



Salmon Protein Snack Box

A simple, delicious, high-protein snack that's perfect for busy days at work, school or on the go.



SERVES
1



PREP TIME
5 MIN



NO COOKING
REQUIRED



HIGH IN
PROTEIN

What You Need



1 (3.9 oz)
can salmon



Whole-grain
crackers



Cucumber
(sliced)



Cheese
(any kind)



Cherry tomatoes
(optional)



Lemon wedge
(optional)

How to Enjoy

1

Open and drain
the salmon.

2

Pack with crackers,
cucumber, cheese
and tomatoes.

3

Add a squeeze
of lemon, if desired.
Enjoy anywhere!



Open. Create. Enjoy.

GOOD FOR YOU



**HIGH-QUALITY
PROTEIN**
Helps keep you full and focused



**SUPPORTS
BRAIN HEALTH**
Rich in omega-3 fatty acids



REAL INGREDIENTS
Nutritious and delicious