

Quantum Voice®

1:1 Mentorships

for Healers, Teachers, Creatives, Therapists, Performers, and Conscious Beings



“My time studying with Denise was personally transformative. I began to tune into my voice and my breath in a way I never anticipated. In the process, I began to reclaim parts of me that have been waiting to be voiced. Empowering.” Kathy

When I took my first voice lesson, umpteen years ago in 7th grade, I had no idea that I’d land here, with a room full of singing bowls, instruments, and healing tools, all intended to not only awaken my voice to raise my own frequency, but to help raise the frequency of humanity. Holy Moses. I’m not sure I would have signed up for that one!

You’re here because you’re doing the same. Serving others. Holding the space for others. Honoring that there’s valuable work to be done and doing it.

You and I speak a unique language. We live outside of the box and are often misperceived, but continue the path of learning and expansion because it’s what we *must do*.

My lifelong process of finding my voice has been a gargantuan healing journey. Both devastating and awakening, strangling and freeing, heart-wrenching and heart-opening.

I realize that I’ve spent my life resisting being put into “the box.”

- The box of lyric coloratura mezzo-soprano on the opera stage.
- The box of the new wife who should have a baby rather than a career.
- The box of the supportive, unquestioning daughter of a mentally ill parent.
- The box of the dedicated student who silenced her voice to devote her life to her teacher.

I’ve learned that boxes don’t work for me.

And, fortunately, I’m standing on top of a large tower of boxes, singing a healing song and sharing it with others. The more boxes I’ve broken out of, the better teacher I’ve become.

Quantum Voice™ is blossoming during this unprecedented time for a special reason. We **need all voices on deck** standing on top of the box, sharing the frequencies of Divine love. All in our individual ways, with our unique voices, helping others find *their* voices.

You've done the work, you're out there on the front lines, and *you're* voice is ready to fully develop.

Maybe you've given so much of yourself that you're exhausted. Or perhaps you know that you have more to give and need help uncovering it. Maybe, just maybe, your voice is screaming to be heard.

Whatever the reason, it's of value. You're here, exploring the possibility of going quantum with me.

I honor you. I honor your work. Thanks for being here. Tap into your gut, your heart, and your voice and let's see if it's a fit.

Love and gratitude, Denise

A Special Invitation

The Quantum Voice® Multidimensional Map

As a sound healing artist, vocal technician, and energetic intuitive, **my super power is deep listening**, and as a deep listener, I hear and see how to most effectively guide you on your healing journey. I don't work with a written syllabus. Instead, at each session, I meet you where you. *Depending on your goals and needs, we will explore:*



Vocal Exercises and Breathwork to Help You:

- Speak and/or Sing More Clearly, Comfortably, and With Longevity
- Access Your Resonant Wisdom
- Be Heard

Physical Movement That Addresses:

- Body/Breath Awareness
- Stagnant Energy
- The Full Vocal Mechanism

Subtle Body Work To Identify:

- Energetic Blocks and Mental Resistance
- Habitual Responses and Holding Patterns
- Embedded Trauma
- Stored Emotions That Prevent Full Vocal Expression

Sacred Sound To:

- Support A Healthy Nervous System
- Tune the Chakras, Nadis, and Koshas
- Tune Into Your Divine Vocal Connection
- Align With Your Highest and Greatest Good

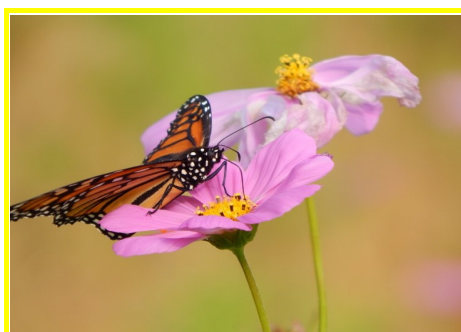
Energetic Practices To:

- Support a Clear, Safe Field of Energy

Music, Repertoire, Poetry, Readings To:

- Play
- Prepare for presentations/concerts
- Simply have fun!

***Note:** You will receive an mp3 of the exercises, curated specifically for you to help you meet your goals, to practice with.*



Saying YES to this experience is a turning point, and it's important that we co-create a *safe space* for you to explore. This work can be vulnerable and deep, and some exercises might be challenging, but QV supports vocal play, laughter, and honesty, inviting a process that can be soft, gentle, and renewing.

Saying YES means that you're ready to:

Activate, uplift, and transform the space within and around you, sending out powerful, quantum level shifts into your daily life that ripples out into the world.

Commit. The attention and focus you devote to your retuning process makes all the difference. The practices are just that, practices. Please, only sign up for mentorship if you are willing to create time and space *every day* to your self-healing and retuning process.

Suggested Number of Sessions:

I recommend starting with 6 sessions, meeting once a week, once a month or twice a month (via zoom).

This builds momentum while also sending your field a message that you are willing to prioritize your healing path.

Your voice also needs time to develop new habits that support vocal strength, comfort, ease, and authenticity.

The Unique Quantum Journey Investment:

\$1888.00 Includes:

- 6 1:1 **90 minute** sessions with me (over 6 months or less)
- Individualized exercises, mantras, and recommendations that will help you embody these very special practices.
- An invitation to join my weekly Thursday night sessions for FREE during our time together. 7:00-7:30 PM EST via zoom.
- Daily quiet time for home play and practice.

What's Next?

Schedule your complimentary 15 minute call.

Please use the contact form at www.soundawakenings.com/contact

Testimonials

"My journey with Denise has been transformational. Her training has empowered me to present my voice to the public." HG

"I would definitely recommend this course to anyone who feels the call to heal through sound in order to lead you to speak up and sing out." Erin

"If you are considering making an investment in yourself, look no further."
KH

"The voice classes and healing sound healed me to free my singing voice. I sang in front of others for the first time since I was a little girl." EF