

LAMPION CENTER

BACKGROUND

Mission: Empowering individuals, children, and families by lighting their path through innovative counseling solutions and dynamic community engagement.

Founded in 1885 by a group of strong and committed local women, we continue to move boldly to serve the evolving needs of families and individuals, many of whom are the most vulnerable in our community. Lampion Center's services include mental health therapy, adoption, family strengthening, and development of community resilience. Lampion Center is widely recognized for the strength of our services and meaningful impact. With a strong and experienced team, we are deeply rooted as mental health leaders and advocates at the local and state levels.

STATEMENT OF NEED

We believe mental health therapy is a necessity. Yet for many of the most vulnerable members of our community, mental health therapy remains out of reach without financial support. We are urgently seeking funding to ensure that Lampion Center's critical therapy services remain available, especially for those who cannot afford care elsewhere. Many of our clients face tremendous emotional and financial hardships, and we stand as one of the few providers in our area committed to serving everyone, regardless of income.

Major funding losses continue to jeopardize the stability of our services, even as we work in earnest to transition and streamline in all ways possible. Without financial support, we may face the real possibility of having to reduce staff and services, the impact of which would be devastating. Therapy, for those facing crisis or living in trauma, is a lifeline. No one should be denied that lifeline because they cannot afford mental health care for themselves or their children.

Medicaid, client payments, and limited insurance reimbursements cover only a fraction of the actual cost for us to provide therapy. Over 90% of our clients use a form of payment that does not cover the cost of care. On average, we must raise \$75 for every hour of therapy to bridge the financial gap. This grant would significantly help bridge the gap we still face.

The consequences of reduced services in our community are bleak: loss of mental health access and deepening cycles of crisis for children and families. Lampion Center remains a safe, trusted, and essential resource, but we cannot do it alone. With your help, we can preserve hope, provide healing, and protect access to care for all.

PROGRAM DESCRIPTION

Lampion Center's highly trained, licensed therapists utilize the latest research-based therapeutic techniques including Eye Movement Desensitization Reprocessing (EMDR), Trauma-focused Cognitive Behavioral Therapy, and therapy interventions for children. Trauma lies beneath many issues we treat including physical/sexual abuse, neglect, domestic violence, depression, anxiety, life stress, and relationship challenges. By reducing emotional distress through therapeutic interventions, we help our clients gain new skills and develop resilience to move forward, meet life's challenges, and find joy that transcends past traumas.

- 54% of our clients are children, some as young as 3. Most of the children we treat have experienced trauma.
- Our child play therapy and sand tray rooms are designed specifically for therapy intervention with young children.
- We offer day / evening appointments and believe that a long wait for care is untenable. We refer out when required.
- Our referrals come from many sources including EVSC, private schools, churches, Albion Fellows Bacon Center, Holly's House, physicians, Department of Child Services, Youth First, and any resident or concerned family in our community.

The funds from this grant will directly support mental health therapy sessions for clients who are unable to pay the full fee for services. Without financial help, many could go without care. Inability to pay should never block the path to healing.

PROGRAM OUTCOMES

Our outcomes consistently show that over 90% of our child and adult clients experience a measurable reduction in symptoms of trauma/emotional distress, an increase in coping/calming skills, and an increase in well-being. Client improvement and outcome success is based on a measurable goal rating system.

We believe mental health care is a necessity. Our mental health therapy ensures the most vulnerable have access to expert care, especially in times of crisis or trauma. Our clients' quality of life and future depend on it.