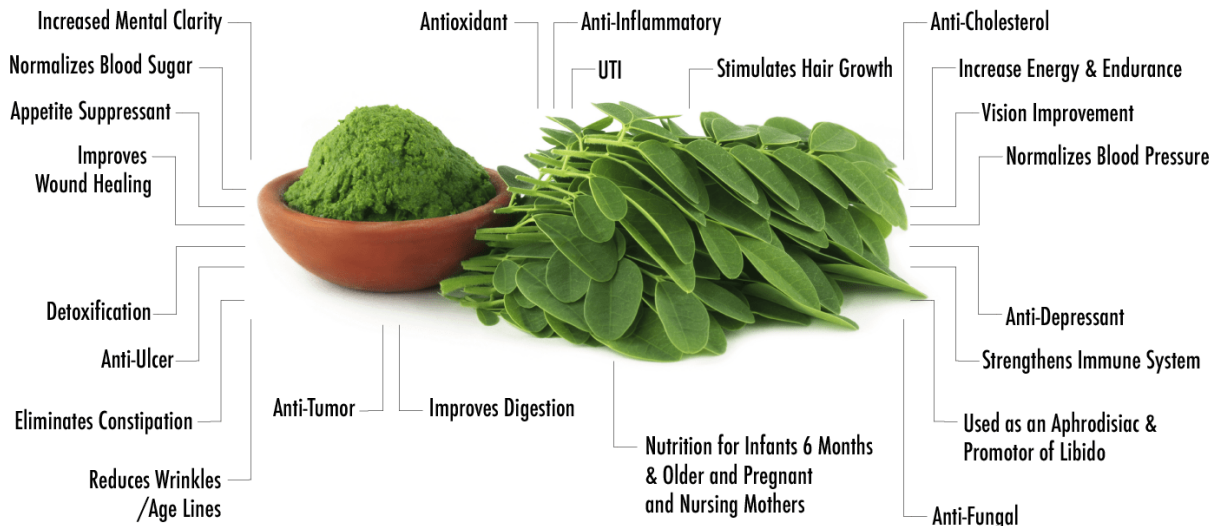
## Benefits of Moringa:

When it comes to moringa benefits, there are almost too many to count! Made from the naturally dried leaf of the Moringa Tree, moringa powder is one of the most nutrient-dense raw whole foods on the planet. Moringa consists of 92 Nutrients, 46 Antioxidants, 36 Anti-inflammatories, 18 Amino Acids (9 essential amino acids). As Moringa Powder is a natural source of these nutrients, it is highly bioavailable, so our bodies can absorb the benefits more easily than by taking synthetic supplements.

Benefits of continuous intake of Moringa:

- Nourishes the Immune System and increases the natural defences of the body
- Promotes Healthy Circulation
- Supports Normal Glucose Levels
- Natural Anti-Aging Benefits and promotes the cell structure of the body
- Provides Anti-Inflammatory Support
- Promotes Healthy Digestion
- Promotes Heightened Mental Clarity by providing nourishment to the eyes and the brain
- Boosts Energy Without Caffeine
- Encourages Balanced Metabolism with bio-available ingredients
- Promotes Softer Skin
- Provides Relief from Acne
- Supports Normal Hormone Levels
- Promotes natural Serum cholesterol
- Promotes the normal functioning of the liver and the kidney
- Acts as an antioxidant
- Promotes good sleep

# Traditional Medicinal Uses of MORINGA



## Uses of Moringa:

Moringa has a green, earthy taste - similar to spinach or matcha green tea. It is delicious mixed into food or drinks for a nutrient boost and perfect for boosting curries, stews, casseroles, soups, salads, green smoothies and more. Furthermore, Moringa is used in the medicinal and supplements industry and is further manufactured into various products like capsules and concentrates.

## Dosage Information:

- A few drops go a long way; apply directly to the face and massage into the skin.
- Apply around the eye area.
- Apply a few drops to the root of the hair or thinning hair area and massage into the scalp.
- Apply directly onto nails to strengthen.

## Warning:

- If you are on chronic medication, speak to your physician about taking Moringa
- Keep out of reach of children.

## Disclaimer:

Moringa is a natural food supplement therefore no medical claims are made or inferred, no claims regarding ameliorating, curing or positively affecting any medical conditions. The above content provided for informational purposes based on information and studies undertaken by numerous progressive and leading Moringa manufacturers worldwide.

## Storage:

Store in a cool dry environment below 25°C. Keep away from direct sunlight.

**Label:**

**DIRECTIONS FOR USE:**

For skin: Use as moisturizer, cleanser or make-up remover.

**MORINGA OIL BENEFITS:**

- Anti-aging
- Fast absorbing & hydrating
- Rich in antioxidants
- Repairs skin damage
- Encourages skin cell renewal
- Treats acne & dark spots

**MANUFACTURED FOR:**

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# MORINGA

*Healing Oil*



100ml

**INGREDIENTS:**

Cold pressed virgin Moringa Oil

**STORAGE INSTRUCTIONS:**

Keep in a dry place below 25°C  
Keep away from direct sunlight

**CAUTION:**

No medical claims made\*  
Pregnant women should  
consult a doctor

Keep out of reach of children

\* This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. Health supplements are intended only to complement health or supplement the diet.