



Hot Honey Salmon Protein Cup

Sweet heat. Big protein. Ready in minutes.



SERVES
1



PREP TIME
2 MIN



NO COOKING
REQUIRED



HIGH IN
PROTEIN

What You Need



1 (3.9 oz)
can salmon



1/2 cup
cottage cheese



1/2 avocado
(diced)



Hot honey



Everything seasoning
(optional)

How to Enjoy

1

Open and drain
the salmon.

2

Spoon cottage cheese
into a cup, add salmon
and avocado.

3

Drizzle with hot honey,
season and enjoy
anywhere!



Open. Create. Enjoy.

GOOD FOR YOU



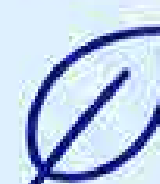
**HIGH-QUALITY
PROTEIN**

Helps keep you full and focused



OMEGA-3 FATTY ACIDS

Supports heart and brain health



SIMPLE INGREDIENTS

Convenient, nutritious and delicious