



# SAINT MARY

## CATHOLIC CHURCH

*"Send, O Lord, Holy Apostles into Your Church."*

FEBRUARY 22, 2026

## Welcome!

### MASS SCHEDULE

#### Weekend Masses

Saturday | 5:00pm Vigil Mass  
 Sunday | 8:00am, 9:30am,  
 11:00am, 6:00pm

#### Weekday Masses

Monday | 8:00am  
 Tuesday | 8:00am  
 Wednesday | 7:30am  
 Thursday | 8:00am  
 Friday | 8:00am  
 Saturday | 8:00am

#### Confession

Monday through Friday  
 7:00am-7:45am  
 Saturday | 3:30pm-4:30pm  
 First Saturdays | 8:30am-9:30am

#### Devotions

##### Daily Rosary

Monday, Tuesday, Thursday, Friday  
 7:30am  
 Wednesday | 8:00am  
 Monday evenings | 6:30pm

##### Daily Divine Mercy Chaplet

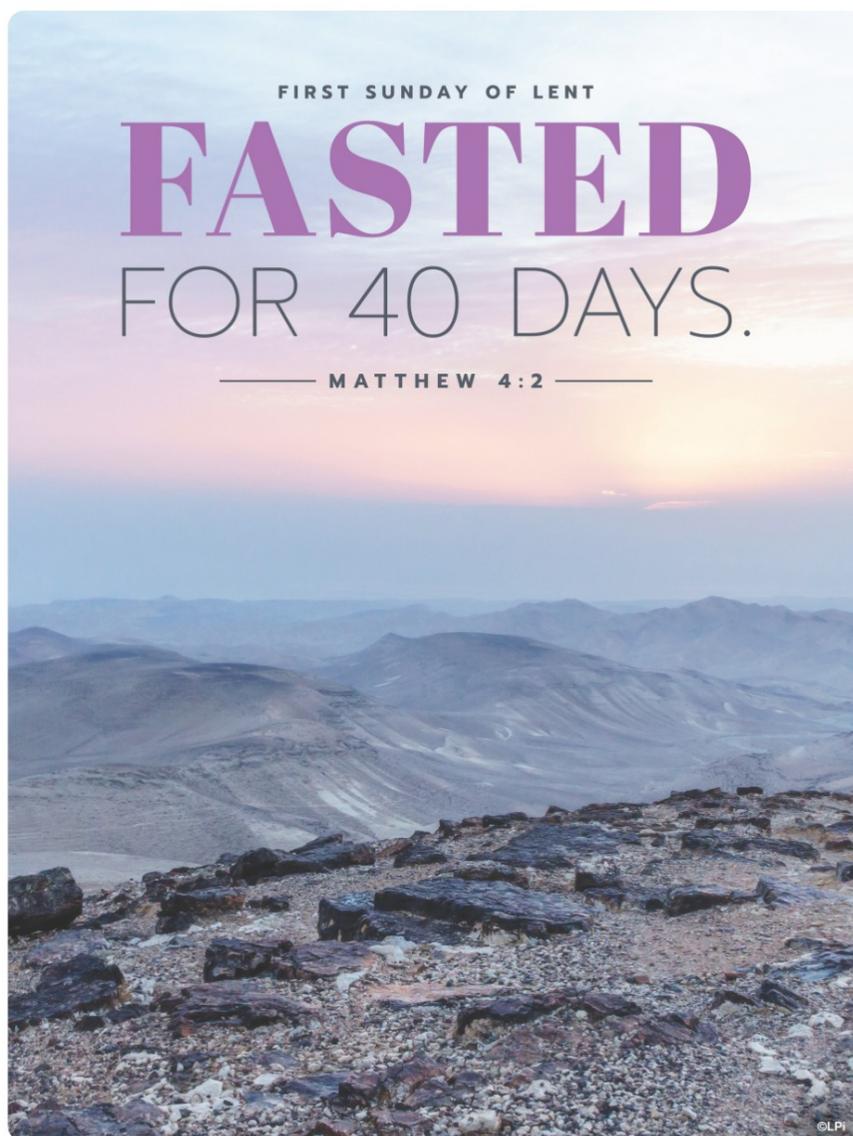
Monday, Tuesday, Thursday, Friday  
 8:00am  
 Wednesday | 8:00am

##### Lauds

Sunday mornings | 7:15am

### GET IN TOUCH

19515 S. 115<sup>th</sup> Avenue  
 Mokena, IL 60448  
 708-326-9300  
[www.stmarymokena.org](http://www.stmarymokena.org)



## OUR VISION

The beauty and sacredness of the liturgy, sacramental life and parish experience at St. Mary Parish leads our parishioners and community to a life-changing encounter with Jesus Christ.

## THE PARISH DIRECTORY

**Parish Office Hours**  
**Monday through Friday**  
**8:30 A.M. – 4:00 P.M.**  
**–Door # 3–**

**Pastor:** Fr. Joe Gasta

**Parochial Vicar:** Fr. Welbert Suarez

708-326-9307 pastor@stmarymokena.org

708-326-9304 frwelbert@stmarymokena.org

**Deacons:**

Deacon Peter Manning

Deacon John Rex

Deacon Kevin Plankinton

Deacon Dave Stanton

708-326-9300 deaconpete@aol.com

708-326-9300 deaconjohn@stmarymokena.org

708-326-9300 deaconkevin@stmarymokena.org

708-326-9300 deaondave@stmarymokena.org

**Parish Office:**

Parish Secretary, Karen Dilger

Business Manager, Stephen J. Warunek

Maintenance Supervisor, Gerardo "Gerry" Iniguez

Morning Maintenance, Thomas Pritchard

Director of Adult Faith Formation, Megan Murray

Asst Director of Adult Faith Formation, Danielle Kuboushek

Asst Director to the Clergy/Program Coord., Erica Sestak

Director of Religious Education, Tami Brongiel

Asst Director of Religious Education, Suzy Olsen

RE Office Assistant, Kathy Brzeszkiewicz

**708-326-9300 Parish Fax Number 708-326-9301**

708-326-9305 secretary@stmarymokena.org

708-326-9309 swarunek@stmarymokena.org

708-326-9314 giniguez@stmarymokena.org

708-326-9314 tpritchard@stmarymokena.org

708-326-9313 mmurray@stmarymokena.org

708-326-9353 dkuboushek@stmarymokena.org

708-326-9355 esestak@stmarymokena.org

708-326-9356 tbrongiel@stmarymokena.org

708-326-9357 solsen@stmarymokena.org

708-326-9352 re@stmarymokena.org

708-326-9352 kbrez@stmarymokena.org

708-326-9312 deaconpete@aol.com, jbrett@stmarymokena.org

708-326-9312 dhungerford@stmarymokena.org

708-326-9302 jberardi@stmarymokena.org

708-326-9354 mjung@stmarymokena.org

bulletin@stmarymokena.org

Directors of Liturgy, Deacon Pete Manning and John Brett

Director of Christian Service, Donna Hungerford

Director of Sacred Music, Joseph Berardi

Youth Minister, Matt Jung

Bulletin Editor, Cailin Valente

Funeral Coordinator, Susan Rizzo

Offertory and Database Administrator, Leticia Clark

Financial Secretary, Paula Perry

Sacristan, Zina Habib

815-953-7228

708-326-9311 lclark@stmarymokena.org

708-326-9310 pperry@stmarymokena.org

zhabib@stmarymokena.org

**School Office:**

School Secretary, Charlotte Catchings

School Principal, Michele Alday-Engelman

School Assistant Principal, Michelle Huizinga

Marketing & Enrollment, Danelle Bernas

**708-326-9330**

708-326-9332 office@stmarymokena.org

708-326-9348 mengelman@stmarymokena.org

708-326-9347 mhuizinga@stmarymokena.org

dbernas@stmarymokena.org



**OCIA** - Interested in becoming Catholic? Please contact the Director of Faith Formation at 708-326-9313.

**Baptisms** - Baptisms are usually scheduled the first and third Sunday of the month at 12:15 p.m. following 11:00 a.m. Mass. Please contact the parish office to make arrangements for the baptismal preparation class.

**Marriages** - Weddings need to be scheduled at least 6 months in advance upon approval of a priest. Remember to secure the church date before the reception hall. Please contact the parish office.

**Registration** - New to St. Mary? Please stop in the parish office to complete our registration form or visit our website at [www.stmarymokena.org](http://www.stmarymokena.org).

**Anointing of the Sick** - Please contact the parish office at 708-326-9300.

## FROM THE PASTOR'S DESK



### MY DEAREST PARISHIONERS,

I greet you with love and peace in the name of Jesus!

As we begin the season of Lent, the Church presents to us the gospel of the temptation of Jesus in the desert. This is not by accident. At the very start of Lent, we are reminded of a truth that touches every one of us: *temptation is part of being human*. However, when we resist temptation with God's grace, it can even become a place of growth, revealing what is in our hearts and giving us the opportunity to choose again whom we will serve. Each temptation invites a choice between God and evil. This tells us that temptation itself is not a sin. Many of us mistakenly believe that simply experiencing temptation is a moral failure, but in reality, temptation only becomes a sin when we freely consent to it. The fact that we struggle often shows that we care and that we desire to do what is right.

Jesus Himself experienced temptation. In the desert, He was tempted with comfort, power and control, but He never sinned. By resisting these temptations, Jesus shows us that temptation does not have the final word; God's grace does. This Lent, we are invited to follow His example: *to bring our struggles to God in prayer, trusting that He is with us every step of the way*.

Lent is a time to grow stronger, not by pretending we have no struggles, but by cooperating with God's grace through prayer, fasting, and acts of charity. When we fall into sin, God lifts us up. When we resist temptation, He strengthens us. Let us remember this Lent that temptation, when met with trust in God, is not something to fear but an opportunity to turn to Him, to grow in faith, and to rely more deeply on His love. Like Jesus in the desert, we are never alone. God walks with us every step of the way. So do not be afraid.

Send O Lord, Holy Apostles into Your Church!

With love in Christ,

Fr. Joe Gasta, RCJ  
Pastor

## Mass Intentions

**Monday, February 23**

8:00am: Peter Bria

**Tuesday, February 24**

8:00am: Eva Dilger, Janet Bender, Deacon Chuck Woods

**Wednesday, February 25**

7:30am: Catherine Korevec

**Thursday, February 26**

8:00am: Emily Paternasto

**Friday, February 27**

8:00am: Anna Mach

**Saturday, February 28**

8:00am: Barbara Sansone

5:00pm: Leonard Kuboushek, Bob and Babe Podlasek, Leon Witkowki, Georgia Reiter Glynn

**Sunday, March 1**

8:00am: Raymond Rafferty

9:30am: Maria Abbeduto

11:00am: Maria Pulido

6:00pm: Edward Abramic

### PRAY FOR THE SICK

Dan Albrecht, Brett Anderson, Joe, Austin, Tammy Balamut, Lisa Barber, Lisa Bernhard, Florence and Gino Bondi, Agnes Breslin, Alan Brown, Darlene Broadhurst, Rachel Butler, Brian Butler, Francis Bulow, Brenda Castile, Dolores Castro, Bonnie Caper, James Caper, Michael Carey, Monica DiGiovanni, Janet Drobick, Vincent Felice, Barb Finn-Figliulo, John Finili, Bradley Frank, Marcia Frank, Mary Ann Franson, Debbie Geren, Bonnie Gondek, Richard Grabenhofer, Colleen Grabenhofer, Jerry Grabowski, Kelly Hampton, Natalie Haran, Emma Harrison, Jeremiah Hartmann, Bobbie, Howie, Mary Ingala, Daniel Izzo, Richard Junge, Les Kazmierczak, Sherley Keene, Joseph Kerke, Hattie Kerke, Diane Klootwyk, Beverly Klosowski, Richard Kolovitz, Jan Kosmatine, Betty Krizewicz, John Kurator, Joseph Kurczewski, Fr. Roger Kutzner, Jennifer Naril, Dan Lahy, Andy Lihosit, Chet Lockwood, Vernadine Lumpkin, Jay Lutsky, Shirley Lyons, Terrence McKenna, Jack Manuszak, Robert Margalus, Jeanne Matug, Bill Maynard, John McGeehan, Joelee McMaster, Thomas Meehan, Heidi Meekma, Patty Melei, Janice Melisi, Ginny Meyer, Rich Milkeris, Isabella Miller, Angel Munoz, Pat Murphy, Sue Murphy, Lisa Hunt Nichols, Jim Narel, Celine Narel, Geraldine Nykaza, Kenneth O'Gradney, Irene Okoniewski, Callie Olson, Bruce Omastiak, Matthew Orr, Bob and Jackie Pasqualoni, Ed Polzin, Janelle Portman, Rosemary Purcell, Dave Racine, Eileen Redican, Eduardo Reyes, Sean Rio, George Rohrer, Judy Roque, Barbra Rusin, Joseph Santiago, Midge Saunders, William Schlieman, Dan and Brenda Schmiedel, Diane Schoneich, Marie Shaw, Wendy Sifuentes, Karen Singer, Barbara Smith, Brandon Smith, Phyllis Stanton, Geoffrey Sullivan, Tom Sullivan, Joshua Swarez, Victor Tamosaitis, Terri Kelso-Tamer, Tiffany Theresa, John Turas, Judy Turas, Marion Wallis, Kathy Wereldsma Leo Wilczek, Tim Weber, Jodie Weber, Jonathan Weber, Dan Wolf, Paul Wolf, Jerry Wolff, Diana Woods, Karen Yaeger, Kathleen Yonker

Please Pray for our Faithfully  
Deceased Brothers and Sisters



Nicholas Srsnick  
Betty Jasek



*Eternal rest grant unto them and let  
perpetual light shine upon them!*



PLEASE PRAY FOR THE NEWLY BAPTIZED

EMMA RAJCA

MAY GOD BLESS THE LITTLE ONES



**Almighty God, watch over and protect our  
nation's military members and  
their families. Take them into your most  
gracious protection. Amen.**

SSG Jarred Andras, ARNG	MAJ Steven Pieczynski, USAF
PFC Jenson Andras, USMC	SSG August Pintarro, USA
SP4 Arhan Atreya, USA	PFC Joshua Poplin, USA
Capt Lukasz Bokun, ANG	E-3 Sydney Quatrochi, USAF
Lt Col Joseph A. Budzyn, USAF	Cpl Ryan J. Schwartz, USMC
AET2 Lauren Bulow, USCG	MA3 Greg Siegmund, USN
TSgt Loretta Caplinger, USAF	CPT David Skrzypiec, USAR
E3 Colette Gagen, USN	LT Kevin Skrzypiec, USN
ET2 Nicholas Gambino, USCG	ME2 Gage Stearns, USCG
PFC Noah Genz, USA	Sgt Luke Swiatek, USMC
CPT Andrew Jacobs, USA	LCDR Nicholas Swiatkowski, USNR
MIDN Isabella Judeh, USMMA	Maj Jennifer Tenumah, USAF
CPT Kevin Kelly, USA	CPT Vincent R. Teodoro, USA
PV3 Devin Klinger, USA	Cpl Blanton Vego, USMC
Cpl John P. Morrison, USMC	PO3 John David Villaseñor, USN
Sgt Cody Nicks, USAF	MAJ Bryan Welch, USA
PO3 John O'Brien Nolan, USN	MMN3 Peter Weygandt, USN
PFC Matthew Pakosz, USMC	CPT Christopher Zolner, USA

IF YOU WOULD LIKE THE NAME OF SOMEONE CURRENTLY SERVING  
IN THE MILITARY PUBLISHED HERE, PLEASE EMAIL THEIR  
NAME, RANK, AND BRANCH OF SERVICE TO BOB CORNEJO,  
BCORNEJO@STMARYMOKENA.ORG.  
THANK YOU.

## Sixth Sunday in Ordinary Time

### Monday, February 23

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 4:30 p.m. Little Flowers  
 6:00 p.m. SPRED Meeting (Fatima)  
 6:30 p.m. Rosary (Church)  
 6:30 p.m. Adult Confirmation Class (Lourdes)

### Tuesday, February 24

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 4:30 p.m. RE Class Gr. K-6 (Classrooms)  
 6:30 p.m. RE Gr. 7-8 (Classrooms)  
 7:00 p.m. Scripture Study (Lourdes & Fatima)  
 7:00 p.m. K of C Officer Meeting (Lourdes)  
 7:30 p.m. Youth Ministry Bible Study (JP11 Room)

### Wednesday, February 25

5:00 a.m. Fit Shepherds (Church Grounds)  
 7:00 a.m. Confessions  
 7:30 a.m. Mass (Church)  
 9:00 a.m. Scripture Study (Church Hall)  
 12:00p.m. K of C Blood Drive Set Up (Guadalupe)  
 1:00 p.m. K of C Blood Drive (Guadalupe)  
 2:00 p.m. Daybreak Cooking (Kitchen)  
 4:30 p.m. Re Gr. 1-8 (Classrooms)  
 6:30 p.m. RE Class Gr. 7-8 (Classrooms)

### Thursday, February 26

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 4:30 p.m. RE Class Gr. 1-8 (Classrooms)  
 6:30 p.m. St. Peregrine Devotion (Chapel)  
 7:00 p.m. Behold (Church)

### Friday, February 27

7:00 a.m. Confessions  
 8:00 a.m. Mass (Church)  
 8:30 a.m. Adoration (Church)  
 9:30 a.m. Walking with Purpose (Guadalupe, Lourdes)  
 12:30p.m. Franciscan at Home Meeting (Fatima)  
 7:00 p.m. Stations of the Cross (Church)

### Saturday, February 28

7:00 a.m. Fit Shepherds (Church Grounds)  
 8:00 a.m. Mass (Church)  
 10:00a.m. First Communion Retreat (Church Hall)  
 3:30 p.m. Confessions (Church)  
 5:00 p.m. Mass (Church)

### Sunday, March 1

7:15 a.m. Lauds (Church)  
 8:00 a.m. Mass (Church)  
 9:30 a.m. Mass (Church)  
 9:30 a.m. RE Class Gr. K-6 (Classrooms)  
 11:00a.m. Mass (Church)  
 12:30p.m. Baptisms (Church)  
 2:00 p.m. Baptism (Church)  
 3:30 p.m. OCIA Rehearsal (Church)  
 6:00 p.m. Mass (Church)  
 6:00 p.m. Youth Ministry (Guadalupe)

# St. Peregrine DEVOTION AND HEALING SERVICE

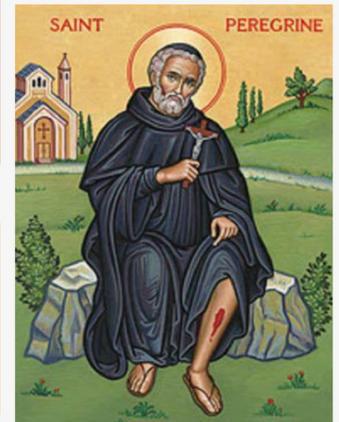
PATRON OF THOSE WHO SUFFER WITH  
 CANCER OR ANY INCURABLE DISEASE  
 OR CONDITION

26  
 FEBRUARY

6:30PM  
 ST. MARY'S CHURCH  
 SIDE CHAPEL

EVERY LAST THURSDAY OF THE  
 MONTH!

-ST. PEREGRINE DEVOTIONAL  
 PRAYERS  
 -RECONCILIATION  
 -ADORATION OF THE BLESSED  
 SACRAMENT



*Spend time in Jesus' presence at*

# Behold

Thursday, February 26th  
 7:00 pm in the Church

A Night of Prayer, Music,  
 Confession and Adoration



*"Draw near to God, and he will draw near to you."*



All men are invited to join us for our next meeting  
**SATURDAY, MARCH 21**

# The Death and Resurrection of Jesus Christ



**8am Mass - 10:30am**  
**St. Mary, Mokena**  
**Church Hall**

Breakfast served--RSVPs encouraged!  
SMPmensministry@gmail.com



FIT SHEPHERDS AIMS TO HAVE EVERY MAN IN OUR COMMUNITY BE IN THE BEST PHYSICAL AND SPIRITUAL SHAPE OF THEIR LIVES.



## BE BETTER

*Better son...Better husband  
Better brother...Better father*



Fit Shepherds are formed through  
Demanding workouts  
Fraternity  
Discipleship

A Fit Shepherd wants to model his life after the Good Shepherd, Jesus Christ.

Please join us every Saturday morning in any kind of weather at 7:00 am (also Wednesdays at 5:00 am) in the St. Mary parking lot



*Congratulations to the Kinast family on the baptism of their daughter Riley*

# Giving

Rooted in Gratitude  
Giving with Grace

Support our ministries this fall through faithful generosity.

The Offertory for February 15th will be shared in the next bulletin.

Budget \$34,000  
Thank you so much for your generosity!

### Online Giving

Give your gift today. Scan the QR Code



Register  
today!

St. Mary Mokena



# FAMILY Day

An Opportunity to  
Grow in Faith at Every Age

**SUNDAY, MARCH 15**  
**12-3 PM**

*Unlocking the Power of Prayer*

All parishioners, regardless of age, are warmly invited to an afternoon filled with faith-based activities, a shared meal, prayer and memories made together at St. Mary's!



Register by March 8 at  
[www.stmarymokena.org/family](http://www.stmarymokena.org/family)

Questions? Contact Megan,  
[mmurray@stmarymokena.org](mailto:mmurray@stmarymokena.org)



**SAVE THE DATE**

for our Lenten Parish Mission

# ENCOUNTERING THE MYSTERY:

*A Reflection on the Scrutinies*

with Fr. Steven Borello,

Diocese of Joliet Vocations Director

**Sunday, March 22 - Tuesday, March 24**

7:00 P.M. - 8:00 P.M.

St. Mary, Mokena

**Sunday, March 22:**  
“For What Do We Thirst?”

**Monday, March 23:**  
“And Now I See.”

**Tuesday, March 24:**  
“Come Out.”

Each evening will include Adoration.



**FEBRUARY 2026**  
**LIVE-STREAM**  
**MASS SCHEDULE**

**Fourth Sunday in Ordinary Time (Feb. 1):**  
 9:30 AM • YouTube & Facebook

**Fifth Sunday in Ordinary Time (Feb. 8):**  
 9:30 AM • YouTube & Facebook

**Sixth Sunday in Ordinary Time (Feb. 15):**  
 9:30 AM • YouTube & Facebook

**Ash Wednesday (Feb. 15):**  
 7 PM • YouTube & Facebook

**First Sunday of Lent (Feb. 22):**  
 9:30 AM • YouTube & Facebook

**Second Sunday of Lent (March 1):**  
 9:30 AM • YouTube & Facebook

*Live-streamed Catholic Mass is intended for those who cannot attend in person due to illness, infirmity, frailty, lack of transportation, or other serious, unavoidable circumstances, rather than for convenience.*

*It offers spiritual nourishment and allows the homebound to maintain a connection to the community.*

*It does not fulfill the Sunday obligation for those who are able to attend*



**St. Mary Catholic Church**  
 Mokena, Illinois  
[www.stmarymokena.org](http://www.stmarymokena.org)



**February 28 - March 1: Second Sunday of Lent**

	Saturday, 5:00 PM	Sunday, 8:00 AM	Sunday, 9:30 AM	Sunday, 11:00 AM	Sunday, 6:00 PM
Lector	Pamela DeGregorio Ted Kopczynski	Antoinette Bria Kathy Mihalek	Denise L Bartolotta Guy Cesario	Sean Gleason Art Wilson	Ed Pluchar
Eucharistic Minister	Karen Gordon Ted Kopczynski John Mitoraj Sue Murphy	Joan Aust Robert Rafferty Stefanie Walthier Christine Weeks	Joe Austin Lin Austin Frank Dundek Sally Harper	Michael Crowley Joanne Eckel Patti Pertchi NOT FILLED	Karen Haugh Robert Koch Judy Siegmund
Altar Server	Charleigh Widelski Scarlett Widelski NOT FILLED NOT FILLED	David Heitman Liam Sullivan NOT FILLED NOT FILLED	Silas Kuboushek Theo Kuboushek Lucas Pilon Noah Pilon	Caleb Marietta Luke Tyrka Zachary Tyrka NOT FILLED	Charlie Pluchar Stella Pluchar Therese Pluchar
Usher	Mary Ann Braasch Jim Grady Maurice Helm Mark Miron James Palermo Tom Siemieniec Joe Toman	Chris Cichowicz Ed Dorey Rich Gavillet Roy Mueller NOT FILLED	John Delladio Ed Dorey Joanette Kulesa Jim Kulesa Diane Mucia Phillip Sparacino	Ed Dorey William Farhat David Larson Sandra Tome Gladys Weber	Gabriella Carens Linda Drake Maggie Knable NOT FILLED
Greeter	Mary Ann Braasch	Denise Mueller	Ed Dorey	Ed Dorey	Ed Dorey
Live Stream			Cyndi Grobmeier		

Serving God as an Altar Server is a wonderful way for a child to grow in faith as well as in responsibility, friendship, and other virtues. At St. Mary, we are blessed with an amazing team of Altar Servers. We thank you for giving up your time to serve the Lord and St. Mary. We also thank our wonderful team of Lectors, Eucharistic Ministers, Ushers, Greeters, and Live Streamers for their dedication and outstanding service.

*If you are assigned and are unable to serve, please request a substitute via the Scheduler.*

## Youth Ministry Upcoming Events

### HS MEETINGS

**February 22**  
**March 1**  
**March 8**



**Blessed Sandra Sabattini**  
**Pray for us!**

### High School Bible Study

**Join us as we journey through the New Testament Letters**

**Tuesday Nights at 7:30 in the parish office.**  
**Contact Matt for details.**

## Joliet Steubenville Youth Conference



Benedictine University, Lisle, IL.

**Friday June 26- Sunday June 28**

**Incoming Freshman through graduating Seniors welcome for a weekend of faith, friendship, and an encounter with Christ like never before.**

**Speakers include: Chris Stefanick and Fr. Leo Patalinghug**

### Annual Diaper Bag Drive

**We are starting to collect for our annual Diaper Bag Drive. Please consider donating goods to help support mothers and babies in need!**

**Contact [tblue@stmarymokena.org](mailto:tblue@stmarymokena.org) with questions**

### Junior High

**Next Meeting Mar. 5th in the school cafeteria.**

**6:00-7:30pm**  
**(Enter door 4)**

**Contact Youth Minister, Matt Jung, with any questions.**

**[mjung@stmarymokena.org](mailto:mjung@stmarymokena.org)**



Youth Ministry

LENTEN SILENT  
RETREAT

How to See  
*God's Goodness*  
in the Cross

SATURDAY,  
FEBRUARY 28  
10AM-3PM

SHRINE OF ST. THERESE  
DARIEN, IL

Register today at  
[www.stmarymokena.org/silent](http://www.stmarymokena.org/silent)

Women are invited to



a 6-week Walking with Purpose  
Bible Study based on Ephesians  
hosted by Mom's Podcast Club,  
children are welcome to attend!

*Fridays, 9:30-11:00*

February 20 thru March 27

• Church Hall •

Free Registration at  
[www.stmarymokena.org/wwp](http://www.stmarymokena.org/wwp)

Questions? Contact  
[dkuboushek@stmarymokena.org](mailto:dkuboushek@stmarymokena.org)

CONSIDER JOINING  
the St. Mary Parish  
**Hospitality Committee**

We're looking for parishioners who can help  
people feel at home in our parish!

The role of this group will be to assist in setup,  
serving, and cleanup at parish-wide events such  
as First Holy Communion, Family Days,  
Confirmation, and other retreats and events.

Members will choose which events they can attend.  
Show God's love, make a meaningful impact, and  
give back to St. Mary's in a tangible way by joining  
the Hospitality Committee!

To learn more, please fill out the form at  
[www.stmarymokena.org/volunteer](http://www.stmarymokena.org/volunteer)  
or call the Parish Office, (708) 326-9300.



Help us launch a new

**MARRIAGE MINISTRY**

Are you passionate about the  
Sacrament of Marriage?

Want to help others build stronger marriages?

We're forming a core team to help build a  
ministry offering support, enrichment, and  
fellowship among couples.

**Join us for an informational meeting:**

**WEDNESDAY, MARCH 4**  
**7:00 PM**  
**CHURCH HALL**



*Deepen your own marriage,  
connect with other couples,  
make a lasting impact.*

If you cannot attend but are interested,  
please email [dkuboushek@stmarymokena.org](mailto:dkuboushek@stmarymokena.org).



# St. Mary Parish Easter Egg Hunt!

Hosted by the RE Board

**EASTER CANDY AND  
PLASTIC EGGS  
NEEDED**

TO MAKE OUR EGG HUNT PERFECT,  
WE COULD USE YOUR HELP!

PLEASE BRING DONATIONS TO THE  
ST. MARY RE OFFICE BY MARCH 15



**Saturday, April 4**

**11:00 a.m.**

**Willowview Park Pavillion**

**(next to St. Mary, Mokena  
Church)**

# TITANS WITH INTEGRITY



**DR. ENGELMAN, FR. JOE AND FR. WELBERT RECOGNIZED OUR "TITANS WITH INTEGRITY" STUDENTS FOR FEBRUARY. THESE STUDENTS EXEMPLIFIED HONESTY, CHARACTER, AND RESPECT, LIVING OUT THE VIRTUES WE VALUE AT SMS.**

# SPRING FOOD DRIVE



benefiting:

## The Frankfort Food Pantry

Please bring non-perishable food  
donations to the Church Hall on  
March 21 & 22



Helping our  
neighbors  
in need.



**40 DAYS  
FOR LIFE**  
February 18-  
March 29



## HELP SAVE LIVES IN FLOSSMOOR & DOWNERS GROVE

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are the proven results in 30 coordinated campaigns:

- Over **26,000** saved babies
- More than **180** closed facilities
- More than **275** converted workers

Here's how to take part in 40 Days for Life in our community:

### Outside Planned Parenthood

19831 Governors Hwy

7 am to 7 pm daily

### Access Health Abortion Clinic

1700 W. 75<sup>th</sup> St. Downers Grove, IL

8 am to 6 pm daily

**Learn more** ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

[40daysforlife.com/flossmoor](http://40daysforlife.com/flossmoor)

[40daysforlife.com/downersgrove](http://40daysforlife.com/downersgrove)



# Come Join Us!



## Thursday, March 19

7:45am - Bus Departs

Noon - Rally Begins

1pm - March Begins

2:15pm - Adoration

6pm - Approx Return

**Bus Ticket \$30**

Contact the Parish Office for Tickets  
Limited seating...reserve your seat now!

For more information: Donna Hungerford 708 326-9312 or [dhungerford@stmarymokena.org](mailto:dhungerford@stmarymokena.org)

**Stroke Scan will be available in March in the  
Church Hall, Lourdes Room.  
Sign up will be in the Narthex, March 7 & 8.**



**Vascular & Organ Wellness Ultrasound Screenings**

**St. Mary Catholic Church**

**Tuesday March 17<sup>th</sup> to Thursday March 19<sup>th</sup>**

Please call 832-437-7355 for your appointment.

**Do You Have Any of These Risk Factors?**

High Blood Pressure ♦ High Cholesterol ♦ Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer ♦ Diabetes ♦ Atrial Fibrillation ♦ Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



**Stroke Risk Screening**

Ultrasound of the carotid artery looking for plaque or blocked arteries.



**Liver Screening**

Ultrasound looking for physical lesions such as masses or tumors.



**Abdominal Aortic Aneurysm Screening**

Ultrasound of the abdominal aorta looking for an aneurysm.



**Kidneys (2) Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as cysts, masses and stones.



**Thyroid Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as nodules or cysts.



**Gallbladder Screening<sup>†</sup>**

Ultrasound looking for physical lesions such as polyps, stones, and sludge.

**Total Discounted Package: All 7 Ultrasounds for \$179**

Appointments: 832-437-7355; <sup>†</sup> No substitutions or discounts allowed

**Additional Testing Available\*  
(not included in package cost)**

- A1c (Diabetes) \$25
- Lipids/Cholesterol \$25
- VTD (Vitamin D) \$45
- PSA (Prostate) \$45
- TSH (Thyroid) \$45
- CRP (Cardiac/Inflammation) \$45
- COR (Cortisol/Adrenal Glands) \$45
- GGT (Liver Enzyme) \$45
- CRE (Kidney Creatinine Serum) \$45
- TTE (Testosterone) \$45
- Bone Density (T-Score) \$25

\*Bloodwork may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

**Screening Preparations**

- Wear a two-piece comfortable outfit, no dresses.
- No food or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to eat a light snack.
- No chewing gum before the exams.
- 8 hours fast if having the cholesterol test.
- If you are taking medication, continue to take it.

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Results read by a board-certified radiologist and available for your review online (with PDF download) typically, within 1 week. You will receive an email/text when ready. Mailed, hard-copy results incur an extra cost. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 300 lb. weight limit on the medical screening tables. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (ENG 011025)



**The Council of Catholic Women**

The next **Board Meeting** will be **Wednesday, March 11** at 9:00 a.m. in the Church Hall, Fatima Room

The next **General Meeting** will be **Thursday, March 19** at 6:30 p.m. in the Church Hall, Guadalupe Room



**KNIGHTS OF COLUMBUS**

The next **Officer Meeting** will be **Tuesday, February 24** at 7:00 p.m. in the Church Hall, Lourdes Room

The next **Council Meeting** will be **Tuesday, March 10** at 7:00 p.m. in the Church Hall, Guadalupe Room

**Save the Date!**  
**K of C Spaghetti Dinner will be Saturday, March 21** in the Church Hall.  
**More details to come!**

**ST. PATRICK & ST. JOSEPH DAY FAMILY CELEBRATION!**

**SUNDAY, MARCH 8, 2026**  
 FOLLOWING 11:00 A.M. MASS  
 12:00 NOON - 4:00 PM CHURCH HALL

\$20.00 PER PERSON  
 \$70.00 PER FAMILY (2 ADULTS AND CHILDREN UNDER THE AGE OF 18)  
 CHILDREN UNDER 3 YRS OF AGE ARE FREE

CASH BAR, RAFFLE BASKETS, 50/50 SPLIT THE POT

- BUFFET DINNER & HOMEMADE DESSERTS
- FAMILY FUN
- FACE PAINTING AT 12:30 P.M.
- HULA HOOP CONTEST, BALLOON TWISTER 100 P.M.
- ENTERTAINMENT/MUSIC
- IRISH DANCERS AT 2:30 P.M.

Contact Roberta Dreifke for more information 708-334-1909

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**DONATE BLOOD**

**Wednesday February 25**

**1:00 PM - 7:00 PM**  
 EVERY 2 SECONDS in the U.S., someone needs blood. Your donation provides hope, healing, and life to patients in our community.



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**\*GOVERNMENT PHOTO ID REQUIRED\***  
 Appointments appreciated: Walk-ins welcomed!  
 To schedule, [www.versiti.org/IL](http://www.versiti.org/IL), load the Versiti Donor app, call (800) 7TO-GIVE, or scan the QR code



**St. Mary's Young at Heart**



**Trip to Four Winds Casino Wednesday, March 4**

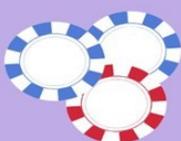
Meet near the Parish Office Door #3 on the circle drive by 9:15 a.m. (depart 9:30 p.m. & return approximately 4:30 p.m.)

**\$40.00 per person includes bus \$15 toward slots and \$10 voucher toward lunch**

Contact Marla Garbarezyk (708) 308-2505 for information.

**All parishioners & friends are welcome!**

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**HELPING HANDS**



The Knights of Columbus have formed a sub-committee called Helping Hands which is offering our services to any parishioner who is in need of repairs around their home and is unable to perform these tasks due to financial hardships or not having able bodied family members available. The resident may be responsible for any material costs, but the Knights would provide the labor.

There is a screening process to make sure it is something our members can handle and the work qualifies. Anyone wishing to apply should contact Donna Hungerford, Christian Service Director (708) 326-9312 to schedule a visit from one of our members. If you are interested in joining this committee, email Rich Neubauer

## OVEREATERS ANONYMOUS

Open Meeting

### OA

Do you want support,  
No judgement and guidance  
During your weight loss journey?

- Community
- Support
- People who relate
- Healing
- Healthy Habits



### Join Us

We are hosting an Open Meeting! Anyone is welcome!  
Join us on Friday, March 6th, at 10:00 am

The Palos Heights Christian Reformed Church  
Address: 7059 West 127<sup>th</sup> Street,  
Palos Heights, IL, 60463

### What is OA?

Overeaters Anonymous (OA) was started based on the principles of Alcoholics Anonymous (AA). OA consists of people who have suffered from Compulsive Overeating, Dieting, Binge Eating, Anorexia and Bulimia.

Overeaters Anonymous is not associated with the Palos Heights Christian Reformed Church or any organized religion



express yourself

### Why OA?

We understand where you are, what you have been through and are still going through. Come to an open meeting and see if OA can help you get some sanity in dealing with achieving a healthy weight. We are here for you.

OA is Free!!!



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