









# Mental Health Awareness Month Community Celebration

**MAY 30, 2026 | 10:00 AM–1:00 PM**

**Gurdon Bill Park, Springfield**  
(Next to the BHN Campus, Liberty & Genesee Streets)

Join us for a free community celebration in recognition of Mental Health Awareness Month. This family-friendly event is all about connection, creativity, movement, and wellness.



**Bring your friends, family, and neighbors to enjoy a  
FREE fun afternoon together!**

**Food Trucks | Wellness Activities | Dancing & Music | Kids' Activities, Painting & Creative Expression Activities Including Graffiti Art!**

BHN's Center for Development invites you to stop by the BHN conference room at 417 Liberty St. (next to the park) for a **calm, inclusive, sensory-friendly space** during the celebration. Recharge, get creative, and connect at your own pace.

