



# SAINT MARY

## CATHOLIC CHURCH

*"Send, O Lord, Holy Apostles into Your Church."*

MARCH 8, 2026

## Welcome!

### MASS SCHEDULE

#### Weekend Masses

Saturday | 5:00pm Vigil Mass  
 Sunday | 8:00am, 9:30am,  
 11:00am, 6:00pm

#### Weekday Masses

Monday | 8:00am  
 Tuesday | 8:00am  
 Wednesday | 7:30am  
 Thursday | 8:00am  
 Friday | 8:00am  
 Saturday | 8:00am

#### Confession

Monday through Friday  
 7:00am-7:45am  
 Saturday | 3:30pm-4:30pm  
 First Saturdays | 8:30am-9:30am

#### Devotions

##### Daily Rosary

Monday, Tuesday, Thursday, Friday  
 7:30am

Wednesday | 8:00am  
 Monday evenings | 6:30pm

##### Daily Divine Mercy Chaplet

Monday, Tuesday, Thursday, Friday  
 8:00am

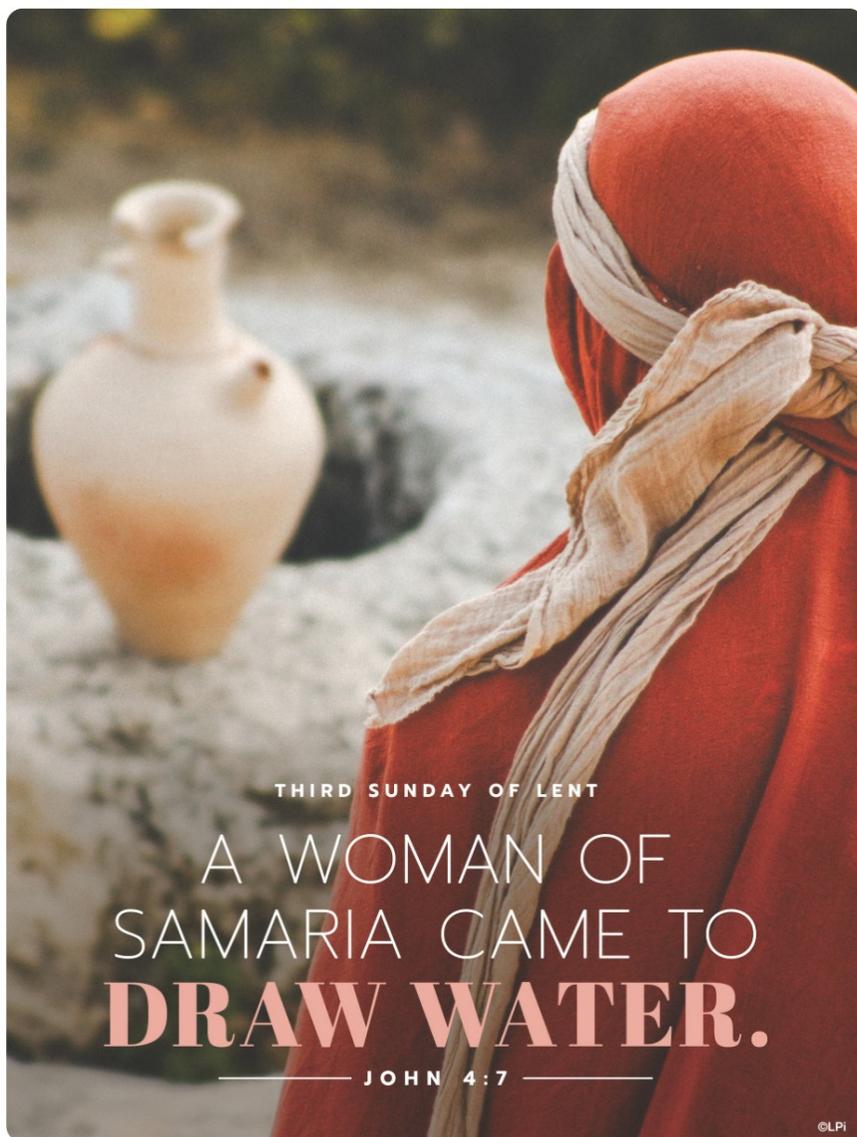
Wednesday | 8:00am

##### Lauds

Sunday mornings | 7:15am

### GET IN TOUCH

19515 S. 115<sup>th</sup> Avenue  
 Mokena, IL 60448  
 708-326-9300  
[www.stmarymokena.org](http://www.stmarymokena.org)



THIRD SUNDAY OF LENT

A WOMAN OF  
 SAMARIA CAME TO  
**DRAW WATER.**

JOHN 4:7

©LPI

## OUR VISION

The beauty and sacredness of the liturgy, sacramental life and parish experience at St. Mary Parish leads our parishioners and community to a life-changing encounter with Jesus Christ.

## THE PARISH DIRECTORY

**Parish Office Hours**  
**Monday through Friday**  
**8:30 A.M. – 4:00 P.M.**  
**–Door # 3–**

**Pastor:** Fr. Joe Gasta

708-326-9307 pastor@stmarymokena.org

**Parochial Vicar:** Fr. Welbert Suarez

708-326-9304 frwelbert@stmarymokena.org

**Deacons:**

Deacon Peter Manning

708-326-9300 deaconpete@aol.com

Deacon John Rex

708-326-9300 deaconjohn@stmarymokena.org

Deacon Kevin Plankinton

708-326-9300 deaconkevin@stmarymokena.org

Deacon Dave Stanton

708-326-9300 deacondave@stmarymokena.org

**Parish Office:**

Parish Secretary, Karen Dilger

**708-326-9300 Parish Fax Number 708-326-9301**

Business Manager, Stephen J. Warunek

708-326-9305 secretary@stmarymokena.org

Maintenance Supervisor, Gerardo "Gerry" Iniguez

708-326-9309 swarunek@stmarymokena.org

Morning Maintenance, Thomas Pritchard

708-326-9314 giniguez@stmarymokena.org

Director of Adult Faith Formation, Megan Murray

708-326-9314 tpritchard@stmarymokena.org

Asst Director of Adult Faith Formation, Danielle Kuboushek

708-326-9313 mmurray@stmarymokena.org

Asst Director to the Clergy/Program Coord., Erica Sestak

708-326-9353 dkuboushek@stmarymokena.org

Director of Religious Education, Tami Brongiel

708-326-9355 esestak@stmarymokena.org

Asst Director of Religious Education, Selena Roberts

708-326-9356 tbrongiel@stmarymokena.org

RE Office Assistant, Kathy Brzeszkiewicz

708-326-9357 sroberts@stmarymokena.org

708-326-9352 re@stmarymokena.org

Directors of Liturgy, Deacon Pete Manning and John Brett

708-326-9352 kbrez@stmarymokena.org

Director of Christian Service, Donna Hungerford

708-326-9312 deaconpete@aol.com, jbrett@stmarymokena.org

Director of Sacred Music, Joseph Berardi

708-326-9312 dhungerford@stmarymokena.org

Youth Minister, Matt Jung

708-326-9302 jberardi@stmarymokena.org

Bulletin Editor, Cailin Valente

708-326-9354 mjung@stmarymokena.org

Funeral Coordinator, Susan Rizzo

bulletin@stmarymokena.org

Offertory and Database Administrator, Leticia Clark

815-953-7228

Financial Secretary, Paula Perry

708-326-9311 lclark@stmarymokena.org

Sacristan, Zina Habib

708-326-9310 pperry@stmarymokena.org

zhabib@stmarymokena.org

**School Office:**

School Secretary, Charlotte Catchings

**708-326-9330**

School Principal, Michele Alday-Engelman

708-326-9332 office@stmarymokena.org

School Assistant Principal, Michelle Huizinga

708-326-9348 mengelman@stmarymokena.org

Marketing & Enrollment, Danelle Bernas

708-326-9347 mhuizinga@stmarymokena.org

708-326-9349 dbernas@stmarymokena.org



**OCIA** - Interested in becoming Catholic? Please contact the Director of Faith Formation at 708-326-9313.

**Baptisms** - Baptisms are usually scheduled the first and third Sunday of the month at 12:15 p.m. following 11:00 a.m. Mass. Please contact the parish office to make arrangements for the baptismal preparation class.

**Marriages** - Weddings need to be scheduled at least 6 months in advance upon approval of a priest. Remember to secure the church date before the reception hall. Please contact the parish office.

**Registration** - New to St. Mary? Please stop in the parish office to complete our registration form or visit our website at [www.stmarymokena.org](http://www.stmarymokena.org).

**Anointing of the Sick** - Please contact the parish office at 708-326-9300.



If you have already pledged to the Catholic Ministries Annual Appeal (CMAA), we sincerely thank you! Let's join together to meet our parish goal of \$167,400.00. Every gift makes a difference.

If you still plan on making your gift, please prayerfully consider how you can elevate your faith beyond all expectations in support of those in need. Pledge envelopes are still available in church, at the Parish Office, or you can use the envelope you received in the mail from the diocese. We also welcome online gifts at [jolietdioceseappeal.org](http://jolietdioceseappeal.org).

Remember, we receive 70% of any amount raised over our goal to reinvest in our own parish. This is an incredible opportunity and blessing!



*Scan QR code for one-time Gift!*

### Mass Intentions

#### Monday, March 9

8:00am: Marge Migler, Mary Jane Shehane

#### Tuesday, March 10

8:00am: Elizabeth Purcell, Dennis Panozzo, Lucille Sheridan, Bill Briscoe, Jenine Reiling

#### Wednesday, March 11

7:30am: Betty Granzow  
8:30am: Leon Witkowski

#### Thursday, March 12

8:00am: Sara Whelton

#### Friday, March 13

8:00am: David Heniff, William Briscoe

#### Saturday, March 14

8:00am: Josephine and Anthony Dudek  
5:00pm: Peter Pranckus, Edward Bean, Elizabeth Plaza, Stefania Barlog, Nicholas Srsnick, Paul Wolf

#### Sunday, March 15

8:00am: Mitch and Clare Gill  
9:30am: Julie Cheropec  
11:00am: Theresa O'Connor  
6:00pm: John Anderer Sr.

Please Pray for our Faithfully  
Departed Brothers and Sisters

Paul Wolf,  
Mary Ann Klosak,  
William Briscoe

*Eternal rest grant unto them and let  
perpetual light shine upon them!*



God Bless Our  
New Parishioners

The Schroeder family,  
The Doyle family,  
Mr. Zachary Webber



PRAY FOR THE  
PROTECTION  
OF THE UNBORN



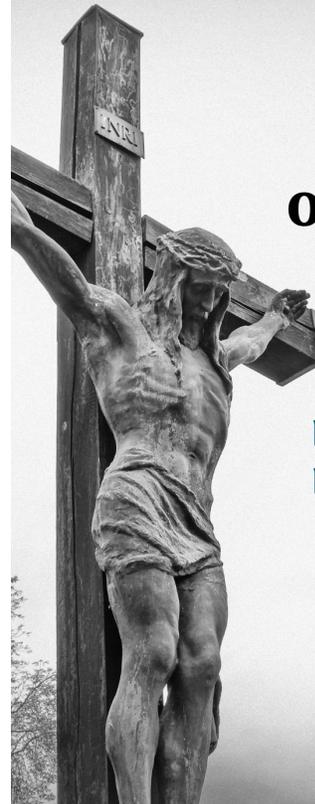
#### PRAY FOR THE SICK

Dan Albrecht, Brett Anderson, Joe, Austin, Tammy Balamut, Lisa Barber, Lisa Bernhard, Florence and Gino Bondi, Agnes Breslin, Alan Brown, Darlene Broadhurst, Rachel Butler, Brian Butler, Francis Bulow, Brenda Castile, Dolores Castro, Bonnie Caper, James Caper, Michael Carey, Monica DiGiovanni, Janet Drobick, Vincent Felice, Barb Finn-Figliulo, John Finili, Bradley Frank, Marcia Frank, Mary Ann Franson, Debbie Geren, Bonnie Gondek, Richard Grabenhofer, Colleen Grabenhofer, Jerry Grabowski, Kelly Hampton, Natalie Haran, Emma Harrison, Jeremiah Hartmann, Bobbie, Howie, Mary Ingala, Daniel Izzo, Richard Junge, Les Kazmierczak, Sherley Keene, Joseph Kerke, Hattie Kerke, Diane Klootwyk, Beverly Klosowski, Richard Kolovitz, Jan Kosmatine, Betty Krizewicz, John Kurator, Joseph Kurczewski, Fr. Roger Kutzner, Jennifer Naril, Dan Lahy, Andy Lihosit, Chet Lockwood, Vernadine Lumpkin, Jay Lutsky, Shirley Lyons, Terrence McKenna, Jack Manuszak, Robert Margalus, Jeanne Matug, Bill Maynard, John McGeehan, Joelee McMaster, Thomas Meehan, Heidi Meekma, Patty Melei, Janice Melisi, Ginny Meyer, Rich Milkeris, Isabella Miller, Angel Munoz, Pat Murphy, Sue Murphy, Lisa Hunt Nichols, Jim Narel, Celine Narel, Geraldine Nykaza, Kenneth O'Gradney, Irene Okoniewski, Callie Olson, Bruce Omastiak, Matthew Orr, Bob and Jackie Pasqualoni, Ed Polzin, Janelle Portman, Rosemary Purcell, Dave Racine, Eileen Redican, Eduardo Reyes, Sean Rio, George Rohrer, Judy Roque, Barbara Rusin, Joseph Santiago, Midge Saunders, William Schlieman, Dan and Brenda Schmiedel, Diane Schoneich, Marie Shaw, Wendy Sifuentes, Karen Singer, Barbara Smith, Brandon Smith, Phyllis Stanton, Geoffrey Sullivan, Tom Sullivan, Joshua Swarez, Victor Tamosaitis, Terri Kelso-Tamer, Tiffany Theresa, John Turas, Judy Turas, Marion Walles, Kathy Wereldsma Leo Wilczek, Tim Weber, Jodie Weber, Jonathan Weber, Dan Wolf, Jerry Wolff, Diana Woods, Karen Yaeger, Kathleen Yonker

Stations  
of the Cross

Please join us every  
Friday during Lent

7:00 pm in the  
Church



### Third Sunday of Lent

#### Monday, March 9

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 6:00 p.m. SPRED Meeting (Fatima)  
 6:30 p.m. Rosary (Church)  
 6:30 p.m. Adult Confirmation Class (Lourdes)

#### Tuesday, March 10

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 9:00 a.m. Pro Life Meeting (Fatima)  
 6:30 p.m. Bereavement Support (Chapel)  
 7:00 p.m. Scripture Study (Lourdes & Fatima)  
 7:00 p.m. K of C Council Meeting (Guadalupe)  
 7:30 p.m. Youth Ministry Bible Study (JPII Room)

#### Wednesday, March 11

5:00 a.m. Fit Shepherds (Church Grounds)  
 7:00 a.m. Confessions  
 7:30 a.m. Mass (Church)  
 9:00 a.m. Scripture Study (Church Hall)  
 9:00 a.m. CCW Board Meeting (Fatima)

#### Thursday, March 12

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 6:00 a.m. Monica's Mission Mass and Meeting  
 (Church & Hall)

#### Friday, March 13

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 8:30 a.m. Adoration (Church)  
 8:45 a.m. First Friday Devotion (Chapel)  
 9:30 a.m. Walking with Purpose  
 (Guadalupe, Lourdes)  
 7:00 p.m. Stations of the Cross (Church)

#### Saturday, March 14

7:00 a.m. Fit Shepherds (Church Grounds)  
 8:00 a.m. Mass (Church)  
 1:00 p.m. First Communion Photos (Lourdes)  
 3:30 p.m. Confessions (Church)  
 5:00 p.m. Mass (Church)

#### Sunday, March 15

##### Donut Sunday

7:15 a.m. Lauds (Church)  
 8:00 a.m. Mass (Church)  
 9:30 a.m. Mass (Church)  
 9:30 a.m. RE Class Gr. K-6 (Classrooms)  
 11:00a.m. Mass (Church)  
 12:00p.m. Family Day (Church Hall All)  
 12:30p.m. Baptisms (Church)  
 2:00 p.m. Private Baptism (Church)  
 6:00 p.m. Mass (Church)  
 6:00 p.m. Youth Ministry (Guadalupe)



All men are invited to join us for our next meeting

**SATURDAY, MARCH 21**

## The Death and Resurrection of Jesus Christ



**8am Mass - 10:30am**  
**St. Mary, Mokena**  
**Church Hall**

Breakfast served--RSVPs encouraged!  
 SMPmensministry@gmail.com



Support our ministries this fall  
 through faithful generosity.

#### The Offertory for March 1st

Online Giving	\$20,038.40
Envelopes	\$22,258.34
	<hr/>
	\$42,296.74

**Budget \$34,000**

Thank you so much for your  
generosity!

#### Online Giving

Give your  
gift today.  
Scan the QR  
Code





**March 14 - March 15: Fourth Sunday of Lent**

	Saturday, 5:00 PM	Sunday, 8:00 AM	Sunday, 9:30 AM	Sunday, 11:00 AM	Sunday, 6:00 PM
Lector	Andy Lihosit Andrea Taylor	Joan Aust Bob Jostes	SMS Student1 SMS Student2	Roberta Dreifke Art Wilson	Andy Habib
Eucharistic Minister	Bob Gombas Karen Gordon Sue Murphy Lora Oldham	Bob Cornejo Nancy Santry Stefanie Walthier Christine Weeks	Joe Austin Lin Austin Joanette Kulesa Pam Sanders	Michael Crowley Joanne Eckel Patti Pertchi NOT FILLED	Karen Haugh Robert Koch Judy Siegmund
Altar Server	Johnny Cotton Rosamund Cotton Molly Cotton NOT FILLED	Jillian Ferin David Heitman NOT FILLED NOT FILLED	Annie Kibbon CJ Strzelczyk Emma Strzelczyk NOT FILLED	Caleb Marietta Christopher Pienkos Cody Pienkos NOT FILLED	Allison Eiden Caitlin Eiden Gretchen Eiden McKenna Griffin
Usher	Mary Ann Braasch Jim Grady Maurice Helm Mark Miron James Palermo Tom Siemieniec Joe Toman	Chris Cichowicz Ed Dorey Rich Gavillet Roy Mueller Gregory Santry	John Delladio Ed Dorey Joanette Kulesa Jim Kulesa Diane Mucia Phillip Sparacino	Ed Dorey William Farhat David Larson Sandra Tome Gladys Weber	Gabriella Carens Linda Drake Maggie Knable NOT FILLED
Greeter	Mary Ann Braasch	Ed Dorey	Ed Dorey	Ed Dorey	Ed Dorey
Live Stream			Frank Grobmeier		

Serving God as an Altar Server is a wonderful way for a child to grow in faith as well as in responsibility, friendship, and other virtues. At St. Mary, we are blessed with an amazing team of Altar Servers. We thank you for giving up your time to serve the Lord and St. Mary. We also thank our wonderful team of Lectors, Eucharistic Ministers, Ushers, Greeters, and Live Streamers for their dedication and outstanding service.

*If you are assigned and are unable to serve, please request a substitute via the Scheduler.*

## FROM THE PASTOR'S DESK



### MY DEAREST PARISHIONERS,

I greet you with love and peace in the name of Jesus!

After two years of being away, I am very happy to finally visit my family again in the Philippines. I've been waiting for this for a long time, and I'm so thankful to be here. My heart is full of joy. Seeing my family again, hugging them, sitting together, and just being with them is a true blessing. For a long time, I only hoped and prayed for this day. Now, by God's grace, it is real. Being with my family again reminds me how important they are. Time and distance make us value each other more. When we are far apart, we understand how special our loved ones are and how we should never take them for granted.

Even though I am far from the parish for a short time, being away does not mean I am far from you. I still think of you and pray for you every day. Writing this bulletin is one way I stay connected with you. Though oceans may separate us geographically, we are never truly far from one another. We are united in prayer and in faith.

This experience has also led me to reflect on something important for all of us. The happiness I feel in seeing my family again is not just about my own homecoming. It is a gentle reminder to cherish the people God has placed in our lives. There is great happiness in seeing our loved ones, especially after not seeing them for a long time. Life moves quickly. Sometimes we get busy, and we forget to visit, to call, or to spend time with the people who matter most. So, if you have not seen your parents for a while, visit them if you can. If you have family members or friends you have not talked to in some time, reach out to them: *spend time together, share a meal, and have a simple conversation*. These small moments are very important. One day, we will realize that these simple times were the most special gifts. Let us not wait too long to show love. Let us make time for our families, especially our parents and our elders. Loving them and being present with them is one of the most beautiful things we can do.

As I spend this special time with my family, please know that you are always in my heart. I am excited to come back and share more stories with you. Until then, may the Lord bless your homes with peace, make your families stronger, and fill your hearts with the joy of loving and being loved.

Send O Lord, Holy Apostles into Your Church!

With love in Christ,

Fr. Joe Gasta, RCJ  
Pastor

## Youth Ministry Upcoming Events

### HS MEETINGS

# March 8

No Meeting March 22 due to Parish Mission



**Blessed Sandra Sabattini**  
Pray for us!

### High School Bible Study

Join us as we journey through the New Testament Letters

Tuesday Nights at 7:30 in the parish office.  
Contact Matt for details.

## Joliet Steubenville Youth Conference



Benedictine University, Lisle, IL.

**Friday June 26- Sunday June 28**

Incoming Freshman through graduating Seniors welcome for a weekend of faith, friendship, and an encounter with Christ like never before.

Speakers include: Chris Stefanick and Fr. Leo Patalinghug

### Annual Diaper Bag Drive

We are starting to collect for our annual Diaper Bag Drive. Please consider donating goods to help support mothers and babies in need!

Contact [tblue@stmarymokena.org](mailto:tblue@stmarymokena.org) with questions

### Sponsor a Diaper Bag

# \$50

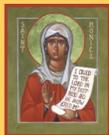
Donation

Contact Youth Minister, Matt Jung, with any questions.

[mjung@stmarymokena.org](mailto:mjung@stmarymokena.org)



Youth Ministry



**MONICA'S MISSION**  
**ST. MARY PARISH MOKENA**  
 BRINGING LOVED ONES BACK TO THE CHURCH



**ALL ARE INVITED TO:**

**A SPECIAL MASS**  
 PRAYING FOR ALL LOVED ONES IN THE  
 PETITION BOOK

**THURSDAY, MARCH 12TH**  
**6:00 p.m. in the Church**

IF YOU HAVE A LOVED ONE WHO HAS LEFT THE  
 CATHOLIC CHURCH PLEASE ADD THEIR NAME IN THE  
 PETITION BOOK LOCATED IN THE NARTHEX. WE PRAY  
 FOR THE NAMES IN THAT BOOK AT SPECIAL MASSES  
 AND ADORATION HOLY HOURS.

*\*We get together once a month to pray and support one another in our  
 efforts to bring our loved ones back home to the Catholic Church.\**

Would you like to help?

We are looking for reverts to the faith, willing to share their faith journey back  
 to the Church.

Contact Deacon Pete Manning: [deaconpete@aol.com](mailto:deaconpete@aol.com) SUBJECT: "Revert"



St. Mary Mokena



An Opportunity to  
 Grow in Faith at Every Age  
**SUNDAY, MARCH 15**  
**12-3 PM**

*Unlocking the Power of Prayer*

All parishioners, regardless of  
 age, are warmly invited to an  
 afternoon filled with faith-  
 based activities, a shared meal,  
 prayer and memories made  
 together at St. Mary's!



Register by March 8 at  
[www.stmarymokena.org/family](http://www.stmarymokena.org/family)

Questions? Contact Megan,  
[mmurray@stmarymokena.org](mailto:mmurray@stmarymokena.org)



*Join us for our Lenten Parish Mission*

# ENCOUNTERING THE MYSTERY:

*A Reflection on the Scrutinies*

with Fr. Steven Borello,

Diocese of Joliet Vocations Director

**Sunday, March 22 - Tuesday, March 24**

7:00 P.M. - 8:00 P.M.

St. Mary, Mokena

Sunday, March 22:  
 "For What Do We Thirst?"

Monday, March 23:  
 "And Now I See."

Tuesday, March 24:  
 "Come Out."

Each evening will include Adoration.





# STUDENT COUNCIL CLOTHING DRIVE

Donate gently used clothing to help All God's People! As you're cleaning your closets this spring, donate gently used shoes and clothing to help the homeless. They need mens, women's, and children's shoes and clothing. There is also always a great need for jeans in all sizes.

All God's People is a local charity that is a beacon of hope for the Chicago community. They're dedicated to making a positive impact in the lives of the homeless. Their mission is not just to offer essentials like food, clothing, and shelter, but to also uplift spirits and inspire change.

Additional questions, contact Danelle Bernas  
([dbernas@stmarymokena.org](mailto:dbernas@stmarymokena.org))

## When: Monday, March 30– Wednesday, April 1st



**Drop off your donations at the main entrance of the school.  
Let's help those in need during Holy Week!**



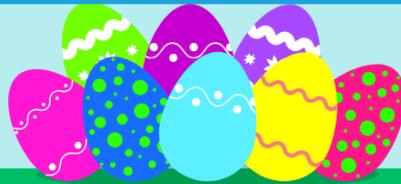
# St. Mary Parish Easter Egg Hunt!

Hosted by the RE Board

**EASTER CANDY AND  
PLASTIC EGGS  
NEEDED**

TO MAKE OUR EGG HUNT PERFECT,  
WE COULD USE YOUR HELP!

PLEASE BRING DONATIONS TO THE  
ST. MARY RE OFFICE BY MARCH 15



**Saturday, April 4**

**11:00 a.m.**

**Willowview Park Pavillion**

**(next to St. Mary, Mokena  
Church)**

# St. Mary Cemetery is fundraising!

*In 1918, the Spanish Influenza affected the Mokena community.*

*Among those who passed away were six workers, two of whom were young newlyweds. Despite not being parishioners here, these six workers were laid to rest in St. Mary Cemetery, through the kindness of the pastor.*

**Their graves went unmarked for over 100 years. Until now.**

We are currently fundraising to mark the final resting place of these six workers. Only \$3,000.00 are needed to purchase and install a headstone for them.



**Help us to fulfill the corporal work of mercy of Burying the Dead by donating to this fundraiser.**

***Donations can be made online:***

**<https://osvhub.com/stmarymokena/giving/funds>**

\*In the event that the received donations exceed the cost of this stone, the remaining funds will be reserved for the purchase and installation of stones for other unmarked graves, or for replacements for historical stones which have been irrevocably damaged due to age.

## ***Lent is the perfect time to act on the Works of Mercy!***

There are two categories of Works of Mercy: **Corporal** and **Spiritual**. The Works of Mercy are needed, since **“faith without works is dead” (James 2:26)**. Works of mercy are **ways for us to live out our faith**, thus giving it life, out of love for God and our neighbor.

The Corporal Works of Mercy (Matthew 25: 31-46) are ways to help others with **physical needs**.

### **THE CORPORAL WORKS OF MERCY**

- 1) FEED THE HUNGRY.
- 2) GIVE DRINK TO THE THIRSTY.
- 3) CLOTHE THE NAKED.

### **4) SHELTER THE HOMELESS.**

- 5) VISIT THE IMPRISONED.
- 6) CARE FOR THE SICK.
- 7) BURY THE DEAD.



We are not expected to act on every single Corporal Work of Mercy at all times. However, **we are meant to help others where we can**. This could mean donating gently used clothing to a shelter, providing food to your local food pantry, visiting elderly relatives, and similar acts.

**Prayerfully consider ways in which you can live out the Corporal Works of Mercy this Lent!**

# SPAGHETTI DINNER!



**SATURDAY, MARCH 21  
IN THE  
CHURCH HALL 6:00 P.M.**



**SPONSORED BY THE ST. MARY  
KNIGHTS OF COLUMBUS**

**COST: FREE WILL OFFERING WILL BE  
DONATED TO THE  
ST. MARY CEMETERY STONE FUNDRAISER  
& PRO-LIFE CHARITIES**

**A L L A R E W E L C O M E**

**Stroke Scan will be available in March in the  
Church Hall, Lourdes Room.  
Sign up will be in the Narthex, March 7 & 8.**



**Vascular & Organ Wellness Ultrasound Screenings**

**St. Mary Catholic Church**

**Tuesday March 17<sup>th</sup> to Thursday March 19<sup>th</sup>**

Please call 832-437-7355 for your appointment.

**Do You Have Any of These Risk Factors?**

High Blood Pressure ♦ High Cholesterol ♦ Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer ♦ Diabetes ♦ Atrial Fibrillation ♦ Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



**Stroke Risk Screening**

Ultrasound of the carotid artery looking for plaque or blocked arteries.



**Liver Screening**

Ultrasound looking for physical lesions such as masses or tumors.



**Abdominal Aortic Aneurysm Screening**

Ultrasound of the abdominal aorta looking for an aneurysm.



**Kidneys (2) Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as cysts, masses and stones.



**Thyroid Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as nodules or cysts.



**Gallbladder Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as polyps, stones, and sludge.

**Total Discounted Package: All 7 Ultrasounds for \$179**

Appointments: 832-437-7355; <sup>†</sup> No substitutions or discounts allowed

**Additional Testing Available\*  
(not included in package cost)**

- A1c (Diabetes) \$25
- Lipids/Cholesterol \$25
- VTD (Vitamin D) \$45
- PSA (Prostate) \$45
- TSH (Thyroid) \$45
- CRP (Cardiac Inflammation) \$45
- COR (Cortisol/Adrenal Glands) \$45
- GGT (Liver Enzyme) \$45
- CRE (Kidney Creatinine Serum) \$45
- TTE (Testosterone) \$45
- Bone Density (T-Score) \$25

\*Bloodwork may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

**Screening Preparations**

- Wear a two-piece comfortable outfit, no dresses.
- No food or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to eat a light snack.
- No chewing gum before the exams.
- 8 hours fast if having the cholesterol test.
- If you are taking medication, continue to take it.

**Saving Lives Since 2001!**



Results read by a board-certified radiologist and available for your review online (with PDF download) typically, within 1 week. You will receive an email/text when ready. Mailed, hard-copy results incur an extra cost. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 300 lb. weight limit on the medical screening tables. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (ENG 011025)



## STROKE SCAN PLUS

**EVERY 40 SECONDS, SOMEONE IN THE U.S. IS HAVING A STROKE!**

**Stroke Scan Plus** and **St. Mary Catholic Church** will be hosting lifesaving, wellness ultrasound screenings on **Tuesday March 17th to Thursday March 19th**. It is important to perform preventive maintenance for ourselves yearly. Do you have **high blood pressure** or **high cholesterol**, **diabetes**, or a family history of **heart disease**, **stroke**, **abdominal aneurysm**, or **internal cancers**? If so, do not miss this opportunity for early detection of a possibly serious disease. These screenings are typically NOT performed at your annual check-up, and insurance companies may not pay for them unless you are symptomatic. **Stroke Scan Plus** will be offering them to you for **\$179** for all 7 combined ultrasound screenings (Stroke, AAA, Thyroid, Liver, Kidneys, & Gallbladder). Blood testing will incur an additional cost. Insurance is NOT necessary, and appointments are limited. Stroke Scan will be available at the church for you to register on on **Saturday, March 7th - Sunday, March 8th**, or please call 832-437-7355 to schedule an appointment today for you or a loved one. The screenings will take place in/at the **St. Mary Catholic Church**. Prevention is your key to quality health! [www.strokescan.com](http://www.strokescan.com).

## SPRING FOOD DRIVE

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### The Frankfort Food Pantry

Please bring non-perishable food  
donations to the Church Hall on  
March 21 & 22

Help our neighbors  
in need.





# Come Join Us!



Revised Itinerary!

**Thursday, March 19**

8am - Mass - St. Mary, Mokena

**8:45am - Bus Departs**

Noon - Adoration/Confession

The Cathedral of the Immaculate Conception, Springfield

1pm - Rally Begins

2pm - March Begins

3pm - Departure

6pm - Approx Return

**Bus Ticket \$30**

Contact the Parish Office for Tickets  
Limited seating...reserve your seat now!

For more information: Donna Hungerford 708 326-9312 or dhungerford@stmarymokena.org

**40 DAYS FOR LIFE**  
February 18-  
March 29

Join us in  
peaceful  
prayer!



## HELP SAVE LIVES IN FLOSSMOOR & DOWNERS GROVE

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

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- Over **26,000** saved babies
- More than **180** closed facilities
- More than **275** converted workers

[40daysforlife.com/flossmoor](http://40daysforlife.com/flossmoor)

Here's how to take part in 40 Days for Life in our community:

### Outside Planned Parenthood

19831 Governors Hwy

7 am to 7 pm daily

### Access Health Abortion Clinic

1700 W. 75<sup>th</sup> St. Downers Grove, IL

8 am to 6 pm daily

**Learn more** ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

[40daysforlife.com/downersgrove](http://40daysforlife.com/downersgrove)



**The Council of Catholic Women**

The next **Board Meeting** will be **Wednesday, March 11** at 9:00 a.m. in the Church Hall, Fatima Room

The next **General Meeting** will be **Thursday, March 19** at 6:30 p.m. in the Church Hall, Guadalupe Room

**A great time was had by the ladies of the CCW at their Valentines Day party!**



The ladies welcomed back entertainer Peter Oprisko again this year.

Peter is known for singing all those wonderful songs by Frank Sinatra, Dean Martin, Mel Torme, Bing Crosby, Bobby Darin and more!

WHAT FUN AND WHAT A TERRIFIC SINGER!

**HE CERTAINLY ADDED SOME SPARKLE TO THE MEETING.**



**KNIGHTS OF COLUMBUS**

The next **Council Meeting** will be **Tuesday, March 10** at 7:00 p.m. in the Church Hall, Guadalupe Room

**Due to the Parish Mission, the next Officer Meeting will be Wednesday, March 25** at 7:00 p.m. in the Church Hall, Lourdes Room

**Save the Date!**

**K of C Spaghetti Dinner**  
**Saturday, March 21** after the 5:00 p.m. Mass

**HELPING HANDS**



The Knights of Columbus have formed a sub-committee called Helping Hands which is offering our services to any parishioner who is in need of repairs around their home and is unable to perform these tasks due to financial hardships or not having able bodied family members available. The resident may be responsible for any material costs, but the Knights would provide the labor. There is a screening process to make sure it is something our members can handle and the work qualifies.

Anyone wishing to apply should contact Donna Hungerford, Christian Service Director (708) 326-9312 to schedule a visit from one of our members. If you are interested in joining this committee, email Rich Neubauer rich.neubauer3@gmail.com

**The St. Mary Prayer Shawl Ministry**

Do you like to knit or crochet? We meet the first Monday of the month at 9:00 a.m. in the Church Hall, Fatima Room (unless it is a holiday). Prayer Shawls for the ill, homebound and grieving are like receiving a "Hug from God". If you would like to give you are welcome to choose from a wide variety of colors and styles at the Parish Office front desk.



**Our next meeting will be Monday, April 13th**

Contact Jan Homolka if you are interested in joining this group [janhomolka@yahoo.com](mailto:janhomolka@yahoo.com)



PLEASE PRAY FOR THE  
NEWLY BAPTIZED

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FRANCIS MICHAEL TOLAND,  
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MARY VICTORIA AUST

MAY GOD BLESS THE LITTLE ONES

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*of the* **HEART**

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**Diocese of Joliet Young Adult  
Movie Night**

Thursday, March 12th, 2026

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Alex Buldak, [abuldak@dioceseofjoliet.org](mailto:abuldak@dioceseofjoliet.org) /  
1-815-221-6256 or via the QR Code

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