



OUR LADY OF GUADALUPE, LA HABRA

# First Communion Year 1

## Children's Classes – Monday Sessions

All classes are from 6pm – 7:30pm and take place in classrooms at the old school campus. **Please sign your kid into class no later than 5:55pm, and please arrive by 7:20pm to your child's classroom to join them for a closing prayer.** To ensure that children can focus during class, please ensure that they use the restroom prior to arrival.

### Safe Environment Classes

*Learning about safe relationships, boundaries, situational awareness, and more! This curriculum is set out for all children in the Diocese by the Diocese of Orange.*

**September 14, 2026**

**September 21, 2026**

**September 28, 2026**

### Seek

*As we seek to know God, we learn about who He is, how He loves us, and we discover His invitation to enter into relationship with Him.*

**October 5, 2026**

**October 19, 2026**

**November 2, 2026** (cancelled)

**November 16, 2026**

### Root

*We learn what it means to respond to God's invitation for relationship and to place our roots in Him. During this time, we focus on the core beliefs of the Catholic Church.*

**January 11, 2027**

**February 1, 2027**

**February 22, 2027**

**March 8, 2027**

**April 5, 2027**

**April 19, 2027**

**May 3, 2027**

**May 17, 2027**

All requirements can be found at [olglahabra.org/FC-program-resources](http://olglahabra.org/FC-program-resources)  
[faithformation@olglahabra.org](mailto:faithformation@olglahabra.org)  
562-691-0533





# First Communion Year 1 Children's Requirements

## MASS ATTENDANCE

- All Catholics have an obligation to attend Mass each Sunday (or Saturday evening) and holydays of obligation. As we live out our Catholic faith and prepare to receive the sacraments, it is important that we take this seriously!
- To let us know your family went to Mass, there will be a form to fill out online!
- For more details, please see the "Mass and Parent Event Requirements handout, or visit [olglahabra.org/mass-attendance](http://olglahabra.org/mass-attendance).

## CLASSES

- Children preparing for First Communion must attend two years of classes to receive formation about the Catholic faith and life in Christ, Confession, and the Eucharist. During class, it is important that children are respectful, pay attention, and are not on their phones.

## FAMILY ADORATION

- Children preparing to receive First Communion must attend at least 2 Family Adoration evenings with their parents during the course of the faith formation year (September - May)
- Family Adoration takes place on the third Wednesday of every month from 5pm - 7pm. (Registration required)
- Family Adoration is an opportunity for young families to come together in Adoration of the Blessed Sacrament. We will guide your family in praying for an hour in the Church, and then we will do an activity together!
- This is a great opportunity to pray together as a family, and to grow in community with other young families at OLG.

## PRAYERS

- Children will learn the following prayers by the end of Year 1: Sign of the Cross, Our Father, Hail Mary, Glory Be, Guardian Angel, Act of Contrition, St. Michael Prayer.
- We will practice and check in on them during class, but in order for kids to memorize the prayers it is crucial that they pray it at home with their family!

## ABSENCE POLICY

- Children are allowed up to 3 absences. Please let us know in advance if your child will be absent by emailing [faithformation@olglahabra.org](mailto:faithformation@olglahabra.org)
- Since there are only 14 classes, when a child is absent, they will need to make up the class. Make up options include Be Light (parents and children required to attend. marriage evening for parents with children formation concurrently) and Family Adoration (parents and children required to attend)