

INFORMATION FOR PARENTS

# CONFIRMATION 2 RETREAT

FEBRUARY 6 - FEBRUARY 8

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OUR LADY OF GUADALUPE, LA HABRA

### **What is the Confirmation 2 Retreat?**

The Confirmation Retreat is a time for all of our Confirmation Year 2 teens to spend time growing in their relationship with God, His Church, and one another. This retreat is a powerful experience which helps teens hear the voice of God as they prepare for Confirmation.

This retreat is a mandatory diocesan requirement for receiving the Sacrament of Confirmation.

If your teen is not able to attend this retreat, you will need to find a Confirmation retreat at another parish. If your teen is not able to attend any Confirmation 2 retreat, they will not be able to be Confirmed this year, and would need to attend a retreat next school year in order to receive the Sacrament.

### **Where is the retreat being held?**

This year the retreat is being held in the mountains at Pali Retreat Center which is located in Running Springs, California, near Big Bear. The address and phone number for the facility is included below:

Pali Retreat, 30778 CA-18, Running Springs, CA 92382  
(909) 939-0855

The primary contact for parents during the retreat will be Solei Ocegueda at (949) 419-0542.

All retreat expenses are covered by the Confirmation 2 registration fee, including lodging, transportation, meals, and supplies.

### **Transportation**

We will be using bus transportation between Our Lady of Guadalupe Church and Pali Retreat Center.

### **Time**

Friday, February 6: Please arrive at Our Lady of Guadalupe Church Coleman Center at 6:00pm for check in. We will load the buses at 6:40pm sharp and the buses will leave at 7:00pm SHARP.

Sunday, February 8: We will have a parent and teen session to close out the retreat at 1:15pm at Our Lady of Guadalupe. We ask that parents arrive to the Coleman Center no later than 1:00pm. This session will give the teens an opportunity to share their retreat experience with their parents. This closing session will end at 1:45pm.

### **Sunday Mass**

The teens will attend Sunday Mass at the retreat center before departing.

## **Permission Slips**

Permission slips for the retreat can be filled out electronically and emailed (preferred) or in person at the Parish Office. The deadline to turn in a permission slip for the retreat is Friday, January 23, 2026.

## **Packing List**

**Please pack LIGHTLY! Bus space is very limited!**

### **What to Bring:**

(Before packing make sure to check weekend weather conditions for cold, rain, and maybe even snow!)

- Sleeping bag and pillow
- Warm clothing (jacket, gloves)
- Comfortable closed toed shoes
- Shower shoes
- Towel & Toiletries (soap, shampoo, etc.)
- Flashlight – it gets VERY dark.
- Reusable water bottle with your name clearly marked

### **What NOT to Bring**

- Cellphones, iPads, Laptops, etc.
- Cellphones – cellphones will not be allowed. If there is an emergency, parents can call the retreat center at (909) 939-0855 or Solei Ocegueda at (949) 419-0542.
- Homework
- Candy, gum
- Alcohol or drugs, including vapes & tobacco (parents will be called and teen will be sent home immediately, possibly resulting in dismissal or delay in the Confirmation program)
- Inappropriate clothing – please follow the dress code for Confirmation (included below). We will have t-shirts available for any teens that do not follow the dress code to wear.
- No tops with inappropriate images or phrasing, midriffs must be fully covered at all times, no tank tops, no low-cut tops, all shorts, skirts, or dresses must be no shorter than 2 inches above the knee.

## **Prescribed Medication & Medical Conditions**

If your child uses prescribed medication and must have adult assistance in administering this medication: If your child's medication needs to be administered by an adult, please inform Solei Ocegueda at LEAST a week prior to the retreat (Friday, January 30, 2026) with all necessary details. Please provide written instructions and medication to the OLG staff on arrival on Friday, February 6.

If your child has any medical condition that the staff should be aware of, please inform the staff at least one week prior to the retreat with a detailed description of the condition.

## **Dietary Restrictions**

If your child has dietary restrictions, please inform Solei Ocegueda at [socegueda@olglahabra.org](mailto:socegueda@olglahabra.org) NO LATER THAN Wednesday, January 21, 2026, with all necessary details. This is a very strict deadline as that is when we must inform the retreat center for them to accommodate.

**Parent Love Letters**  
**For the Confirmation Retreat**  
**A special letter from you to your son or daughter**

Dear Parents,

On the retreat, an emphasis is placed on deepening a relationship with God who is, in essence, Love. This love (God) is present in the love that exists in the family, starting most especially with parents. Thus, as a point of connection during this very important part of the spiritual journey, we request that you write a special love letter to your son or daughter that can be given during the retreat that emphasizes the importance of faith.

Over the years, I have personally witnessed (and even experienced for myself) that these love letters set the stage for an openness to the Holy Spirit that may have never been felt before. These letters from you can make all the difference! So please, take this seriously and spend some time pondering what to say and how to express what is deep inside and oftentimes gets left unsaid.

In this technological age, hand-written letters are a rarity, so I encourage you to please make them as personal as possible – don't use the computer. Also, if possible, a letter from each parent, rather than one parent writing for both, is preferable. If sponsors or godparents would also like to write something, that's great. Please fit all of the letters into one envelope, no larger than a legal size. This is to prevent comparisons – which kids ultimately do. Please write your child's name on the envelope.

Please have these envelopes to our front office by Friday, January 30, 2026. You can imagine how difficult it is to keep track of so many students so your promptness is greatly appreciated. Remember that EVERYONE must have a letter or we cannot give out any of them.

In Jesus and Mary,  
Solei Ocegueda  
Youth Ministry & Confirmation

### **Advice from Teens in Writing Your Love Letter:**

Julia, "I didn't have any idea that my mom thought that way about me."

Felicia, "It was important that my letter wasn't generic; my parents made it really personal."

Ryan, "It was a healing experience for my parents to address big issues that had been happening in our family life. It was a good time to start to fix these things."

Jenna, "They let me know that they are open to talking about things. This was important because it gave me permission to bring these things up after I got back from the retreat. It didn't end with the retreat."

Elizabeth, "My dad isn't Catholic, but he still sent me a letter and that meant a lot. He affirmed me in who I am and the choice I am making to follow my desire to be Catholic. It wasn't long at all, but it made a big difference."

Mary, "My parents were willing to reveal a bit of their life, heart and what faith means to them. They admitted to both the good and the bad."

Annie, "My parents kept stressing how much they cared. They talked about why they are Catholic."

Gianna, "They put baby pictures in mine. It was so sweet!"

Dan, "It was great that they were honest, because we both know our lives aren't perfect."

Amanda, "It was great to be affirmed in my faith and to be affirmed in what I'm doing in my life."