

# PPE DONNING & DOFFING FOR HEALTHCARE PERSONNEL



Proper use of PPE helps prevent the spread of germs.

## DONNING (PUTTING ON)

Follow this order:

### 1 PERFORM HAND HYGIENE

- Wash your hands with soap and water or use hand sanitizer.



### 2 GOWN OR PROTECTIVE CLOTHING

- Put on gown or other long-sleeved protective clothing and secure as needed.



### 3 MASK OR RESPIRATOR

- Secure ties or ear loops at the middle of your head and neck.
- Mold the nose piece to fit.



### 4 EYE PROTECTION

- Place goggles or face shield over eyes and adjust to fit.



### 5 GLOVES

- Pull gloves over the cuffs of your gown or protective clothing.



## DOFFING (TAKING OFF)

Follow this order:

Remove PPE safely to avoid contamination.

### 1 GLOVES

- Remove gloves.



### 2 EYE PROTECTION

- Remove by headband or earpieces.
- Place in designated reprocessing or disposal container.



### 3 GOWN OR PROTECTIVE CLOTHING

- Unfasten ties or unbutton.
- Remove without touching contaminated surfaces.
- Follow facility procedures for laundering, reprocessing, or disposal.



### 4 MASK OR RESPIRATOR

- Remove by ties, straps, or ear loops.
- Do not touch the front.
- Discard if single-use.



### 5 PERFORM HAND HYGIENE

- Wash your hands with soap and water or use hand sanitizer.



### IMPORTANT REMINDERS

- Change PPE between patients.
- Never reuse single-use PPE.
- Perform hand hygiene between steps if hands become contaminated and immediately after removing all PPE.



### REMEMBER:

PPE is not a substitute for hand hygiene. Clean hands before and after all PPE use.



Healthcare  
COMPLIANCE  
Associates

We help small healthcare practices stay compliant, safe, and confident.

[www.OshaHipaaTraining.com](http://www.OshaHipaaTraining.com)