BlueCross BlueShield Arizona

An Independent Licensee of the Blue Cross Blue Shield Association



Choose Mail Order or Retail for Prescription Savings and Convenience

The ABCs of Pharmacy

Many health plans offer two ways to fill your prescription medications. You can pick up a prescription at a retail pharmacy. Or, you can have a mail-order pharmacy send your prescription to you. Plus, you can get a 90-day supply of your maintenance medications from a retail or mail-order pharmacy, and in some cases for a lower copay. Here is some information to help you choose.

Get prescriptions quickly from a retail pharmacy

When you need a medication fast, a retail pharmacy can fill your prescription quickly. Whether your doctor calls in a prescription, transfers electronically, or you take in a paper order, your medicine will often be ready in a short amount of time. The benefits of using a retail pharmacy include:

- Short fill time frames get or keep treatments on track
- Ability to speak with pharmacist in person
- Most likely to have lower costs for medications with generic alternatives
- A convenient option for medications taken regularly

Discover mail-order cost savings and convenience

Don't have a pharmacy close by, or take medications regularly to manage and treat an illness or health condition? A mail-order pharmacy offers advantages such as:

- Lower copays for a 90-day supply
- Time savings from no monthly trips to the pharmacy
- Free delivery by mail
- Automatic refills and reminders
- Easy 24/7 prescription management online or by phone with helpful reminders

Getting a new or current prescription by mail

Your healthcare provider can send a new prescription to Optum RX Mail Order Pharmacy. Or if you want to change a current prescription from retail to mail order, log in to your online member account at **azblue.com/MyBlue.** Select **Pharmacy** from the top bar and then select **My Prescriptions.** You can transfer current prescriptions to mail order.

Have questions?

You can visit your online member account at **azblue.com/MyBlue** to review your pharmacy benefits or call the number on the back of your Blue Cross® Blue Shield® of Arizona (BCBSAZ) member ID card. If you have questions about medications, reach out to your doctor or pharmacist for more information.

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