

2025 AQUINAS BASKETBALL PROGRAM MEETING

2nd – 8TH GRADE INFORMATION



BOYS & GIRLS CLUB CONTACTS

Senior Director of Athletics

Nick Bernhardt – Nick.Bernhardt@bgclax.org / 608-785-3162

Director of Athletic Operations

Toni Waughtal – Toni.Waughtal@bgclax.org / 608-784-6061

Athletic Director

Justin Olson – Justin.Olson@bgclax.org / 608-881-7791

YOUTH & FAMILY SERVICES AVAILABLE

- Mental health services are available to all BGC athletic participants & families
- **Youth & Family Services Director** – Laquita Becker, laquita.becker@bgclax.org or 608-881-7792

HIGH SCHOOL HEAD COACHES

GIRLS – Coach Dave Donarksi - dave@teamgear.us

BOYS – Coach Brad Reinhart - brad.reinhart@aquinasschools.org

CONNECTING WITH THE HIGH SCHOOL PROGRAMS

- Head Coach Introduction (*program philosophy, goals & expectations*)
- Skill Development, All Inclusive, Positive Support System (*players, parents & coaches*)
- Fan Apparel Ordering Opportunities

BOYS & GIRLS CLUB – YOUTH ATHLETICS PHILOSOPHY

- Have Fun
- Be With Friends / Make New Friends
- Provide Strong Role Models
- Provide A Positive & Stress-Free Environment

UPCOMING PRE-SEASON SCHEDULES

2 nd -6 th Girls	7 th & 8 th Girls	2 nd -6 th Boys	7 th & 8 th Boys
<u>Tip-Off Camps</u> @ Mathy BGC	<u>Tip-Off/Evals</u> @ Erickson BGC	<u>Tip-Off Camps</u> @ Mathy BGC	<u>Tip-Off/Evals</u> @ Erickson BGC
October 20 3:45-5:15pm	Sept 28 & Oct 5 1:00-3:00pm	October 20 2 nd -4 th (5:30-6:30pm) 5 th /6 th (6:45-7:45pm)	October 12 6:00-7:30pm
October 22 3:45-5:15pm	October 12 3:00-5:00pm	October 22 2 nd -4 th (5:30-6:30pm) 5 th /6 th (6:45-7:45pm)	October 19 6:00-7:30pm

ONLINE REGISTRATION & REQUIRED FORMS

- AQUINAS YOUTH BASKETBALL PAGE <https://www.bgclax.org/basketball>
- GNBL ONLINE WAIVER FORMS (*All 4th - 8th Grade Boys & Girls*)
<https://www.gnbl.org/page/show/4174972-liability-waiver-concussion-agreement>

BGC AQUINAS BASKETBALL ROLES / EXPECTATIONS / CONDUCT

COACHES / PARENTS / SPECTATORS

- Role models that positively & proudly represent their child, team & school
 - Utilize 24-hour rule for addressing issues & concerns

OFFICIALS / OPPOSING SPECTATORS

- Not in our control & best to involve event staff when situations arise

TEAM BUDGETS/ADDITIONAL TOURNAMENTS

- Our program registration fee covers regular season events that are typically 5-6 total tournaments. Individual teams have the option to participate in more tournaments, if interested, with additional cost.

FACILITY USAGE & SAFETY INFORMATION

SCHOOL FACILITIES – Aquinas administration has provided building guidelines & safety items for our scheduled practices. Only coaches & players should access the building during scheduled practices. Parents can plan to drop off & pick up their child at each school location. Teams should not prop open any exterior doors.

BOYS & GIRLS CLUB FACILITIES – Safety guidelines for Boys & Girls Clubs of America allow registered players & approved coaches in our Club facilities for scheduled practices. Approved coaches will be verified upon entry at Club locations. Parents can plan to drop off & pick up their child at our facilities.

TEAM ASSIGNMENTS (if enough kids for more than 1 team at a grade level)

2nd, 3rd, 4th & 5th Grades – Equal teams will be created

6th Grade – HYBRID – Options available for skill-based or equal teams

**Decisions for 6th grade may change season to season*

7th & 8th Grades – Skill-based teams will be created

TOURNAMENT INFORMATION (4th – 8th Grades)

GREAT NORTHWEST BASKETBALL LEAGUE – www.gnbl.org

- All full game day tournament schedules & travel directions can be located here

2ND, 3RD, 4TH GRADE LEAGUE GAME/TOURNAMENT INFORMATION

<u>2ND/3RD GRADE TEAMS</u>	<u>4TH GRADE TEAMS</u>
<i>*transition to 9-foot hoops & 27.5 inch ball</i>	
• Participate in local league games • December 6, 13, 20 / January 10, 17, 24, 31 / February 7, 14 • Typically, 1-2 games on Saturdays • Holmen, La Crosse, Onalaska & West Salem	• Local games & GNBL Tournaments • Local Saturday games: December 6 & 13 • Holmen, La Crosse, Onalaska & West Salem • GNBL: 3 games on Saturdays (Jan/Feb) • Hosted within 45-minute commute

PRACTICE: SCHEDULES & SITES

Athletics Activities Calendar

<https://as.schooltoday.com/public/genie/1260/school/4/>

- **2nd & 3rd Grades:** 1-2 practices/week (1-1.5 hours) (between 4pm & 8pm)

- **4th – 8th Grades:** 2-3 practices/week (1-1.5 hours) (between 3pm & 9pm)

Trying to avoid Friday practices, if possible

SITES

Amie L. Mathy Boys & Girls Club – 811 8th Street South
Aquinas High School/Middle School – 315 11th Street South
Blessed Sacrament Elementary School – 2404 King Street
St. Patrick's Elementary School – 127 11th Ave North
Cathedral Elementary School – 1319 Ferry Street
Erickson Boys & Girls Club – 1331 Clinton Street

CUSTOM UNIFORMS (\$65)

-2nd grade boys & girls **DO NOT** need a custom uniform
-All 3rd-8th grade boys & girls need a custom uniform
-Sizing uniforms available tonight & at upcoming camps
-Uniform Sizing (*Size up for multiple seasons of use*)
-Scan the QR code to the right to complete the uniform order & submit payment. Uniforms ordered once payment is complete.



VOLUNTEER COACHES

Our youth programs thrive with the help of invested volunteer coaches. If interested, please contact Nick.Bernhardt@bgclax.org for more information & completing our onboarding process.