

## **CONFIRMATION NAME**

### **ST. TERESA OF CALCUTTA PARISH**

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A name identifies us in a unique way, not just our physical selves, but who we are as a person. One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this sacrament.

#### **Who Should I Choose?**

**Your prayer reflection is a great place to start. Your goal is to choose a Saint that represents the type of Christian you want to be. We as Catholics believe that the Saints were given to us as a gift. Their lives are meant to be followed as an example and to somehow make part of our own so that we may become the person that God wants us to be. It is important to learn as much as you can about your patron Saint. After all, you are asking this Saint to be your friend and advocate for the rest of your life.**

#### **Some Saint Resources**

- Your local library
- Your church library
- Some great WEB sites:  
[www.catholic.org/saints](http://www.catholic.org/saints)  
[www.mycatholicsource.com](http://www.mycatholicsource.com)  
[www.catholic-saints.info](http://www.catholic-saints.info)
- Pictures of saints and information about saints through a general search

**PLEASE SUBMIT  
YOUR SAINT NAME  
AND ESSAY  
BY THE DATE  
GIVEN BY  
THE DRE.**