



WINTER NJB OFFICIAL BASKETBALL SIZE

REV 12/2022

NJB OFFICIAL BASKETBALL SIZES ARE:

- Junior Basketball: 27.5
- Intermediate (Women's): 28.5
- Regulation (Men's): 29.5

BOYS DIVISIONS	GIRLS DIVISIONS	ALL-NET LEAGUES	NEXT LEVEL PREP (NLP)
ROOKIES (K-2ND) = 27.5	ROOKIES (K-2ND) = 27.5	Boys Grades: 4th, 5th = 28.5	Boys Grades: 9th-12th = 29.5
Division 4 (2nd) = 27.5	Division 4 (2nd) = 27.5	Boys Grades: 6th, 7th, 8th = 29.5	Girls Grades: 9th-12th = 28.5
Division 3 (Grades 3rd/4th) = 27.5	Division 3 (Grades 3rd/4th) = 27.5	Girls Grades: 5th, 6th, 7th, 8th = 28.5	
Division 2 (Grades 5th/6th) = 28.5	Division 2 (Grades 5th/6th) = 28.5		
Division 1 (Grades 7th/8th) = 29.5	Division 1 (Grades 7th/8th) = 28.5		

WINTER NJB GAME FORMAT

BOYS DIVISIONS	GIRLS DIVISIONS	ALL-NET LEAGUES	NEXT LEVEL PREP (NLP)
D4 = 5 x 8 minute Quarters	D4 = 5 x 8 minute Quarters	A4B, A5B, A6B, A7B, A8B	L1B & L2B (9th-12th)
D3B = 5 x 8 minute Quarters	D3G = 5 x 8 minute Quarters	4 x 8 minute Quarters	4 x 8 minute Quarters
D2B = 5 x 8 minute Quarters	D2G = 5 x 8 minute Quarters	A5G, A6G, A7G, A8G	L1G & L2G (9th-12th)
D1B = 4 x 8 minute Quarters	D1G = 4 x 8 minute Quarters	4 x 8 minute Quarters	4 x 8 minute Quarters
Substitutions: - 5 Quarter Division Games = Set Subs in Quarters 1-4 and Open Sub in 5th - Division 1 Games = Set Subs 1st half and Open Sub 2nd half, all players need to play in 1st half of game minimum		Substitutions: - High School Rules, Open Substitution all game for NLP and All-Net	