

## Abilities Support Team

This additional level of support is for families with a member who has a developmental disability and offers targeted behavioral support and skill-building. Services are designed to reduce challenging behaviors, teach new skills, and promote family stability through Applied Behavior Analysis (ABA).

**Visit Frequency:** At least 3x per week

**Team:** Licensed Behavior Analyst (BCBA), Registered Behavior Technician (RBT), and Case Manager



395 Liberty St. Springfield, MA 01104  
(413) 301-9355



Referrals made through your local Department of Children and Families Lead Agency.

BHN Services all MA DCF offices.

**Learn More:**



[bhninc.org/dcf-support](https://bhninc.org/dcf-support)

*Spanish speaking services available.*

## Support and Stabilization Comprehensive Services



Comprehensive Services  
You Can Count On



## Our Approach

BHN empowers families to keep children safe and stable at home through adaptable support services. Our four progressive levels—**Family, Intensive, Therapeutic and Abilities Support Team**—adapt to meet changing family needs, aiming to prevent separation, support reunification, and ensure lasting well-being, including immediate support in crisis.



Built on core values of cultural humility, accessibility, and trauma-informed care, our multidisciplinary teams engage families with a two-generational lens. We strengthen caregiver capacity and address children's needs to ensure safety, permanency, and emotional health. Our wraparound support fosters stability throughout a family's journey.

We strengthen families by nurturing relationships, enhancing parenting skills, building caregiver resilience, fostering social connections, providing access to resources, and supporting children's social-emotional growth.

## Collaboration With DCF

We maintain weekly communication with DCF to share key case updates and progress, working together with families and communities to strengthen resilience and foster lasting hope.



## Four Levels of In-Home & Community Support

Four progressive levels of support, delivered in homes and communities for maximum relevance and accessibility.

### Family Level Support

For families with less intensive needs, focusing on basic stabilization and early intervention.

**Visit Frequency:** At least once per week

**Team:** Case Manager and Direct Care Staff

### Intensive Level Support

For families needing more frequent and coordinated services, focusing on family treatment, case management, and strengthening protective factors.

**Visit Frequency:** At least 3x per week

**Team:** Clinician, Case Manager, and Direct Care Staff

### Therapeutic Level Support

For families requiring intensive clinical intervention. The team will expand to include specialty treatment providers.

**Visit Frequency:** At least 3x per week

**Team:** Clinician, Case Manager, and Direct Care Staff