



SVNJB HEALTH & SAFETY PROTOCOLS



NATIONAL JUNIOR BASKETBALL HAS ADOPTED THE FOLLOWING GUIDELINES FOR GAMES/EVENTS

ALL PARTICIPANTS ARE TO ADHERE TO THE FOLLOWING GUIDELINES

(AND ANY NOT LISTED THAT ARE ISSUED BY **STATE OR COUNTY**) TO ENSURE SAFETY

<https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>

[REV SEP 2021]

Face masks & Social distancing

Everyone should practice social distancing of 6 feet wherever possible, especially in common areas and in the team bench area. Coaches & adults should wear face-mask during all games, events and practices. Inactive players on bench should wear masks to ensure safety. While indoors all spectators, coaches, and participants will need to wear a mask to reduce risks for our staff and other participants which will enable everyone to be able to complete the event/game/program.

Indoor Games & Events

While conducting indoor events/games, temperature checks and other screening processes may be required for entry. Players/teams/spectators that fail or refuse such screenings may be removed from the program.

Schedule of practice and game times

There should be enough time between practices and games to allow one group/team to vacate the premises before the next group/team enters.

Testing & Self-quarantine

Anyone with any symptoms should not attend any games/events and is advised to get a COVID test before returning to any activities. Temperatures will be taken prior to coming into the facility. ***All participating adults and kids 13 & up, may be required to be tested weekly if instructed by county/state guidelines.***

Equipment

All equipment should be spaced properly in the bench area to prevent close contact with other players/coaches equipment. The use of shared equipment should be limited whenever possible and should be sanitized after each use.

Hygiene- hand washing,

Coaches should bring bottles of hand sanitizer with alcohol-based disinfectant to all games. During time-outs, coaches and players should wash hands with sanitizer. Players and coaches should practice proper hygiene, wash hands frequently with soap and water for at least 20 seconds. Use alcohol-based hand sanitizer (with at least 60% alcohol) if soap and water isn't available. Abstain from touching face (mouth, eyes, or nose). Cover coughs/sneezes with a tissue and throw tissue in the trash. Hand sanitizer stations will be available at events/games. Recommended, Players should bring small bottles of alcohol-based disinfectant to all events.

No handshake/celebration

All should refrain from handshakes, high fives, fist/elbows bumps and group celebrations during all games/events.

Water bottles

All should bring their own water bottles to games & refrain from using public water fountains at facilities as many water fountains are no longer available. All should take their own water bottles home each night for cleaning & sanitation.

Restrooms

Restrooms should limit occupancy to one person at a time. Wash hands with soap and water for at least 20 seconds. Recommended, everyone uses the restroom at home before attending a game/event as restrooms may not be available at all facilities.

Healthy applications- (please read to team players)

All players should practice healthy habits including adequate hydration to keep mucous membranes moist, consume a vitamin rich diet with sufficient vegetables and fruits, and get adequate sleep. Players should practice proper hygiene. Wash hands frequently with soap and water for at least 20 seconds. Use alcohol-based hand sanitizer if soap & water are not immediately available. Uniforms and clothes should be laundered after all games.

SVNJB COVID-19 EXPOSURE PROCEDURES

[REV SEP 2021]

COVID SYMPTOMS:

If any participant or coach on the team is experiencing COVID symptoms, under no circumstances should that player or coach attend team activities; including any practices, games or other team gatherings. It is strongly recommended that any participant or coach experiencing symptoms get tested for COVID. In the event a coach or player family refuses to get tested, that player or coach must not return for 10 days from onset of symptoms.

NEGATIVE TEST RESULT:

If participant or coach who experienced COVID symptoms receives a negative test result, they

- a. Must be symptom & fever-free (with no fever-reducing medications) for at least 24 hours before rejoining team activities

POSITIVE TEST RESULT:

If participant or coach receives a POSITIVE test result, they must isolate & do the following:

- a. Parent must immediately notify their Head Coach of their POSITIVE result & identify the EXPOSURE RISK to the team.
- b. MUST NOT join any team activities for 10 days after the date at which the symptoms first appeared
- c. To rejoin any team activities, the following conditions must be met.

Must be symptom and fever-free (with no fever-reducing medications) for at least 24 hours

Must receive a Negative COVID test, at least 10 days after the date at which the symptoms first appeared

EXPOSED COACH/CHILD:

If you've been notified that your child has been exposed to someone who has tested positive, a classmate, friend or teammate - keep your child and siblings at home to minimize any further COVID Transmission. Same applies to a Coach who has been notified of an exposure.

- a. Parent must immediately notify their Head Coach and identify if there was an EXPOSURE Risk to team.
- b. Vaccinated coaches & players. If no symptoms appear you will be allowed to return to practice 5 days after EXPOSURE date with a negative COVID test.
- c. Unvaccinated coaches & players who don't show symptoms will be allowed to return to practice 10 days after EXPOSURE date

EXPOSED TEAM:

If a participant or coach on a team has a POSITIVE TEST result, all team activities must be suspended immediately. The Head Coach must immediately notify their Chapter Director, to assess possible impacts to other SVNJB teams. To rejoin team activities by all coaches and team members.

- a. Vaccinated coaches & players: If no symptoms appear you will be allowed to return to practice 5 days after EXPOSURE date with a negative COVID test.
- b. Unvaccinated coaches & players who don't show symptoms will be allowed to return to practice 10 days after EXPOSURE date

ADMINISTRATIVE RESPONSIBILITIES:

- Any Chapter, Team, Coach, or Administrator who is made aware of a POSITIVE TEST RESULT or EXPOSED PLAYER must Immediately report this fact to their Chapter Director / Administrator, who must Immediately determine to follow the above EXPOSED TEAM protocols.
- All Chapter Directors will be responsible for reporting COVID exposure to the SVNJB Sectional Director in writing within 24 hours.
- The above is a Section-Wide COVID Policy. NJB Chapters are permitted to have MORE restrictive policies towards COVID, but the above is the Section MINIMUM to standardize COVID protocols across multiple Bay Area local counties.
- These are effective immediately upon resolution and communication. Failure by a Parent, Coach, or Chapter Director to adhere to the above polices may result in a suspension
- These policies can and will be updated as CDC-Federal, State and/or potentially local COVID guidelines or restrictions change.