



Youth & Family Services

Boys & Girls Clubs of Greater La Crosse

Quarterly Newsletter
July 2025

Hello Boys & Girls Club Families,

The Youth & Family Services team are excited to present the next quarterly newsletter. Each of our newsletters will provide topics about promoting positive youth development along with additional resources from other professionals and updates from our department.

Topic of Focus

Youth develop resilience through strong and positive relationships with adults in their life. The Search Institute offers a framework that acts as a guide for adults to build, maintain, and evaluate their relationship with youth that includes 5 key elements and 20 specific actions.

This quarter's issue will focus on the second key element of challenge growth.

Actions to challenge growth you can do over the next week

Expect my best

How can I help my child live up to their potential?

Stretch

How can I push my child to go further?

Hold me accountable

What can I do to help my child take responsibility for their actions?

Reflect on failures

What ways can I help my child learn from their mistakes and setbacks?

Help youth set and accomplish SMART goals



Challenge

Find a time to sit down and set 1-2 SMART goals that your child wants to accomplish. Then pick a regular time to check in on the progress of the identified goals.

Summer Workshops with YFS

Cake Camp

A four-session workshop that taught teens how to make and decorate cakes. In addition to learning life skills in the kitchen, this experience promoted skills in confidence, teamwork, and accepting imperfections.



The Fine Art of Friendship

A ten-session workshop that focused developing friendship, kindness, healthy communication, and empathy skills. Members learned these skills through various art activities and put on an art show with all of the work that they completed.



Look for the **next issue in October** to focus on more key elements and actions that promote developmental relationships. To learn more about developmental relationships, you can go to the Search Institute website at searchinstitute.org/developmental-relationships