



Salmon & Avocado Snack Bowl

Simple. Nutritious. Ready in minutes.

**SERVES**
1

**PREP TIME**
5 MIN

**NO COOKING**
REQUIRED

**HIGH IN**
PROTEIN

What You Need



1 (3.9 oz)
can salmon



½ avocado



Lemon juice



Everything seasoning
(or salt & pepper)



Mixed greens
(optional)

How to Enjoy

1 Open and drain the salmon.

2 Add to a bowl with sliced avocado and greens (if using).

3 Squeeze over lemon juice and sprinkle with everything seasoning. Enjoy!



Open. Create. Enjoy.

**GOOD FOR YOU**
HIGH-QUALITY PROTEIN
Helps keep you full and focused

**SUPPORTS BRAIN HEALTH**
Rich in omega-3 fatty acids

**REAL INGREDIENTS**
Nutritious and delicious