

ONE

One Body. One Spirit. One Hope. One Lord. One Faith. One Baptism. One God.

WEEK 3 DISCUSSION

ICE BREAKER

Have each person answer:

What's a piece of news in your life that made you literally jump for joy
(or at least want to)?

OPENING QUESTIONS

- What phrases or images from the teaching stood out to you most about “One Hope”?
- How is biblical hope different from wishful thinking or optimism?
- The teaching emphasized that this hope is based on God’s covenant faithfulness. Why does that matter?

PERSONAL REFLECTION

- The video said our identity isn’t based on culture, performance, or feelings. Where are you most tempted to base your identity instead of on Christ?
- When you get off course spiritually, do you tend to sit in shame—or turn quickly back to God? What helps you remember that “nothing can separate us from the love of God”?

LIVING AS WITH ONE HOPE

- How does having eternal hope change the way we face present suffering, disappointment, or uncertainty?
- The teaching described hope leading to “humble boldness.” What might that look like in your relationships, workplace, or neighborhood?

DEEPER QUESTION

Peter describes this hope as rooted in the death and resurrection of Jesus and secured by the Holy Spirit. How does knowing your inheritance “can never perish, spoil, or fade” shape the way you live right now?