



BOYS & GIRLS CLUBS
OF GREATER LA CROSSE

WRESTLING

4K - 8TH GRADES

The Boys & Girls Club has a long and proud tradition of excellence in its youth wrestling program. Anyone in Pre-K – 8th grade is eligible to participate. We welcome first time and experienced wrestlers, male and female with the season running from November through March.

SKILL • CONFIDENCE • FRIENDSHIPS • LIFELONG IMPACT



PRE-SEASON MANDATORY PARENT MEETING



Monday, November 9th
6:00pm

Logan High School Auditorium
(1500 Ranger Drive)

All parents **MUST** attend, as we will be discussing the specifics of the program. Please remember to register prior to the night of the meeting as we will be checking in all attendees.



PRACTICES

Pre-K – 2nd Grade

Tuesdays & Thursdays

**Pre-K only attends Tuesday sessions*

November 17 – December 22

6:00pm – 7:00pm

@ Logan Middle Wrestling Room

Starting January 5 – Practice Time Change

5:30pm – 6:30pm

@ Logan Middle Wrestling Room

3rd – 5th Grade

Tuesdays & Thursdays

**starting November 17*

6:15pm – 7:45pm

@ Logan High Wrestling Room

6th – 8th Grade

Tuesdays & Thursdays

**starting January 5*

6:45pm – 8:15pm

@ Logan Middle Wrestling Room



TOURNAMENTS

Wrestlers will have the opportunity to compete in tournaments beginning in December and will run through March for those that qualify. Wrestlers will also have an opportunity to participate in the Freestyle & Greco seasons.

Tournament participation is optional.



TOURNAMENT FEES

Entry fees will also be required for entering weekend tournaments (usually \$20.00 - \$25.00/tournament).



ACTIVITY FEES

Pre-K: \$40.00

K – 8th Grade: \$80.00



STAFF

The coaching staff has many years of wrestling experience at the high school and college level. Coaches will emphasize teaching the fundamentals & enjoyment of the sport.



FACEBOOK: Please also find us on Facebook under Boys & Girls Club Youth Wrestling La Crosse



ONLINE PROGRAM REGISTRATION & PAYMENTS

can be completed at:

<https://bgcgreaterlacrosse.my.site.com/portal/s/login/?ec=302&startURL=%2Fportal%2Fs%2F>



FOR ADDITIONAL INFORMATION PLEASE CONTACT

Nick Bernhardt

608-785-3162

Nick.Bernhardt@bgclax.org

REGISTRATION DEADLINE: NOVEMBER 9