



STEADY UNDER STRESS: SOUTHERN MINNESOTA

Join us for a day of shared stories, learning, and practical tools designed to help build resilience in the face of the constant exposure to trauma that comes with a life of public service.

Hear the powerful story of Dave and Christi Dyke in "Beneath the Badge: The Dave and Christi Dyke Story," as they share their personal journey and the lessons they have learned through adversity. Participants will also hear from Dr. Traci Rutherford Self and Dr. Darcy Davis-Cage, Licensed Mental Health Counselors, who will provide evidence-based strategies and tools to help create a "Resilient Responder."

 @SOUTHEASTERN_MN_EMS

 (507) 536-9333

 WWW.SEEMS.COM

SATURDAY

JULY 25, 2026

9AM- 4PM

WHAT YOU NEED TO KNOW:



DOUBLE TREE BY HILTON

2365 43RD STREET NW, OWATONNA, MN 55060



SYMPOSIUM COST:

\$25 PER PERSON, LUNCH INCLUDED



PRESENTERS:

DAVE AND CHRISTI DYKE (BENEATH THE BADGE),

TRACI RUTHERFORD SELF, PHD, LMHC,

DARCIE DAVIS-GAGE, PHD, LMHC, &

MEMBERS OF THE SC & SE CISM TEAMS

BUILDING STRENGTH BEYOND THE CALL.

0900- 1100 BENEATH THE BADGE

1100- 1115 BREAK

1115- 1200 SC & SE CISM TEAMS

1200- 1300 LUNCH

1300- 1600 RESILIENT RESPONDER



REGISTER NOW!

SCAN QR CODE
FOR TICKETS

HOPE. HEAL. RESPOND.

BROUGHT TO YOU BY GRANT FUNDS
MADE AVAILABLE THROUGH THE:

 MINNESOTA
OFFICE OF EMERGENCY
MEDICAL SERVICES