

**Quantum Voice™**  
**The Presenter's Edge**  
**A 6 Session 1:1 Program for those preparing for**  
**Keynotes, TEDx, and Stage Presentations**



**A Special Invitation**

You have an important message to share. It chose you and you *have* to voice it. But if you're like many I work with, getting on the big stage can be overwhelming, even terrifying.

As a professionally trained opera singer and presenter, I get it.

I remember when I first stepped on the stage as a soloist. Part of me couldn't wait to share my message, while another part wanted to run and hide.

Juggling those two parts of myself began a life-long journey of learning how to overcome my fears so that I could actually *enjoy* what I came into this world to do: to be on the stage, to share my voice, and to positively influence and transform others.

Being on the stage is the epitome of multi-tasking. Particularly when you are it. Solo. *No one to bail you out.*

You're aware of the audience, the man in the front row sleeping, the stage lights, sweat trickling in strange places, and muscles you didn't know you had, trembling.

All the while, your voice needs to be steady, your posture confident, and your message engaging.

It takes preparation, practice, and guts.

Quantum Voice™ explores your voice *beyond* your voice.

Whether preparing for TEDx or high-stakes presentations, Quantum Voice™ sessions are tailored to bring out your *best voice* in order to elevate your presentation to its *optimal frequency*.

You will not only learn how to offer a confident, prepared and engaging presentation, but your voice will align with your inner truth, so that you aren't just communicating—you're **activating, uplifting, and transforming** the space around you, sending out powerful, quantum-level shifts into the world.

Let's schedule a 15 minute call. I'd like to hear your voice, learn your goals, and connect. Let's see if it's a match.

Thanks for exploring the quantum possibilities of expression.

Denise



*“Denise’s patient and personalized teaching style created a space where I felt supported and inspired. This investment was more than worth it. I look forward to continuing this journey with Denise as I develop my voice.” Herbert G.*

### **The Unique Quantum Journey**

Quantum Voice™ isn't just about singing or speaking better; it's about honoring your unique message by:

**Embracing your voice to share your mission**—its imperfections, strengths, beauty, creaks and croaks.

**Returning to your breath so people feel your power and presence**—the big, deep breaths and the subtle breath that accesses your energy field, informs your body, fuels your voice, and steadies mental chaos.

**Remembering your ability to manifest with ease**—setting the space for success, ease, and steadiness both on stage and in daily life.

## **The Quantum Voice™ Method**

We work in 5 key areas. And I customize the program to suit your specific needs.

### **Vocal Exercises and Breathwork**

We'll explore how to:

- Speak with clarity so that you're understood
- Vary your vocal tone and range so that you're engaging
- Project your voice without wearing it out or sounding pressed
- Warm up and warm down to prevent fatigue and hoarseness
- Regular exercises to improve your range, sound, and comfort
- Support your voice with your breath and full body resonance
- Transmit your key promise and takeaway

### **Physical Movement**

We'll explore:

- Stage presence tricks of the trade and how to work the stage
- How your body and energy field are an extension of your voice and why that's important

### **Subtle Body**

We'll identify:

- Mental habits and thoughts that are stealing your breath and creating hidden blocks in your field
- Stored emotions that are holding back your full vocal expression

### **Sacred Sound**

We'll work with various sound modalities to:

- Support your nervous system and mental wellness
- Tune into your highest and greatest good that fuels the true essence of your presentation
- Nourish your voice and soothe your mind

### **Energetic Practices**

We'll learn specific practices that will:

- Set the space for your successful presentation
- Address pre-presentation adrenalin and stage fright
- Support a clear, safe energy field

### **Presentation Practice**

We will:

- Practice and refine your presentation so that you will radiate confidence and comfort while also enjoying yourself. As the presenter, you are the host of the party. The more at ease you are as the host, the more your audience will engage and be present with your message. Practice indeed makes perfect.

*Note: You will receive an mp3 of the exercises, curated specifically for you to help you meet your goals, to practice with.*



### **Suggested Number of Sessions:**

I recommend a minimum of 6 sessions, meeting once a week, once a month, or twice a month (via zoom).

Please note: Your voice needs time to develop new habits that support vocal strength, comfort, ease, and authenticity.

My goal is for you to develop muscle memory and energetic ease so that by the time you go live, all you'll have to do is tune in and enjoy.

### **The Investment:**

#### **\$1888.00 includes:**

- 6 1:1 Sessions with me
- Individualized exercises, mantras, and recommendations that will help you embody these practices.
- An invitation to join my weekly Thursday night sessions for FREE during our time working together.  
Every Thursday from 7:00-7:30 PM EST via zoom.

### **What's Next?**

**Schedule your complimentary 15 minute call** to see if it's a match.

Please use the contact form at [www.soundawakenings.com](http://www.soundawakenings.com)

### **Testimonials**

*“My journey with Denise has been transformational. Her training has empowered me to present my voice to the public.” HG*

*“I would definitely recommend this course to anyone who feels the call to heal through sound in order to lead you to speak up and sing out.” Erin*

*“If you are considering making an investment in yourself, look no further.” KH*

*“The voice classes and healing sound healed me to free my singing voice. I sang in front of others for the first time since I was a little girl.” EF*