

Surviving the Holidays

Divorced? Separated?

Know someone who is?

When a marriage ends, the holiday season can be especially painful. Our Surviving the Holidays seminar helps participants face challenges and discover:

- How to deal with emotions
- Helpful tips to surviving social events
- Ways to help children through the holidays
- Hope for the future

Join us for this encouraging seminar

DIVORCE *Care*[®]

divorcecare.org/holidays

