

ONE

One Body. One Spirit. One Hope. One Lord. One Faith. One Baptism. One God.

WEEK 5 DISCUSSION

ICE BREAKER

- What is something small you trust every day without really thinking about it? (Examples: a chair holding you up, GPS directions, a doctor's advice, a bridge while driving, etc.)
- Why is it easy to trust some things but harder to trust others?

OPENING QUESTIONS

- According to the teaching, how is biblical faith different from wishful thinking or positive feelings?
- Hebrews 11:1. What does it mean to have "confidence in what we hope for and assurance about what we do not see"?
- Why is it important that salvation is by grace through faith, and not something we earn?

PERSONAL REFLECTION

- The father in the Gospel cried out, "I believe; help my unbelief." When have you experienced moments like that in your faith journey?
- The teaching says our hearts determine what we truly believe. What practices help you keep your heart centered on Christ?

LIVING OUT ONE FAITH

- The message emphasized that faith leads us to trust Jesus' finished work rather than our own efforts. How does that truth affect the way you deal with guilt or failure?
- Everyone who calls on the name of the Lord will be saved. How does that promise shape the way we see and treat people who may feel far from God?

DEEPER QUESTION

Because we are justified by grace through faith, there is now no condemnation for those in Christ. How does that reality change the way we approach God in prayer, confession, and daily life?