

Programme

The Annual National Conference 2026

March 9th 2026 / The Manchester Deansgate Hotel



[Register here](#)

Workshops to be booked at registration



CARD PAYMENT



INVOICE PAYMENT

[Find out more](#)

12:10-13:00 Workshops

- **Gastric ultrasound in preoperative assessment**
Rosie Hogg, Consultant anaesthetist
Capacity: 75
- **Introduction to CPET interpretation**
Dr Antonia Snell, Consultant anaesthetist
Capacity: 60
- **Spirometry interpretation in preoperative assessment**
Christina Reihill, Consultant Nurse & Lee Wadsworth, RGN
Capacity: 40
- **Integrating pharmacy in preoperative assessment: Introduction of the pharmacy toolkit**
Sarah Tinsley, Anjna Patel & Claire Frank
Capacity: 25

This conference is supported by sponsoring companies who have only paid for exhibition stand space at the meeting and therefore will be given the opportunity to discuss their products with attendees. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.

08:30-09:15 Registration, Coffee, Exhibition and Poster Viewing

09:15-09:20 President's Welcome

Sustainability and Optimisation in Preoperative Assessment

09:20-09:50 **Green Anaesthesia: Sustainability & Reducing Environment Impact in Preoperative Assessment**
Paul Southall, Consultant Anaesthetist

09:50-10:20 **Perioperative Optimisation: embedding CPOC's top 7 Interventions to improve patient outcomes**
Claire Frank, Lead Preoperative Pharmacist and CPOC Fellow 2024/25

10:20-10:30 Questions

10:30-11:00 Coffee, Exhibition and Posters

Clinical and Ethical Challenges in Preoperative Assessment

11:00-11:30 **Frailty and Delirium**
Claire Swarbrick, ST6 Anaesthetic Registrar & National Trainee Lead for SNAP-3

11:30-12:00 **Medicolegal and ethical considerations in preoperative assessment**
Megan Smith, Consultant Anaesthetist & Medicolegal Expert Witness

12:00-12:10 Questions

12:10-13:00 Oral presentations

Workshops

13:00-14:00 Lunch, Exhibition and Posters

Medicines Optimisation in Preoperative Assessment

14:00-14:30 **Perioperative management of GLP-1RAs & SGLT2Is**
Kariem El-Boghdady, Consultant Anaesthetist, Guy's and St Thomas' NHS Foundation Trust

14:30-15:00 **Perioperative management of immunotherapy and advancing cancer treatments**
Dr Igor Gómez-Randulfe Rodríguez, Consultant in Medical Oncology

15:00-15:10 Questions

15:10-15:40 Coffee, Exhibition and Posters

Technical advancements in Preoperative Assessment

15:40-16:10 **Pharmacogenomics in anaesthesia**
Ned (Edward) Gilbert-Kawai Consultant in Anaesthesia and Critical Care Medicine

16:10-16:40 **Integrating wearable devices into perioperative care**
Alexander Hunter, ST7 Anaesthetics Registrar

16:40-16:50 Questions

16:50-16:55 Announcement of Poster and Abstract Winners

16:55-17:00 President's Closing Remarks