

Quantum Voice™
The Online Presence Package
A 6 Week 1:1 Program For Podcasters, Teachers & Virtual Presenters



“Denise’s patient and personalized teaching style created a space where I felt supported and inspired. This investment was more than worth it. I look forward to continuing this journey with Denise as I develop my voice.” Herbert

A Special Invitation

Most of us didn’t choose to be online, amplified, or remotely communicating our offerings, but if you’re like me, Covid gave me no choice.

I was lucky. I *happened* to have all of the sound equipment tucked away in the depths of my closet, gathering dust in unopened boxes for some future corporate event. I had purchased it all on a gut instinct.

I never expected to have to connect it to my computer and to try and amplify the singing bowls that my teacher insisted should never be amplified. Or to teach yoga classes to a muted room of students that I couldn’t even see.

I felt awkward, vulnerable, and...excited.

Once I got used to it, I loved it.

Connecting with students all around the world is one of the gifts that this practice has given me. But it’s not without challenges.

Being on screen and in front of the microphone, whatever type it is, is both exhilarating and intimidating. You are it. Solo. Holding the space for your listeners and participants. *No one to bail you out.*

It takes preparation, practice, and guts.

You're online because you have an important message to share. It chose you and you *have* to voice it. And now, it's time to embrace *your voice*. *Refine* your voice. *Be* heard.

Your audience is craving something real, something virtuosic that resonates on a soul level. And with the right method, practice, and the courage to show up as your *whole self*, greatness is not just possible, it's inevitable.

The Quantum Voice™ method explores the voice beyond the voice. Whether you're a podcast host, online teacher or virtual presenter, this training is tailored to bring out your *best voice* in order to elevate your presentation to its *optimal frequency*.

I invite you to look over the details below. Feel into your gut, your heart, and your intuition and see if it's a good fit. Reach out and let's have a conversation. I'd like to hear your voice and connect with you.

Denise



The Unique Quantum Journey

Quantum Voice™ isn't just about speaking or singing better; it's about honoring your unique message by:

Embracing your voice—its imperfections, strengths, beauty, creaks and croaks.

Returning to your breath—the big, deep breaths and the subtle breath that accesses your energy field, informs your body, fuels your voice, and steadies mental chaos.

Remembering your manifestation magic—setting the space for success, ease, and steadiness both online and in daily life.

When your voice aligns with your inner truth, you don't just communicate—you **activate, uplift, and transform** the space around you, sending out powerful, quantum-level shifts into the world.

The Quantum Voice™ Method

As a sound healing artist and vocal technician, **my super power is deep listening**, and as a deep listener, I hear and see how to most effectively guide you on your presentation journey.

I don't work with a written syllabus; instead, I work with your divine syllabus by accessing and working with your physical, subtle, mental, and spiritual voices.

What does that mean?

The divine syllabus always has more in mind, but here are a few options we will explore (but are not limited to):

Vocal Exercises and Breathwork to Help You:

- Speak with clarity, authority, and comfort while also engaging your audience
- Be heard
- Embrace your unique voice and communicate the wisdom of your message
- Find optimal vocal wellness, stamina, and longevity

Physical Movement That Addresses:

- Posture and Presence—body language, eye focus, and holding the space for others
- Your Full Vocal Mechanism—how your body and energy field are an extension of your voice and why that's important

Subtle Body Work To Identify:

- Energetic Blocks and Mental Resistance
- Habitual Responses and Holding Patterns
- Stored Emotions That Prevent Full Vocal Expression

Sacred Sound To:

- Support a healthy nervous system
- Tune Into Your Dynamic Presentation
- Align With Your Highest and Greatest Good

Energetic Practices To:

- Support a Clear, Safe Field of Energy
- Set the space for a successful online presentation
- Address pre-presentation adrenalin and stage fright

Presentation Practice, Music, and Poetry Readings To:
Play and Have Fun!

Note: You will receive an mp3 of the exercises, curated specifically for you to help you meet your goals, to practice with.

The Full Shebang

These techniques are timeless and, when practiced, will have lasting benefits *beyond* your presentation goals.

Timeless Physiological Benefits Include:

- Increased vocal stamina and strength
- Decreased phlegm, throat clearing, and fillers such as “um”
- Vocal clarity and ease (particularly as the voice ages)
- Healthier lungs and respiration
- Clearer diction and comfort communicating

Timeless Energetic Benefits Include:

- Ability to radiate your truth
- Awareness of your energy field and how you are resonating
- Comfort in your own skin
- Clear channel of communication

**Suggested Number of Sessions:**

I recommend a minimum of 6 sessions, meeting once a week, once a month, or twice a month (via zoom).

Your voice needs time to develop new habits that support vocal strength, comfort, ease, and authenticity.

My goal is for you to develop muscle memory and energetic ease so that by presentation day, all you'll have to do is tune in and enjoy.

The Investment:

\$1888.00 includes:

- 6 1:1 Sessions with me
- Individualized exercises, mantras, and recommendations that will help you embody these practices.
- An invitation to join my weekly Thursday night sessions for FREE during our time working together.

Every Thursday from 7:00–7:30 PM EST via zoom.

Please Note: I am *not* a sound engineer and recommend the experts at Sweetwater to advise you on what sound equipment to purchase. www.sweetwater.com

What's Next?

Schedule your complimentary 15 minute call to see if we resonate.

Please use the contact form at www.soundawakenings.com

Testimonials

"My journey with Denise has been transformational. Her training has empowered me to present my voice to the public." HG

"I would definitely recommend this course to anyone who feels the call to heal through sound in order to lead you to speak up and sing out." Erin

"If you are considering making an investment in yourself, look no further." KH

"The voice classes and healing sound healed me to free my singing voice. I sang in front of others for the first time since I was a little girl." EF