



September 2025

MYOWAY
CENTERS FOR KIDS

Grow Right, Breathe Right, Live Better

MOUTH MATTERS

MYOFUNCTIONAL WELLNESS NEWSLETTER



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CELEBRATING OUR WINS!

What parents are saying






"Since starting therapy with MyoWay my daughter has had more restful sleep, no longer snoring, less daytime tantrums, and even better letter pronunciation. The therapy is easy to incorporate into daily routines. I feel like I have a new, happier child."

"The MyoWay staff are SO knowledgeable and easy to work with! All of your questions will be answered and you will immediately find comfort knowing you and your child are in the best care. They are the BEST!"

"MyoWay Centers for Kids is backed by a professional, thoughtful, and passionate team of experts dedicated to improving the health and wellness of our region's children! Dr. Pasco built this business for all the right reasons, and her patients are in good hands!"

**THANK YOU FOR ENTRUSTING US
WITH YOUR CHILDREN'S CARE!**

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-  @myoway_centersforkids
-  @MyoWayCentersforKids
-  @DrLesliePasco
-  Dr. Leslie Pasco

AIRWAY HEALTH AND ACADEMIC SUCCESS

Better Breathing = Better Focus



As students head back to school, it's important to recognize the hidden factors that can impact their academic performance—especially jaw and airway dysfunction. Children with issues such as mouth breathing, tongue thrust, or sleep-disordered breathing often struggle with concentration, behavior, and energy levels in the classroom. Poor jaw development can restrict the airway, leading to disrupted sleep and reduced oxygen levels, which are critical for brain function and learning.

These challenges often go unnoticed, yet they can significantly affect a child's ability to stay focused, process information, and perform academically. Fortunately, interventions like myofunctional therapy can make a meaningful difference.

By addressing these issues early, myofunctional therapy can help children sleep better, breathe easier, and ultimately thrive in school. As the new academic year begins, it's the perfect time for parents and educators to consider the connection between oral health and academic success.

*"Learning is not attained by chance; it must be sought for with ardor
and attended to with diligence."*

~ Abigail Adams ~