

2025 HOLMEN BASKETBALL PROGRAM MEETING

3RD – 8TH GRADE INFORMATION



BOYS & GIRLS CLUB CONTACTS

Senior Director of Athletics

Nick Bernhardt – Nick.Bernhardt@bgclax.org / 608-785-3162

Director of Athletic Operations

Toni Waughtal – Toni.Waughtal@bgclax.org / 608-784-6061

Athletic Director

Justin Olson – Justin.Olson@bgclax.org / 608-881-7791

YOUTH & FAMILY SERVICES AVAILABLE

- Mental health services are available to all BGC athletic participants & families
- Youth & Family Services Director – Laquita Becker, laquita.becker@bgclax.org or 608-881-7792

HIGH SCHOOL HEAD COACHES

GIRLS – Coach Lionel Jones

BOYS – Coach Ryan Meyer
Coach Vince Ruger

CONNECTING WITH THE HIGH SCHOOL PROGRAMS

- Program Philosophy, Goals & Expectations
- Skill Development, All Inclusive, Positive Support System (*players, parents & coaches*)
- Fan Apparel Ordering Opportunities (*through HS program*)

BOYS & GIRLS CLUB – YOUTH ATHLETICS PHILOSOPHY

- Have Fun
- Be With Friends / Make New Friends
- Provide Strong Role Models
- Provide A Positive & Stress-Free Environment

UPCOMING PRE-SEASON SCHEDULES

3 rd -6 th Girls	7 th & 8 th Girls	3 rd -6 th Boys	7 th & 8 th Boys
<u>Tip-Off Camp/Evals</u> @ Skogen BGC October 19 3 rd /4 th (3:00-4:15pm) 5 th /6 th (4:15-5:30pm) October 21 3 rd /4 th (6:00-7:15pm) 5 th /6 th (7:15-8:30pm) <u>Evaluations</u> @ Skogen BGC October 27 5 th (6:00-7:15pm) 6 th (7:15-8:30pm) October 28 5 th (6:00-7:15pm) 6 th (7:15-8:30pm)	<u>Tip-Off Camp/Evals</u> @ Skogen BGC September 21 6:00-7:30pm September 28 6:00-7:30pm September 30 7:00-8:30pm	<u>Tip-Off Camp/Evals</u> @ Holmen Middle School October 20 & 23 3 rd /4 th (6:00-7:30pm) <u>Evaluations</u> @ Skogen BGC October 18 5 th (4:00-5:30pm) 6 th (5:30-7:00pm) October 19 5 th (5:30-7:00pm) 6 th (7:00-8:30pm)	<u>Evaluations</u> @ Skogen BGC October 4 7 th (4:00-5:30pm) 8 th (5:30-7:00pm) October 5 7 th (4:00-5:30pm) 8 th (5:30-7:00pm)

ONLINE REGISTRATION & WAIVER FORM LINKS

- [HOLMEN YOUTH BASKETBALL PAGE](#)
- [GNBL ONLINE WAIVER FORMS](#) (*All 4th - 8th Grade Boys & Girls*)

BGC HOLMEN BASKETBALL ROLES / EXPECTATIONS / CONDUCT

COACHES / PARENTS / SPECTATORS

- Role models that positively & proudly represent their child, team & school
 - Utilize 24-hour rule for addressing issues & concerns

OFFICIALS / OPPOSING SPECTATORS

- Not in our control & best to involve event staff when situations arise

FACILITY USAGE & SAFETY INFORMATION

SCHOOL FACILITIES – Holmen administration has provided building guidelines & safety items for our scheduled practices. All practices need to be approved & scheduled through our BGC Athletic Department for liability purposes. Only coaches & players should access the building during these scheduled practices. Parents can plan to drop off & pick up their child at each school location. Teams should not prop open exterior doors & communicate any locked doors with our BGC Athletic Department.

BOYS & GIRLS CLUB FACILITIES – Safety guidelines for Boys & Girls Clubs of America allow registered players & approved coaches in our Club facilities for scheduled practices. Approved coaches verified upon entry at Club locations. Parents can plan to drop off & pick up their child when scheduled at a Club location.

TEAM ASSIGNMENTS *(if enough kids for more than 1 team at a grade level)*

3rd & 4th Grades – Equal teams will be created

5th - 8th Grades – Skill-based teams will be created

TOURNAMENT INFORMATION *(4th – 8th Grades)*

GREAT NORTHWEST BASKETBALL LEAGUE *(All 4th – 8th Grade Boys & Girls)*

BDL/BADL &/or NY2LA *(5th – 8th Boys Junior Viking Teams Only)*

- All full game day tournament schedules & travel directions can be located here

3rd & 4TH GRADE LEAGUE GAME/TOURNAMENT INFORMATION

<u>3RD GRADE TEAMS</u>	<u>4TH GRADE TEAMS</u>
<i>*transition to 9-foot hoops & 27.5 inch ball</i>	
<ul style="list-style-type: none">• Participate in local league games• Typically, 1-2 games on Saturdays• Holmen, La Crosse, Onalaska & West Salem	<ul style="list-style-type: none">• Local games & GNBL Tournaments• Local Saturday games: <i>December 6 & 13</i>• Holmen, La Crosse, Onalaska & West Salem• GNBL: 3 games on Saturdays <i>(Jan/Feb)</i>• Hosted within 45-minute commute

TEAM BUDGETS/ADDITIONAL TOURNAMENTS

Our program registration fee covers regular season events that are typically 5-6 total tournaments. Individual teams have the option to participate in more tournaments if interested. Please note, all fees for additional tournaments beyond our regular season schedule are covered by all participating families.

PRACTICE: SCHEDULES & SITES

Athletics Activities Calendar

<https://as.rschooltoday.com/public/genie/1260/school/4/>

-All Grades – Two 1-1.5 hour practices/week *(evenings between 6pm & 9pm)*

****Avoid Wednesday Practices****

SITES

Skogen Boys & Girls Club – 600 N Holmen Drive

Holmen Middle School – 502 North Main Street

Evergreen Elementary School – 510 Long Coulee Road

Prairie View Elementary School – 1201 Newport Lane

Sand Lake Elementary School – 3600 Sand Lake Road

Viking Elementary School – 500 E Wall Street

CUSTOM UNIFORMS (\$65)

- All 3rd-8th grade boys & girls need a custom uniform
- Sizing uniforms available tonight & at upcoming camps
- Uniform Sizing *(Size up for multiple seasons of use)*
- Scan the QR code to the right to complete the uniform order & submit payment. Uniforms ordered once payment is complete



VOLUNTEER COACHES

Our youth programs thrive with the help of invested volunteer coaches. If interested, please contact Nick.Bernhardt@bgclax.org for more information.