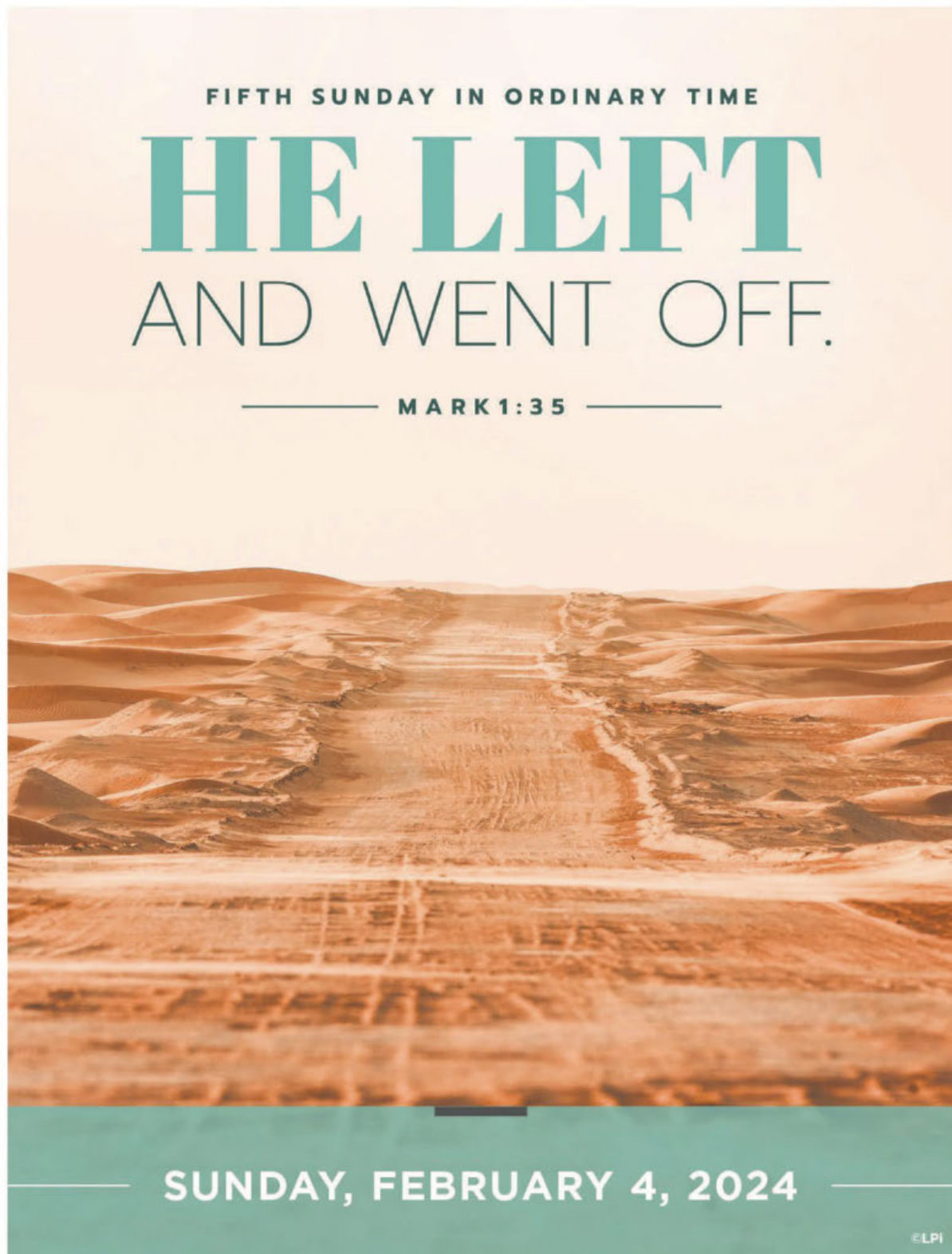


SAINT MARY CATHOLIC CHURCH



THE HOLY SACRIFICE OF THE MASS IS OFFERED:**DAILY MASS**

8:00 a.m. Monday through Saturday, June - August
7:30 a.m. Wednesday from start of school year until May*

SCHOOL MASS

8:30 a.m. from start of school year until May*

**In the event of our school closing for inclement weather, on a Wednesday, Daily Mass will remain at 7:30 a.m. and the School Mass at 8:30 a.m. will be cancelled.*

***SATURDAY VIGIL MASS**

5:00 p.m.

***SUNDAY MASSES**

8:00 a.m., 9:30 a.m., 11:00 a.m., 6:00 p.m.

THE PARISH OFFICE IS OPEN - DOOR #3

OFFICE HOURS:

MONDAY THROUGH FRIDAY

8:30 A.M.- 4:00 P.M.

DEVOTIONS:**DAILY ROSARY**

7:30 a.m.

8:00 a.m. on Wednesdays from the start of the school year until May

7:00 p.m. Wednesday Evenings

DAILY DIVINE MERCY CHAPLET; INFANT JESUS OF PRAGUE

8:30 a.m.

8:00 a.m. on Wednesdays from the start of the school year until May

ADORATION

Perpetual Adoration available at Old St. Mary.
Please contact the Parish Office for the code.

RECONCILIATION/CONFESSIONS:

Saturdays 3:30 p.m. - 4:30 p.m. in the chapel

First Saturdays 8:30 a.m. - 9:30 a.m.

PARISH DIRECTORY

Pastor: Fr. Dindo Billote

Parochial Vicar: Fr. Sam Conforti

Parochial Vicar: Fr. Juan Jose Hernandez Salas

Deacons:

Deacon Gary Bednar

Deacon Peter Manning

Deacon John Rex

Deacon Kevin Plankinton

Deacon Dave Stanton

Parish Office:

Parish Secretary, Karen Dilger

Business Manager, Stephen J. Warunek

Evening Maintenance, Dave Bridges

Maintenance Supervisor, Gerardo "Gerry" Iniguez

Morning Maintenance, Thomas Pritchard

Director of Faith Formation, Megan Murray

Assistant Director of Faith Formation, Danielle Kuboushek

Assistant Director to the Clergy/Program Coord., Erica Sestak

Director of Religious Education, Tami Brongiel

Assistant Director of Religious Education, Suzy Olsen

RE Office Administrative Assistant, Therese Gembara

Director of Christian Service, Donna Hungerford

Director of Sacred Music, Joseph Berardi

Director of Liturgy, Bob Cornejo

Youth Minister, Tom Blue

Bulletin Editor, Cailin Valente

Funeral Coordinator, Susan Rizzo

Offertory and Database Administrator, Leticia Clark

Financial Secretary, Paula Perry

Sacristan, Zina Habib

708-326-9307 Pastor@StMaryMokena.org

708-326-9304 FrSam@StMaryMokena.org

815-221-6164 FrJuan@StMaryMokena.org

708-326-9300 DeaconGary@StMaryMokena.org

708-326-9300 Deaconpete@aol.com

708-326-9300 DeaconJohn@StMaryMokena.org

708- 326-9300 DeaconKevin@StMaryMokena.org

708-326-9300 Deacondave@StMaryMokena.org

708-326-9300 Parish Fax Number 708-326-9301

708-326-9305 Secretary@StMaryMokena.org

708-326-9309 Swarunek@StMaryMokena.org

708-326-9314 Dbridges@StMaryMokena.org

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708-326-9313 Mmurray@StMaryMokena.org

708-326-9353 Dkuboushek@StMaryMokena.org

708-326-9355 Esestak@stmarymokena.org

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708-326-9352 RE@stmarymokena.org

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815-953-7228

708-326-9311 Lclark@StMaryMokena.org

708-326-9310 Pperry@StMaryMokena.org

Zhabib@StMaryMokena.org

School Office:

School Secretary, Charlotte Catchings

School Principal, Michele Alday-Engelman

School Assistant Principal, Michelle Huizinga

708-326-9330

708-326-9332 SchoolSecretary@StMaryMokena.org

708-326-9348 Principal@StMaryMokena.org

708-326-9347 MHuizinga@stmarymokena.org

RCIA - Interested in becoming Catholic? Please contact the Director of Faith Formation at 708-326-9313.

BAPTISMS - Baptisms are usually scheduled the first and third Sunday of the month at 12:15 p.m. following 11:00 a.m. Mass. Please contact the parish office to make arrangements for the baptismal preparation class.

MARRIAGES - Weddings need to be scheduled at least 6 months in advance upon approval of a priest. Remember to secure the church date before the reception hall. Please stop in the parish office to begin this process.

REGISTRATION - New to St. Mary? Please stop in the parish office to complete our registration form or visit our website at www.stmarymokena.org.

ANointing OF THE SICK - Please contact the parish office at 708-326-9300.

From Our Pastor



Is gossip a mortal sin?



Answer: To really ask this question, we must consider the Eighth Commandment: “You shall not bear false witness.” In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing “false witness” means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word “gossip” isn’t used by the Catechism. Instead, we find the words “detraction” and “calumny,” which are actually two forms that gossip can take, and both can be quite serious.

First, detraction is the of revealing “another’s faults and failings to persons who did not know them,” without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it “harms the reputation of others and gives occasion for false judgments” (see no. 2477). In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479). Gossip can, in fact, prove to be a very serious sin. After all, the Catechism reminds us: “No one is bound to reveal the truth to someone who does not have the right to know it” (no. 2489). When we have gossiped, especially if we are aware we have damaged another person’s good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.

Peace and good things,

Father Dindo

February 10 - February 11: Sixth Sunday in Ordinary Time

	Saturday, 5:00 PM	Sunday, 8:00 AM	Sunday, 9:30 AM	Sunday, 11:00 AM	Sunday, 6:00 PM
Lector	Andrea Taylor	Susan Rizzo Alice Wierzbinski	SMS Student 1 SMS Student 2	Jim Contorno	Daniel Alberts
Eucharistic Minister	Bob Gombas Karen Gordon Lora Oldham Andrea Taylor	Joan Aust Joseph Budzyn Robert Rafferty Stefanie Walthier	Joe Austin Frank Dundek Joanette Kulesa Pamela Sanders	Joanne Eckel Sarah Halm-Lutterodt Kathy Judge NOT FILLED	Kathleen Rowe Judy Siegmund Patrick Wajda
Altar Server	Clara LaMonte Dennis LaMonte III David LaMonte Jr. NOT FILLED	Danielle Cullen David Heitman Daniela Lacny NOT FILLED	Aiden Raimondi Logan Raimondi Henry Valente Lucas Valente	Natalie Galka Emmy Skotnicki Nathan Skotnicki NOT FILLED	Ava Zahara Grace Zahara NOT FILLED
Usher	Mary Ann Braasch Jim Grady Mark Miron James Palermo	Chris Cichowicz Rich Gavillet Tom Magdziasz Roy Mueller	John Delladio Joanne Eaton Joanette Kulesa Jim Kulesa Diane Mucia	William Farhat David Larson Sandra Tome Gladys Weber	Linda Drake Mike Rolinitis NOT FILLED NOT FILLED
Greeter	NOT FILLED	Sandy Halper	NOT FILLED	NOT FILLED	NOT FILLED
Live Stream			Eugene Satrun		

Serving God as an Altar Server is a wonderful way for a child to grow in faith as well as in responsibility, friendship, and other virtues. At St. Mary, we are blessed with an amazing team of Altar Servers. We thank you for giving up your time to serve the Lord and St. Mary. We also thank our wonderful team of Lectors, Eucharistic Ministers, Ushers and Greeters for their dedication and outstanding service.

If you are assigned and are unable to serve, please request a substitute via the Scheduler.

5th Week in Ordinary Time

Monday, February 5

7:30 a.m. Rosary
 8:00 a.m. Mass
 8:30 a.m. Divine Mercy Chaplet
 9:00 a.m. Prayer Shawl (Fatima)
 12:30p.m. Reconciliation Practice Grade 2 (Church)
 6:30 p.m. Rosary
 6:30 p.m. Faith Formation Event (Guadalupe)

Tuesday, February 6

7:30 a.m. Rosary (Church)
 8:00 a.m. Mass (Church)
 8:30 a.m. Divine Mercy Chaplet (Church)
 3:30 p.m. Children's Choir Practice (Church)
 4:30 p.m. RE Classes Gr K-6 (Classrooms)
 5:30 p.m. Adult Choir Practice (Church)
 6:00 p.m. School Board Meeting (Lourdes)
 6:30 p.m. RE Classes Gr. 7-8 (Classrooms)
 6:30 p.m. Baptismal Prep Team Dinner (Fatima)
 7:00 p.m. Regina Caeli Choir Rehearsal (Church)
 7:00 p.m. Scripture Study (Guadalupe)

Wednesday, February 7

5:00 a.m. Fit Shepherds (Church Grounds)
 7:30 a.m. Rosary (Church)
 7:30 a.m. Mass (Church)
 8:30 a.m. School Mass (Church)
 9:00 a.m. Scripture Study (Guadalupe)
 9:00 a.m. CCW Board Meeting (Fatima)
 11:00a.m. Young at Heart Set Up (Guadalupe)
 12:00p.m. Young at Heart (Guadalupe)
 4:30 p.m. RE Classes Gr. 1-8 (Classrooms)
 5:30 p.m. RCIA Meeting (Fatima)
 6:30 p.m. RE Classes Gr. 7-8 (Classrooms)

Thursday, February 8

7:30 a.m. Rosary (Church)
 8:00 a.m. Mass (Church)
 8:30 a.m. Divine Mercy Chaplet (Church)
 4:30 p.m. RE Classes Gr. 1-8 (Classrooms)

Friday, February 9

7:30 a.m. Rosary (Church)
 8:00 a.m. Mass (Church)
 8:30 a.m. Divine Mercy Chaplet (Church)
 9:00 a.m. Friday Morning Coffeehouse (Fatima)

Saturday, February 10

CMAA In Pew Weekend

7:00 a.m. Fit Shepherds (Church Grounds)
 8:00 a.m. Mass (Church)
 8:00 a.m. Sisters In Christ (School)
 10:00a.m. First Reconciliation School (Church)
 12:00p.m. First Reconciliation RE (Church)
 3:30 p.m. Confessions (Church)
 5:00 p.m. Mass (Church)

Sunday, February 11

CMAA In Pew Weekend

Fat Sunday in Church Hall

8:00 a.m. Mass (Church)
 9:30 a.m. Mass (Church)
 9:30 a.m. RE Classes (Gr. K-6) (Classrooms)
 11:00a.m. Mass (Church)
 3:30 p.m. Missionaries of Apostolic Grace (Fatima)
 6:00 p.m. Mass (Church)

Divine Mercy In-Home Ministry

This Apostolate is one of compassion, mercy, and prayer. We are available to be with families and their loved ones, who are sick and dying, to pray the Divine Mercy chaplet with them.

For information or if you are interested in joining our ministry, please contact

**Michelle and Paul Sullivan
at 815-995-0480.**

*"When they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as a just Judge but as a merciful Savior."
 (Diary of St. Faustina, 1541)*



Jesus I Trust in You

DID YOU KNOW?

**THERE ARE 5 PATRON SAINTS
OF NURSES! ST. AGATHA, ST.
CAMILLUS, ST. CATHERINE OF
SIENA, ST. JOHN OF GOD, AND
RAPHAEL THE ARCHANGEL.**

Mass Intentions

Monday, February 5

8:00am: Nick Rizzo

Tuesday, February 6

8:00am: Judah Hartl, Baby Juday Winkler,
Caitlin Moore, John Reece

Wednesday, February 7

7:30am: Dhanish and Ann Marie Thomas

8:30am: Rich Ciancio

Thursday, February 8

8:00am: Janina Machnicka

Friday, February 9

8:00am: Ann E. Jones

Saturday, February 10

8:00am: John C. Schultz

5:00pm: Liz Swain, JoAnn Dwyer, Ercole and
Innocenza Sturino, Salvatore and Rosario
Sturino, Peter Prancus, Marianne Lulinski, The
Barr Family

Sunday, February 11

8:00am: Janice Smith

9:30am: Margaret Unton

11:00am: Mary Conroy Ellena

6:00pm: Owen Walker

PRAY FOR THE SICK

Dan Albrecht, Brett Anderson, Joe, Austin, Lisa Bernhard, Florence and Gino Bondi, Agnes Breslin, Alan Brown, Darlene Broadhurst, Rachel Butler, Brian Butler, Francis Bulow, Bonnie Caper, James Caper, Michael Carey, Monica DiGiovanni, Janice Dobek, Janet Drobnick, Joanne Eaton, Susan Ewert, Vincent Felice, Barb Finn-Figliulo, Bradley Frank, Marcia Frank, Mary Ann Franson, Debbie Geren, Bonnie Gondek, Richard Grabenhofer, Jerry Grabowski, Rose Grunhard, Kelly Hampton, Natalie Haran, Jeremiah Hartmann, Mary Ingala, Daniel Izzo, Richard Junge, Les Kazmierczak, Sherley Keene, Bernadine Kelso, Diane Klootwyk, Richard Kolovitz, Fr. Roger Kutzner, Carlotta Lawton, Jennifer Naril, Dan Lahy, Chet Lockwood, Vernadine Lumpkin, Walter Lumpkin Jr., Shirley Lyons, Robert Margalus, Donna Matteson, Jeanne Matug, Bill Maynard, John McGeehan, Joelee McMaster, Heidi Meekma, Janice Melisi, Ginny Meyer, Marge Migler, Rich Milkeris, Angel Munoz, Lisa Hunt Nichols, Barb Noone, Geraldine Nykaza, Kenneth O'Gradney, Edward Olenick, Bruce Omastiak, Matthew Orr, Bob Podlasek, Ed Polzin, Janelle Portman, Rosemary Purcell, Dave Racine, Eileen Redican, Eduardo Reyes, Sean Rio, George Rohrer, Judy Roque, Barbra Rusin, Midge Saunders, William Schlieman, Dan and Brenda Schmiedel, Diane Schoneich, Karen Singer, Barbara Smith, Brandon Smith, Al Sparks, John Stapinski, Geoffrey Sullivan, Joshua Swarez, Victor Tamosaitis, Tiffany Theresa, John Turas, Judy Turas, Leo Wilczek, Tim Weber, Jodie Weber, Jonathan Weber, Dan Wolf, Jerry Wolff, Karen Yeager

May God grant them healing!

Join us for our Parish Mission and Healing Service:

Why Be Catholic?

with Fr. Ken Geraci, CPM

Monday, March 4-Thursday, March 7

7:00 P.M. - 8:00 P.M.

St. Mary, Mokena

This mission is for people of *all ages and levels of faith*, from those who are madly in love with Jesus, to those who pretty much cannot stand church or religion. Regardless of your level of faith, come and experience God's Divine Mercy!

Monday, March 4:

"What did Jesus Do -
Church or Spirituality?"

Tuesday, March 5:

"Why do we do that as Catholics?"

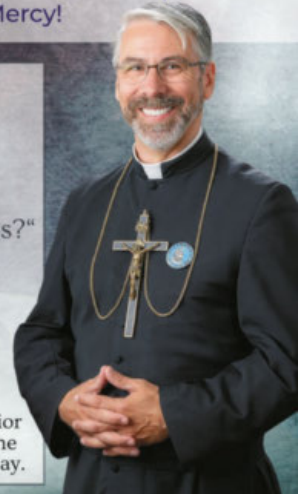
Wednesday, March 6:

"Two Obstacles to Healing"

Thursday, March 7:

"How to Pray the Mass"

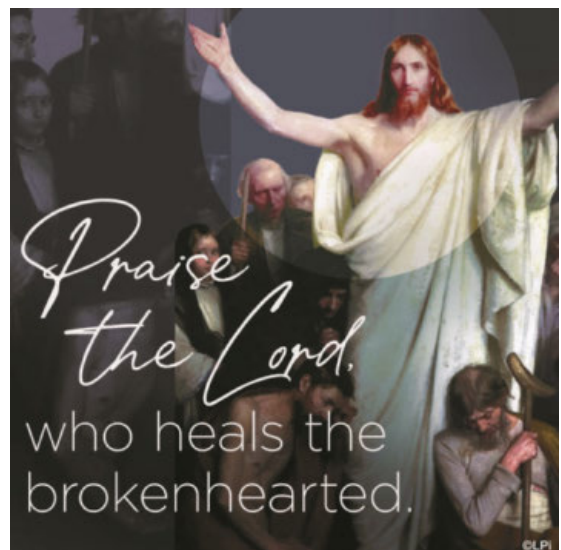
Confessions will be offered one-hour prior to each night of the mission and after the talks on Monday, Tuesday, and Wednesday.



Please Pray for our Faithfully
Departed Brothers and
Sisters

Patricia Harvey,
Norbert Przybylski,
Richard Feltz

*Eternal rest grant unto them and let
perpetual light shine upon them!*



*"Let the children come to me,
and do not prevent them;
for the kingdom of heaven
belongs to such as these." -Jesus*

To St. Mary Parishioners:

We are so grateful for how welcoming you are to our families with young children.

Please don't underestimate the power of a simple affirmation, smile, or word of encouragement to those around you after mass.

To the Parents of our Young Parishioners:

Thank you for bringing your growing family to celebrate with us! Know that you are welcome to sit toward the front where it's easier to see and hear and we encourage you to quietly explain the parts of the Holy Mass to your child. If you feel you must go to the narthex with your child, *please come back!*



FIT SHEPHERDS

CALLING ALL MEN!!!!

Get stronger, grow in holiness, become a Fit Shepherd.

Join your fellow brothers Wednesdays at 5:00 AM and Saturdays at 7:00 AM in the St. Mary parking lot for an outdoor workout and brief reflection. All fitness levels are welcome; modifications are provided.

Any questions, please contact Patrick Fulton
(pmfulton@hotmail.com)



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Please prayerfully consider financially supporting our parish.

We depend on your support to continue the operations of St. Mary as well as those of its many ministries. We ask that you consider supporting the parish through Online Giving.

For those not currently contributing online and would like to learn how to, please consider signing up at

<https://www.osvhub.com/stmarymokena/funds> .

By doing this, you are saving and supporting the great work we have done and will continue to do in our future.

For those of us that do not want to give online, you can still contribute by mailing your donations to:

19515 S. 115th Avenue
Mokena, IL 60448

The Offertory for
Sunday, January 28th was
Online Giving \$12,626.00
Envelopes \$21,488.98
\$34,114.98

Budget \$32,500.00

Thank you so much for your
generosity!



Your gift to CMAA makes an impact!

The opening report for the 2024 Catholic Ministries Annual Appeal (CMAA) in today's bulletin reflects how we, as Christians, are called to serve those in need ***For the Glory of God.***

Through the CMAA, we show generosity toward the most vulnerable members of our community. We also benefit, as a parish, from the many ministries the CMAA supports, that touch our own lives and the lives of our fellow parishioners. Ministries that include vocations, Catholic education, and faith formation.

Our parish's goal for the 2024 CMAA is \$159,700. The diocese will return 70 percent of any amount we raise over our goal to us, to be used fruitfully within our own parish. Please review the materials you received in the mail from the Diocese of Joliet this month and prayerfully reflect on your gift to this year's annual appeal.



**FEBRUARY 18,
5PM**

**CHURCH HALL
DINNER INCLUDED**

**REGISTER FOR
KICK-OFF EVENT
HERE:**



**HIGH SCHOOL & 8TH GRADE TEENS -
JOIN THE JOURNEY!**



**LENTEN CHALLENGE:
INVEST 1% OF YOUR TIME
DURING LENT TO DISCOVER THE
POWER OF GOD'S LOVE!**

LAST CHANCE TO PRE-ORDER PACZKIS!

- Angel Creme
- Apple
- Apricot
- Bavarian Creme
- Black Raspberry
- Chocolate Angel Creme
- Lemon
- Strawberry

**ALL ORDERS DUE
THURSDAY, 2/8**

**Order
online
at:**



**or pick up order
form in the
narthex or parish
office**

www.stmarymokena.org/fatsunday



JOIN US THIS SUNDAY EVENING!

High School & Junior High Girls are invited to an evening just for girls!

*Sunday, February 4th
7:00 pm
St. Mary's Parish Hall*

*Galentine's
Party and
Girl Talk*

"Girl Talk" is a night of fun and formation

Tacos! CRUMBL Cookie! Photo backdrop! Win a Stanley!

Join us for a conversation regarding girls' unique bodies and cycles, so they can have confidence and understanding of how God made them. Sign ups welcome, but not required. Use the QR code below!

Meet your hosts:



Annie Norton



Meg is a registered nurse working in women's health as a labor and delivery nurse. She is an instructor in the Marquette Method of NFP with Simply NFP. She is a St. Mary's parishioner and school mom. She can be reached at megmkay@yahoo.com or by phone 708-465-3718.



Meg Murray

Annie is a registered nurse and certified Marquette Method instructor with Simply NFP. She is a parishioner at St. Marys and has 4 children. She can be reached at annie@simplynfp.com or (815) 953-9067

Simply NFP provides natural family planning instruction virtually and in person to couples and women, as well as providing educational presentations regarding cycle health and awareness to girls and women of all ages.

PICKUP YOUR LITTLE BLACK BOOK!

Little black books will be available after all Masses beginning January 28th. These helpful books offer simple, insightful daily 6 minute reflections that will strengthen your faith during Lent.



WOMEN'S MINISTRY
FAITH • FELLOWSHIP • FAMILY

We invite all women to join us on
Saturday, February 10, 2024 at 8:45am
in the School Cafeteria

The Our Father Prayer

We will discuss the prayer that encompasses the whole Gospel message and came straight from the mouth of Jesus. We have a gifted speaker who will help us break it apart so that it never becomes routine. Meet other wonderful women of the parish and be inspired by learning more about our faith and sharing stories of hope with other women.



Please plan to join us, we'd love to have you at Women's Ministry.

RSVP and questions to
sistersinchrist@stmarymokena.org.

St. Mary Parish's Stained-Glass Window Series Returns!



**SAVE THE
DATE!**

Sunday,
February 25th

**Join us for a talk on
St. Mother Teresa of Calcutta.**

This will be followed by prayers for our homebound parishioners and those in Senior Living Communities.

More information coming soon!

**SILENT MARCH 2,
RETREAT 2024**
10AM-4PM

**CARMELITE MONASTERY &
RETREAT CENTER**
MUNSTER, IN



**JOIN US FOR A DAY OF
SILENCE AND REFLECTION**

MEDITATIONS, TALKS, TIME FOR
CONFESSIONS, STATIONS OF THE
CROSS, MASS
'LUNCH PROVIDED'

**"IN THE SILENCE OF THE HEART,
YOU SPEAK, LORD."**

SIGN UP NOW
WWW.STMARYMOKENA.ORG/SILENTREREAT
CONTACT MMURRAY@STMARYMOKENA.ORG

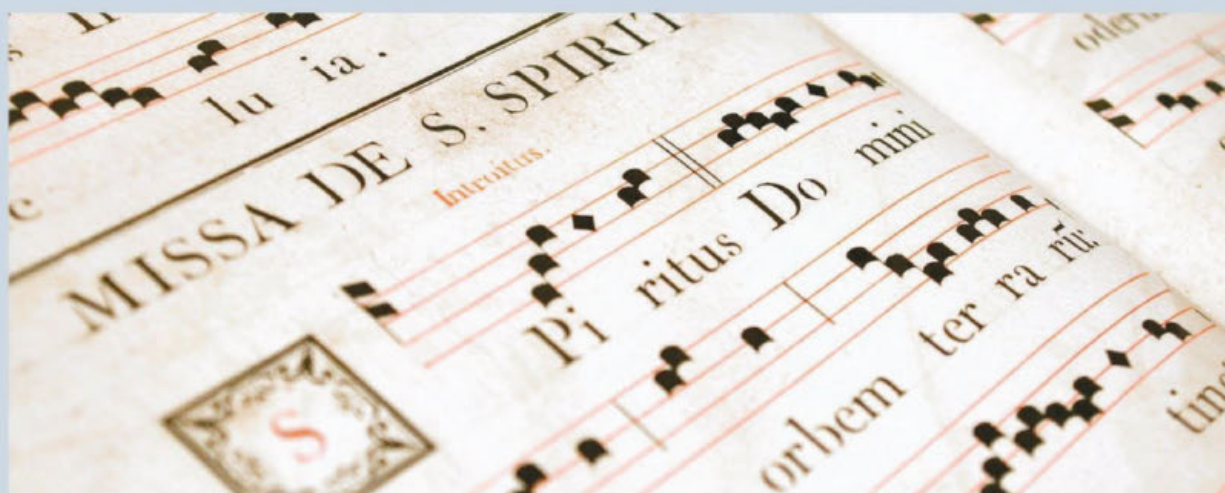
St. Mary Parish Choirs

Children's Choir- This choir consists of children in grades second through eighth. The Children's Choir sings every 2nd and 4th Sunday of the month at 9:30 am Mass (the members who attend St. Mary's school will also sing at the school mass on Wednesday mornings). Rehearsals are on Tuesday at 3:30 pm every week.

Adult Choir- The Adult Choir is open to adults of all ages. This choir sings on the 1st and 3rd Sunday of the month at 9:30 am. The choir rehearses every Tuesday at 5:30 pm. This Choir consists of volunteers and is open to anyone to join, no experience required.

Regina Caeli Choir- The Regina Caeli Choir sings at the 11:00 am Mass weekly. The choir rehearses every Tuesday at 7:00 pm. The Regina Caeli Choir sings choral music with four-part harmony, as well as Latin Motets.

For more information please contact
Joseph Berardi: jberardi@stmarymokena.org



St. Mary School Casino Night

Thank you to our generous sponsors!

SEFTON | KELLY
FAMILY LAW

The Rogers Family

— NEW —
LENOX
FAMILY EYECARE

SUMMER
FRIDAY



GATOR
Logistic Materials Inc.
Champ Through the red tape. Buy Direct.



The Petecki Family

The Miklaszewski Family

The Cullen Family

The Cook Family

The Altman Family

The Munoz Family



The Roberts/Whisson Family

Thank You for your In-Kind Donations:

19th Hole
Ace Hardware
Altman Family
Arbonne/Marcy Pluchar
AV Style Co/Abby Valente
Blissful Banana Cafe
Blissful Charcuterie
Body Fountain
Brow Lounge
Chop Shop/Mane Lounge
Crumbl Cookies
D-BAT
Escapology
Farmhouse Academy

Flip Star
Fulton Flower Company
Gap
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Hawaii Fluid Art
Hickory Creek Brewing
Jeffrey Lamorte
Kernal Sweet Tooth
Kidsworks Childrens Museum
Legends
Mokena Police Department
Nancy's Pizza
New Lenox Family Eyecare
Nothing Bundt Cakes

Nova Quarter Horses
Parker James
Petecki Family
The Phoenix Kitchen + Cocktails
Royal Salt Cave and spa
Simply Slices
Stoney Pointe
The Oaks Mokena Rec Center
Timothy James
UFC Gym
UGA
Urban Air
Which Wich
Witkowski Dental



St. Mary 3rd - 8th grade Religious Ed students had an opportunity to adore our Lord in the Eucharist during Adoration sessions including Benediction. Parents were invited to join their child in this peaceful, grace-filled time of prayer that took place during class sessions at the end of January.

St. Mary is blessed to have Adoration 24/7 at our Chapel on 195th and Wolf Rd.

The children of St. Mary Parish will be receiving God's Mercy through the Sacrament of Reconciliation for the first time on Feb. 10th. Please keep our Parish Children in your prayers as they prepare for this Sacrament!



Bereavement Support

COMING THIS SPRING

Seasons of Hope

This Christ centered support group offers comfort, support and understanding based on scripture and experience.

Sessions are held the 2nd and 4th Tuesday of the month beginning March 12th from 6:30 p.m. - 8:00 p.m. for six weeks.

Contact Donna Hungerford (708) 326-9312
Registration required and space is limited.



All Ministers of Care are asked to stop by the Parish office and pick up a Valentine and treat for the Home-bound person you visit beginning Monday, February 5th.

If you are unable to deliver, contact Donna Hungerford and someone will take it for you.

dhungerford@stmarymokena.org

708-326-9305



HELP RESTOCK OUR KITCHEN!

Most Needed Items:

Pancake Mix
BBQ Sauce
Salad Dressing
Lunch Snacks
Fresh Produce
Saltine Crackers
Coffee and Creamer
Sugar

Deliver to Daybreak Center (611 E. Cass Street, Joliet) anytime!

40 Days for Life

Take part in this Spring Campaign!

February 14—March 24th

Pray for an end to abortion. Help Save Lives!



As you know this is a peaceful prayer vigil outside abortion clinics with the aim of changing people's hearts on this issue. This year the goal for our St. Mary's community is to fill two full days of the campaign:

Saturday, March 2nd at Access Abortuary in Downers Grove

Thursday, March 14th at Planned Parenthood in Flossmoor

Sign up in the church narthex the weekend of February 24 & 25.

You may also sign up on the calendar to pray:

<https://www.40daysforlife.com/en/downersgrove>

<https://www.40daysforlife.com/en/flossmoor>



St. Mary will be offering private ultrasound screenings in the Church Hall.

Details will be provided from their representative after all Masses the weekend of February 17 & 18th and appointments will be scheduled in the narthex.

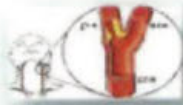


Vascular & Organ Wellness Ultrasound Screenings St. Mary Catholic Church on Thursday, Friday & Saturday, February 22, 23 & 24

Do You Have Any of These Risk Factors?

High Blood Pressure ♦ High Cholesterol ♦ Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer
Diabetes ♦ Atrial Fibrillation ♦ Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



Stroke Risk Screening
Ultrasound of the carotid artery looking for plaque or blocked arteries.



Liver Screening
Ultrasound looking for physical lesions such as masses or tumors.



Abdominal Aortic Aneurysm Screening
Ultrasound of the abdominal aorta looking for an aneurysm.



Kidneys (2) Screening †
Ultrasound looking for physical lesions such as cysts, masses, and stones.



Thyroid Screening †
Ultrasound looking for physical lesions such as nodules or cysts.



Gallbladder Screening †
Ultrasound looking for physical lesions such as polyps, stones, and sludge.

Total Discounted Package: All 7 Ultrasounds for \$169

Additional Testing Available* (not included in package cost)

- A1c (Diabetes) \$25
- Lipids/Cholesterol \$25
- VTD (Vitamin D) \$45
- PSA (Prostate) \$45
- TSH (Thyroid) \$45
- CRP (Cardiac/Inflammation) \$45
- COR (Cortisol/Adrenal Glands) \$45
- GGT (Liver Enzyme) \$45
- CRE (Kidney Creatinine Serum) \$45
- TTE (Testosterone) \$45
- Bone Density (T-Score) \$25

*Bloodwork may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

Screening Preparations

- Wear a two-piece comfortable outfit, no dresses.
- No food or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to eat a light snack.
- No chewing gum before the exams.
- 8 hours fast if having the cholesterol test.
- If you are taking medication, continue to take it.

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Results read by a Board-Certified Radiologist and mailed directly to you in 3-4 weeks. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 350 lb. weight limit on the medical screening tables. Stroke Scan Plus www.strokescan.com (BVG 060423)



The Council of Catholic Women

There will be a Board Meeting
Wednesday, February 7 at 9:00 a.m. in the
Fatima Room, Church Hall.

There will be a General Meeting Thursday,
February 15 at 6:30 p.m. in the Guadalupe Room,
Church Hall.



KNIGHTS OF COLUMBUS

The next **Council Meeting** will be
Tuesday, February 13 at 7:00 p.m. in the
Guadalupe Room, Church Hall.

The next Officer Meeting will be Tuesday,
February 27 at 7:00 p.m. in the
Lourdes Room, Church Hall.

Save the Date! St. Patrick/St. Joseph Day Family Celebration



Sunday, March 10th

Following 11:00 a.m. Mass
12:00 Noon - 4:00 p.m. Church Hall

\$20.00 per person

\$60.00 per family (4 or more)

Includes:

Buffet dinner & Homemade Desserts

Face Paining at 1:30 p.m.

Hula Hoop Contest

Balloon Twister

Entertainment/Music

Irish Dancers at 2:00 p.m.

Raffle Baskets

50/50 Split the Pot

Contact Sue Rizzo for more information.

(815) 953-7228

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The Widow & Widowers Club

Contact Marcia Frank for information about
joining this group (708) 227-8290.



The Young at Heart Senior Club



Join us for our next meeting:
Wednesday, February 7th
1:00 p.m. in the Church Hall.

Prayer Shawl Ministry

- Do you enjoy knitting, crocheting, or sewing?
- Would you like to learn how?
- Would you like to be a part of a Ministry helping those stricken with cancer, chronic conditions, or other situations by providing them with a prayer shawl?

We invite you to join our group!
Our next meeting will be Monday,
February 5 in the Church Hall
Fatima Room 9:00 a.m. -10:00 a.m.

Our monthly meetings are a time for work and prayer. We pray the Fatima rosary while creating shawls. These shawls are a reminder of God's love and a visible sign of a "hug from God". Visit the St. Mary website for more information.

When everything feels confusing, overwhelming, exhausting...

Jesus is here for you.



Eucharistic Adoration
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All parishioners are invited to spend time in adoration, any hour of the day!

Regular adorers who have the same holy hour each week are still needed:

Visit www.stmaryokena.org/adore to sign up!

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please visit or call the parish office: (708) 326-9300

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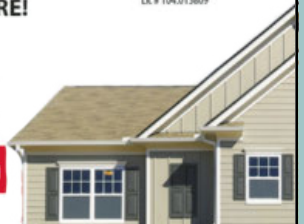
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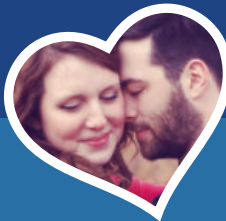


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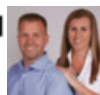
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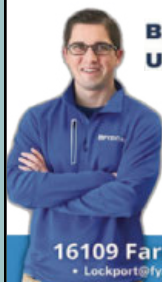
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