Fully Insured (51-99 Employees) & Balanced Funding Groups (5+ Employees)

Online Doctor Visits **Any Day, Any Time**



Give your employees the advantage of flexible, affordable, and convenient healthcare with **Telehealth from AZ Blue** (formerly known as BlueCare Anywhere℠). Providers are equipped to treat a wide range of common conditions, ensuring timely support when it's needed the most. Employees can visit with a provider, counselor, or psychiatrist anywhere—from their smartphone, computer, or tablet.

Three Types of Telehealth Care Available

Medical Care 24/7

When an employee doesn't have a regular doctor or their primary care provider isn't available, providers are here to help with a range of common health issues, such as cold/flu, sinus infections, stomach bugs, and rashes. They can also prescribe medication, if necessary.

Counseling

Licensed psychologists or counselors are available to treat issues—such as mental health and substance use issues—that can affect emotional, psychological, and social well-being. Easily schedule an appointment.

Psychiatry

Board-certified psychiatrists are available for assessments, evaluation, and treatment and can prescribe medication. Easily schedule an appointment.

BlueCross BlueShield Arizona

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Telehealth—Quality Care with Real Benefits



Anytime, anywhere access to medical care

Round-the-clock access to care provides peace of mind and added protection to traveling employees or those who are not able to get in to see their own provider.

Accessible care, healthier employees

Because employees can conveniently access care from anywhere, they're more likely to seek care rather than delaying treatment. Healthier employees can reduce absenteeism and increase productivity.

Convenience and cost savings

With Telehealth, medical appointments are typically available within minutes of logging on.[1] Plus, online visits may help your employees avoid unnecessary urgent care or emergency room visits.[2] Counseling and Psychiatric visits can be scheduled and accessed anywhere.

Effective January 1, 2026:

Fully Insured (51-99) & Balanced Funding Groups (5+): Estimated Member Costs

Type of Visit Using Telehealth from AZ Blue	Copay Plans	HSA-Qualified Plans
Medical Visit	$0	$69
Counseling Visit	$20	$121 – $145
Psychiatric Initial Visit	$20	$267
Psychiatric Follow-up	$45	$101 – $150

Contact your AZ Blue representative or visit **azblue.com** for more information.

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[2]The Telehealth service should not be used in health emergencies. If it's a health emergency or there's a need for immediate help with an injury, seek emergency care or call 911. Blue Cross, Blue Shield, and the Cross and Shield Symbols are registered service marks, and BlueCare Anywhere and is a service mark, of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Other logos are the property of their respective owners. ©2025 Blue Cross Blue Shield of Arizona, Inc.

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