

2026 HOLMEN BASKETBALL PROGRAM MEETING

3RD – 8TH GRADE INFORMATION (revised 9/24)



BOYS & GIRLS CLUB CONTACTS

Vice President of Athletics

Jacob Servais – Jacob.Servais@bgclax.org / 608-519-3210

Director of Athletics

Nick Bernhardt – Nick.Bernhardt@bgclax.org / 608-785-3162

Athletics Operations

Toni Waughtal – Toni.Waughtal@bgclax.org / 608-784-6061

YOUTH & FAMILY SERVICES AVAILABLE

- Mental health services are available to all BGC athletic participants & families
- Youth & Family Services Director – Laquita Becker, laquita.becker@bgclax.org or 608-881-7792

HIGH SCHOOL HEAD COACHES

GIRLS – TBA

BOYS – Coach Ryan Meyer
Coach Vince Ruger

CONNECTING WITH THE HIGH SCHOOL PROGRAMS

- Program Philosophy, Goals & Expectations
- Skill Development, All Inclusive, Positive Support System (*players, parents & coaches*)
- Fan Apparel Ordering Opportunities (*through HS program*)

BOYS & GIRLS CLUB – YOUTH ATHLETICS PHILOSOPHY

- Have Fun
- Be With Friends / Make New Friends
- Provide Strong Role Models
- Provide A Positive & Stress-Free Environment

UPCOMING PRE-SEASON SCHEDULES

3 rd -6 th Girls	7 th & 8 th Girls	3 rd -6 th Boys	7 th & 8 th Boys
<u>Tip-Off Camp/Evals</u> @ Holmen Middle School October 19 3 rd /4 th (5:15-6:30pm) 5 th /6 th (6:45-8:00pm) October 20 3 rd /4 th (5:15-6:30pm) 5 th /6 th (6:45-8:00pm) <u>Evaluations</u> @ Holmen Middle School October 26 5 th (5:30-6:45pm) 6 th (6:45-8:00pm) October 27 5 th (5:30-6:45pm) 6 th (6:45-8:00pm)	<u>Tip-Off Camp/Evals</u> @ Skogen BGC September 27 (<i>open gym</i>) 6:00-7:15pm October 4 7 th (5:15-6:30pm) 8 th (6:30-7:45pm) October 5 8 th (6:00-7:15pm) 7 th (7:15-8:30pm)	<u>Tip-Off Camp/Evals</u> October 19 @ Skogen BGC 3 rd /4 th (6:00-7:30pm) October 22 @ Holmen Middle School 3 rd /4 th (6:00-7:30pm) <u>Evaluations</u> @ Skogen BGC October 17 5 th (4:00-5:30pm) 6 th (5:30-7:00pm) October 18 5 th (4:00-5:30pm) 6 th (5:30-7:00pm)	 <u>Evaluations</u> @ Skogen BGC October 10 7 th (4:00-5:30pm) 8 th (5:30-7:00pm) October 11 7 th (4:00-5:30pm) 8 th (5:30-7:00pm)

ONLINE REGISTRATION & WAIVER FORM LINKS

- [HOLMEN YOUTH BASKETBALL PAGE](#)
- [GNBL ONLINE WAIVER FORMS](#) (*All 4th - 8th Grade Boys & Girls*)
- NEW Registration Platform: [MY CLUB HUB](#)

TEAM ASSIGNMENTS (*if enough kids for more than 1 team at a grade level*)

3rd & 4th Grades – Equal teams will be created

5th Grade – HYBRID – Options available for skill-based or equal teams

**Decisions for 5th grade may change season to season*

6th - 8th Grades – Skill-based teams will be created

BGC HOLMEN BASKETBALL ROLES / EXPECTATIONS / CONDUCT (handouts)

COACHES / PARENTS / SPECTATORS

- Role models that positively & proudly represent their child, team & school
 - Utilize **24-hour rule** for addressing issues & concerns

OFFICIALS / OPPOSING SPECTATORS

- Not in our control & best to involve event staff when situations arise

FACILITY USAGE & SAFETY INFORMATION

SCHOOL FACILITIES – Holmen administration has provided building guidelines & safety items for our scheduled practices. All practices need to be approved & scheduled through our BGC Athletic Department for liability purposes. Only coaches & players should access the building during these scheduled practices. Parents can plan to drop off & pick up their child at each school location. Teams should not pop open exterior doors & communicate any locked doors with our BGC Athletic Department.

BOYS & GIRLS CLUB FACILITIES – Safety guidelines for Boys & Girls Clubs of America allow registered players & approved coaches in our Club facilities for scheduled practices. Approved coaches verified upon entry at Club locations. Parents can plan to drop off & pick up their child when scheduled at a Club location.

TOURNAMENT INFORMATION (4th – 8th Grades)

GREAT NORTHWEST BASKETBALL LEAGUE (All 4th – 8th Grade Boys & Girls)

TRI-STATE TOURNAMENTS (All 4th – 8th Grade Boys & Girls)

WISCONSIN PREMIER LEAGUE (5th – 8th Boys Junior Viking Teams)

3rd & 4TH GRADE LEAGUE GAME/TOURNAMENT INFORMATION

<u>3RD GRADE TEAMS</u>	<u>4TH GRADE TEAMS</u>
<i>*will use 27.5 inch ball</i> • Participate in local league games • Typically, 1-2 games on Saturdays • G-E-T, Holmen, La Crosse, Onalaska & West Salem	• Local games & GNBL Tournaments • Local Saturday games: <i>December 5 & 12</i> • Holmen, La Crosse, Onalaska & West Salem • GNBL: 3 games on Saturdays (<i>Jan/Feb</i>) • Hosted within 45-minute commute

PRACTICE: SCHEDULES & SITES

NEW!! - Athletics Activities Calendar

COMING SOON!! - Transitioning to new Bound Platform

-3rd Grade – One 1-1.5 hour practice/week (evenings between 6pm & 9pm)

-4th-8th Grades – Two 1-1.5 hour practices/week (evenings between 6pm & 9pm)

****Avoid Wednesday & Friday Practices****

SITES

Skogen Boys & Girls Club – 600 N Holmen Drive

Holmen Middle School – 502 North Main Street

Evergreen Elementary School – 510 Long Coulee Road

Prairie View Elementary School – 1201 Newport Lane

Sand Lake Elementary School – 3600 Sand Lake Road

Viking Elementary School – 500 E Wall Street

CUSTOM UNIFORMS (\$65)

- All 3rd-8th grade boys & girls need a custom uniform
- Sizing uniforms available tonight & at upcoming camps
- Uniform Sizing (*Size up for multiple seasons of use*)
- Scan the QR code to the right to complete the uniform order & submit payment. Uniforms ordered once payment is complete

VOLUNTEER COACHES

Our youth programs thrive with the help of invested volunteer coaches. If interested, please contact Nick.Bernhardt@bgclax.org for more information.

