

2024 AQUINAS BASKETBALL PROGRAM MEETING

3RD – 8TH GRADE INFORMATION



HIGH SCHOOL HEAD COACHES

GIRLS – Coach Dave Donarksi - dave@teamgear.us

BOYS – Coach Brad Reinhart - brad.reinhart@aquinasschools.org

BOYS & GIRLS CLUB CONTACTS

<u>Director of Athletics</u> Nick Bernhardt Nick.Bernhardt@bgclax.org 608-785-3162	<u>Athletic Operations</u> Toni Waughtal Toni.Waughtal@bgclax.org 608-784-6061
<u>Assistant Athletic Director</u> Justin Olson Justin.Olson@bgclax.org 608-881-7791	<u>Athletics Coordinator</u> Alex Gavrilos Alex.Gavrilos@bgclax.org

CONNECTING WITH THE HIGH SCHOOL PROGRAMS

- Head Coach Introduction (*program philosophy, goals & expectations*)
- Skill Development, All Inclusive, Positive Support System (*players, parents & coaches*)
- Fan Apparel Ordering Opportunities

BOYS & GIRLS CLUB – YOUTH ATHLETICS PHILOSOPHY

- Have Fun
- Be With Friends / Make New Friends
- Provide Strong Role Models
- Provide A Positive & Stress-Free Environment

UPCOMING PRE-SEASON SCHEDULES

3rd-6th Girls	7th & 8th Girls	3rd-6th Boys	7th & 8th Boys
<u>Tip-Off Camps</u> @ Mathy BGC October 21 3:30-4:45pm October 23 3:45-5:15pm	<u>Tip-Off/Evals</u> @ Erickson BGC October 6 & 13 2:30-4:00pm	<u>Tip-Off Camps</u> @ Mathy BGC October 14 3 rd /4 th (4:30-5:30pm) 5 th /6 th (5:45-6:45pm) October 21 3 rd /4 th (5:00-6:00pm) 5 th /6 th (6:00-7:00pm)	<u>Tip-Off/Evals</u> @ Erickson BGC October 13 & 20 4:00-5:30pm

ONLINE REGISTRATION & REQUIRED FORMS

- AQUINAS YOUTH BASKETBALL PAGE <https://www.bgclax.org/basketball>
- GNBL ONLINE WAIVER FORMS (*All 4th - 8th Grade Boys & Girls*)
<https://www.gnbl.org/page/show/4174972-liability-waiver-concussion-agreement>

FACILITY USAGE & SAFETY INFORMATION

SCHOOL FACILITIES – Aquinas administration has provided building guidelines & safety items for our scheduled practices. Only coaches & players should access the building during scheduled practices. Parents can plan to drop off & pick up their child at each school location. Teams should not prop open any exterior doors.

BOYS & GIRLS CLUB FACILITIES – Safety guidelines for Boys & Girls Clubs of America allow registered players & approved coaches in our Club facilities for scheduled practices. Approved coaches will be verified upon entry at Club locations. Parents can plan to drop off & pick up their child at our facilities.

TEAM ASSIGNMENTS (if enough kids for more than 1 team at a grade level)

3rd, 4th & 5th Grades – Equal teams will be created

6th Grade – HYBRID – Options available for skill-based or equal teams

**Decisions for 6th grade may change season to season*

7th & 8th Grades – Skill-based teams will be created

TOURNAMENT INFORMATION (4th – 8th Grades)

GREAT NORTHWEST BASKETBALL LEAGUE – www.gnbl.org

- All full game day tournament schedules & travel directions can be located here

3rd & 4TH GRADE LEAGUE GAME/TOURNAMENT INFORMATION

<u>3RD GRADE TEAMS</u>	<u>4TH GRADE TEAMS</u>
<ul style="list-style-type: none">• Participate in local league games• Typically, 1-2 games on Saturdays• Holmen, La Crosse, Onalaska & West Salem	<ul style="list-style-type: none">• Local league games & GNBL Tournaments• Local league: 1-2 games on Saturdays (<i>Dec</i>)• Holmen, La Crosse, Onalaska & West Salem• GNBL: 3 games on Saturdays (<i>Jan/Feb</i>)• Hosted within 45-minute commute

TEAM BUDGETS/ADDITIONAL TOURNAMENTS

Our program registration fee covers regular season events that are typically 5-6 total tournaments. Individual teams have the option to participate in more tournaments if interested. Please note, all fees for additional tournaments beyond our regular season schedule are covered by all participating families.

PRACTICE: SCHEDULES & SITES

Athletics Activities Calendar

<https://as.rschooltoday.com/public/genie/1260/school/4/>

-All Grades – Two 1.5 hour practices/week (*evenings between 4pm & 9pm*)

Trying to avoid Friday practices, if possible

SITES

Amie L. Mathy Boys & Girls Club – 811 8th Street South
Aquinas High School/Middle School – 315 11th Street South
Blessed Sacrament Elementary School – 2404 King Street
St. Patrick's Elementary School – 127 11th Ave North
Erickson Boys & Girls Club – 1331 Clinton Street

CUSTOM UNIFORMS (\$60)

- All 3rd-8th grade boys & girls need a custom uniform
- Sizing uniforms available tonight & at upcoming camps
- Uniform Sizing (*Size up for multiple seasons of use*)
- Scan the QR code to the right to complete the uniform order & submit payment. Uniforms ordered once payment is complete.



VOLUNTEER COACHES

Our youth programs thrive with the help of invested volunteer coaches. If interested, please contact Nick.Bernhardt@bgclax.org for more information

YOUTH & FAMILY SERVICES AVAILABLE

- Mental health services are available to all BGC athletic participants & families
- **Youth & Family Services Director** – Laquita Becker, laquita.becker@bgclax.org or 608-881-7792

AQUINAS/BGC BASKETBALL ROLES & EXPECTATIONS

COACHES / PARENTS / SPECTATORS

- Role models that positively & proudly represent their child, team & school
 - Utilize 24-hour rule for addressing issues & concerns

OFFICIALS / OPPOSING SPECTATORS

- Not in our control & best to involve event staff when situations arise