

Breast Cancer Awareness for Somali Community

Understanding breast health and signs to look out for
How screening works (mammograms) and why early detection matters
Lifestyle tips to reduce risk and look after your wellbeing
Emotional wellbeing and support after diagnosis or worry
Q&A session with health professionals
Creating a supportive community space to talk openly and safely
 Languages: The workshop will be delivered in both Somali and



Please join us on
Tuesday 10th February 2026
1-3 pm
Islington Somali Community
225-229 Seven Sisters Road
London
N4 2DA
Tel: 0207 272 0550

Come and also
join us for Somali
food

